

SOCA2505: Sociology and Psychology of Mental Health for Occupational Therapy

Callaghan

Semester 1 - 2024



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

The School of Humanities, Creative Industries and Social Sciences is committed to providing an inclusive environment in which all cultures are accorded respect and all students and staff are expected to act with honesty, fairness, trustworthiness and accountability in dealings with others. The School recognises and respects the unique histories and cultures of Aboriginal and Torres Strait Islander peoples, their unbroken relationship with the lands and the waters of Australia over millennia, and the validity of Aboriginal ways of knowing. We are dedicated to reconciliation and to offering opportunities for Aboriginal and Torres Strait Islander peoples to access and succeed in higher education.

OVERVIEW

Course Description

This course provides second year Occupational Therapy students the core sociology and psychology components required for their degree. It builds on the substantial theoretical and practical experiences of the OT degree with a focus on illustrating the interplay between sociological, psychological and social factors, which are core practice requirements in the discipline of Occupational Therapy.

a) The sociology strand addresses sociological perspectives of mental health and illness, including the social processes that lead to the labeling of people with mental illness and the construction of mental illness in society. The course also considers the processes, systems and structures that govern the provision of mental health services and health professional practice.

b) The psychological component focuses on the role of psychological processes in the maintenance of well being, and the manner in which psychological dysfunction can be a consequence or precipitant of impaired productivity.

Academic Progress Requirements

Nil

Requisites

This course is only available to students enrolled in the Bachelor of Occupational Therapy (Honours) program.

Assumed Knowledge

PSYC2505

Contact Hours

Callaghan Lecture

Online

1 hour(s) per week(s) for 12 week(s)

Sociology Lecture: for 1 hour(s) per Week for weeks 1-6

Psychology Lecture: for 1 hour(s) per Week for weeks 7-12

Tutorial

Face to Face On Campus

1 hour(s) per week(s) for 12 week(s)

Sociology Tutorial: for 1 hour(s) per Week for weeks 1-6

Psychology Tutorial: for 1 hour(s) per Week for weeks 7-12

Unit Weighting

10

COURSE OUTLINE

www.newcastle.edu.au

CRICOS Provider 00109J

Workload Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

CONTACTS

Course Coordinator

Callaghan
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Psychology Convenor
Dr Despoina "Betty" Damianidou
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Teaching Staff

Other teaching staff will be advised on the course Canvas site.

School Office

School of Humanities Creative Industries and Social Sciences
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SYLLABUS

Course Content

SOCIOLOGY:

1. The Social Construction of Mental Illness
2. Mental Illness in Australian Society
3. Mental Health and Labelling
4. Mental Health World and Professions
5. Medicalisation Models of Care
6. Mental Health for the 21st Century

PSYCHOLOGY

7. Introduction to Abnormal Psychology
8. Classification Systems
9. Affective Disorders
10. Developmental Disabilities
11. Personality Disorders
12. Anxiety and Substance Use Disorders

Course Learning Outcomes

On successful completion of this course, students will be able to:

1. Identify sociological theories and perspectives on mental health and illness and their relationship to OT practice.
2. Analyse the social processes related to mental health and illness and understand how these impact on access to treatment.
3. Critically explore the organisation of treatments for mental illness including the roles and relationships of OTs as health professions in a team.
4. Identify the major classifications of abnormal behaviour; their diagnosis, and clinical management as they pertain to OT practice.
5. Identify major psychological theoretical frames of reference that guide the practice of psychology (e.g. Psychoanalytical, behavioural, cognitive) with an aim to determining best practice for care.

Course Materials

Lecture Materials:

Multiple resources on Canvas - see the weekly content folders

Required Reading:

- See Canvas for the access to the required reading list

SCHEDULE

Week	Week Begins	Topic	Readings	Assessment Due
1	26 Feb	Sociological approaches to mental health & defining mental illness and health. Class discussion of reading and lecture material	Savy & Sawyer 'Mental Illness: Understandings, Experience and Service Provision'	
2	4 Mar	Mental Illness in Australian Society The Social Determinants of Mental Health. Class discussion and preparation for Quiz	Gray 'Mental Illness in Australian Society'	Week 2 Quiz (Due: Mon 11 March)
3	11 Mar	Mental Health and Labelling Labelling and stigmatisation Read required reading Class presentations.	Hazelton, M Morrall, P, Rossiter, R & Sinclair, E 'Encounters with the 'dark side' AND Bagnall N et al 'Occupational Therapy Student Experiences and Transformations during Fieldwork in Mental Health Settings'	Class presentations
4	18 Mar	Mental Health Work and Professions Challenges facing mental health workers Read required reading Class presentations	Rusch et al: 'Stigma, Discrimination, Social Exclusion and Mental Health: A Public Health Perspective'	Week 4 Quiz (Due: Mon 25 March) Class presentations
5	25 Mar	Psychiatry and Legal Control The dominance of medicalisation models of care Read required reading Class presentations	S. Roach Anleu 'The Medicalisation of Deviance'	Class presentations
6	1 Apr	Mental Health for a Global World - Policy, Progress and Social Change	Doll & Brady 'Project HOPE: Implementing sensory Experience for Suicide Prevention in a Native American community'	Week 6 Quiz (Due: Mon 8 April) Class presentations
7	8 Apr	Introduction to Abnormal Psychology & Classification Systems	Readings are from Hungerford, Hodgson, Bostwick, Clancy, Murphy, De Jong and Ngune. Mental Health Care, 3rd Edition	

			(Wiley, New York). Chapter 1: Sections 1.1, 1.2 & 1.6 Chapter 2: Sections 2.1 - 2.4	
Mid-Semester Recess				
8	29 Apr	Affective Disorders	Chapter 7: Sections 7.1 - 7.4 Chapter 3: Sections 3.1 & 3.2	
9	6 May	Psychotic Disorders	Chapter 9: Sections 9.1 - 9.5 Chapter 6: Sections 6.1 & 6.2	
10	13 May	Dementia	Chapter 11: Sections 11.1 - 11.4 & 11.6 Chapter 3 : Sections 3.3 - 3.5	
11	20 May	Anxiety and Substance Use Disorders	Chapter 7: Section 7.5 Chapter 5: Sections 5.1 & 5.2 Chapter 10: Sections 10.1, 10.4 – 10.7.	SUBMIT ONLINE PRESENTATION Monday 20 May
12	27 May	Personality Disorders	Chapter 6: Section 6.3 – 6.8 AND NH&MRC Clinical Practice Guideline: Chapter 8 - Borderline Personality Disorder: Sections 1 – 6.	COMPLETE PEER REVIEW Online By Friday 31 May
13	3 Jun	No classes this week		END OF TERM ONLINE PSYCHOLOGY TEST Thursday 6 th June
Examination Period				

ASSESSMENTS

This course has 3 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Presentation Sociology Presentation Psychology Assessment Psychology Peer Review	Tutorial weeks 3-6 In class Tutorial week 11 (20 th of May) Week 12 (31 st of May) accordingly	Individual	45%	2, 3
2	Test on Canvas for Psychology component	Exam opens on Canvas at 6:00am Thursday the 6 th of June and Exam closes 11.59pm on Thursday the 6 th of June	Individual	25%	4, 5
3	Test on Canvas for Sociology component Quiz 1 Quiz 2 Quiz 3	Mon 11 March 11:59pm Mon 25 March 11:59pm Mon 8 April 11:59pm	Individual	30% (3x10%)	1, 2

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

Assessment 1 – Presentation (45%)

Assessment Type	Presentation
Purpose	Demonstrate research and understanding and present the material in a professional and engaging way. There are 2 presentations: one for sociology (in class presentation 20%) and one for psychology (online submission 25%)
Description	In Class presentation for sociology and online submission plus peer review for psychology (online)
Weighting	45%
Length	Sociology Presentation: 400 word written response + 10 minute in class presentation Psychology: <ul style="list-style-type: none">• Presentation: PowerPoint presentation (should include no more than 15 slides) plus detailed notes and an annotated bibliography including two to three readings.• Peer Review: online response to one student presentation answering 10 short questions
Due Date	Sociology Presentation: Tutorial weeks 3-6 In class Psychology Presentation: Tutorial week 11 online Psychology Peer Review: Tutorial week 12 Online
Submission Method	In Class Online Sociology: in class presentation Psychology: online and online peer review
Assessment Criteria	Specific criteria provided on Canvas
Return Method	Online
Feedback Provided	Online

Assessment 2 – End of term test on Canvas for Psychology component (25%)

Assessment Type	In Term Test
Purpose	Comprehension and application of concepts within psychology component.
Description	The exam will contain 50 questions that include a mixture of multiple choice and true and false questions from lecture/textbook material and the tutorials. The exam will open on Canvas at 6:00am on Thursday 6 th of June and needs to be completed by 11.59pm. The exam will be available for 60 minutes once commenced and will need to be completed in one sitting. Further information will be posted on Canvas.
Weighting	25%
Length	50 multiple choice questions (suggested duration 2 hours)
Due Date	The exam will open on Canvas at 6:00am on Thursday 6 th of June and needs to be completed by 11.59pm.
Submission Method	Online
Assessment Criteria	Single answer questions worth 1 mark each for correct answer Specific criteria provided on Canvas
Return Method	Not Returned
Feedback Provided	Online

Assessment 3 – Tests on Canvas for Sociology component (30%)

Assessment Type	In Term Test
Purpose	Comprehension and application of concepts within sociology component.
Description	Three online quizzes testing comprehension of lecture and required reading material in weeks 2, 4 and 6
Weighting	30%
Length	20 x multiple choice questions Single answer questions worth 0.5 mark each for correct answer.
Due Date	Quiz 1: Mon 11 March 11:59pm Quiz 2: Mon 25 March 11:59pm Quiz 3: Mon 8 April 11:59pm

Submission Method	Online
Assessment Criteria	Specific criteria provided on Canvas
Return Method	Not Returned
Feedback Provided	Online.

ADDITIONAL INFORMATION

Grading Scheme This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

*Skills are those identified for the purposes of assessment task(s).

Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.
- Email: Students will receive communications via their student email account.
- Face to Face: Communication will be provided via face to face meetings or supervision.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.

Oral Interviews (Vivas)

As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Adverse

The University acknowledges the right of students to seek consideration for the impact of

Circumstances

allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

<https://policies.newcastle.edu.au/document/view-current.php?id=236>

Important Policy Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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