

PUBH1080: Studies in Population Health and Health Promotion

Ourimbah

Semester 1 - 2024



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description This course aims to provide students with an understanding of the concepts that are important in the public health and health promotion fields. This course will introduce future health professionals to contemporary public health and health promotion issues including: definitions and components of health; health status indicators and outcomes; epidemiological terms and principles; approaches to health promotion and illness prevention; health behaviour change strategies; health illness care systems; and current issues in local, national and international health.

Academic Progress Requirements

Nil

Contact Hours

Ourimbah

Lecture

Online

2 hour(s) per week(s) for 7 week(s)

Self-Directed Learning

Online

3 hour(s) per week(s) for 5 week(s)

Tutorial

Face to Face On Campus

1 hour(s) per week(s) for 7 week(s)

Unit Weighting

10

Workload

Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

COURSE OUTLINE

CONTACTS

Course Coordinator **Ourimbah**
Dr Lorraine Paras
Lorraine.Paras@newcastle.edu.au
(02) 404 20653

If you telephone and there is no answer, please leave a message describing the reason for your call, your contact details, and the course code (PUBH1080 Ourimbah).

Consultation:

Consultation is available Monday to Friday (9am to 5pm) based on teaching commitments.

Please contact via email to discuss any course related concerns or to make an appointment if you would prefer to meet in-person (or zoom) or talk on the telephone.

Please include the course code (PUBH1080 Ourimbah) in all correspondence as I teach into more than one course each semester.

Changing tutorial groups

Please do not contact the course coordinator about changing tutorial groups (class times). Course coordinators do not have access to the course enrolment allocation system. Students can change tutorial times via myTimetable if there is availability. Please note that availability (class size) is subject to COVID-19 restrictions and room size. If the tutorial group you wish to change to is showing as 'Full', select the heart icon to right to be added to the class wait list. If a space in the tutorial (class) becomes available, you will automatically be added to the new class and notified by email.

Please note that the course coordinator is unable to request a student be enrolled in a 'Full' class due to personal commitments (e.g., work, family, caring, child minding) in preference to other students who are on the waitlist.

Students who require a change of class due to a timetable clash should email the School Office: HBS@newcastle.edu.au and provide a copy of their timetable.

Please Include PUBH1080 Ourimbah in the subject line of your email.

Teaching Staff Other teaching staff will be advised on the course Canvas site.

School Office **School of Medicine and Public Health**
Education Office
HBS@newcastle.edu.au
(02) 404 20550

Consultation:

As we are the first point of contact for students in several courses, it is important to include the course code in the subject line of your email (e.g., PUBH1080 – Ourimbah) and your student number in the body of the email.

If you telephone and there is no answer, please leave a message describing the reason for your call, your contact details, and the course code.

PLEASE NOTE: correspondence that is personal or sensitive in nature should be directed to the course coordinator (not the School Office).

SYLLABUS

Course Content

Public Health

- Introduction to public health, nature and scope (core functions) of public health.
- History and development of public health.
- Concept of health, models of health.
- Overview of Australian health care system - role and functions.

Epidemiology

- Basic epidemiological terms and principles of measurement and health status indicators and outcomes.

Determinants of Health

- Biological, environmental, social, emotional.
- Social gradient of health.

Health Promotion

- Approaches to health promotion.
- Health behaviour change.
- Local, national and global health issues.

Course Learning Outcomes

On successful completion of this course, students will be able to:

1. Explain the components and social determinants of health and health-related behaviour;
2. Recognise and explain basic epidemiological terms and principles of measurement and health status indicators;
3. Analyse the main methods of measuring the needs of populations;
4. Compare and contrast models and approaches to health behaviour change;
5. Evaluate the role of Health Promotion in reducing illness and improving the health of individuals and populations
6. Analyse local, national and global health issues;
7. Develop skills in basic academic literacies.

Course Materials

All relevant course materials will be provided on Canvas.

ASSESSMENTS

This course has 4 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Assessment 1 This is public health photo task	Written report due in Week 7 By 11.59pm on Sunday, 14 April 2024 (only ONE (1) member of the group to submit report to Turnitin) This assessment must be completed to be eligible to pass the course.	Group	25%	1, 2, 3, 5, 6, 7
2	Participation Points	By 11:59pm on the due dates below: <ul style="list-style-type: none"> • Week 4, Friday, 22 March 2024 • Week 8, Friday, 3 May 2024 • Week 9, Friday, 10 May 2024 • Week 12, Friday, 31 May 2024 • Week 13, Friday, 7 June 2024 	Individual	10%	1, 2, 3, 4, 5, 6, 7
3	Online Quizzes	By 11:59pm on the due dates below: <ul style="list-style-type: none"> • Quiz 1 – Week 4, Sunday, 24 March 2024 • Quiz 2 – Week 6, Sunday, 7 April 2024 • Quiz 3 – Week 8, Sunday, 5 May 2024 • Quiz 4 – Week 10, Sunday, 19 May 2024 • Quiz 5 – Week 13, Sunday, 9 June 2024 	Individual	50%	1, 2, 3, 4, 5, 6
4	Online Home Examination	Examination Period Online Exam to be completed by 11.59pm on Thursday, 20 June 2024	Individual	15%	1, 3, 5, 6

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

Assessment 1 - Assessment 1 This is public health photo task

Assessment Type	Written Assignment
Description	Please refer to the Course Information Book on Canvas for a detailed description of this task and more information regarding this assessment.
Weighting	25%
Due Date	Submission of group report due by Week 7 - By 11.59pm on Sunday, 14 April 2024
Submission Method	Online. ONE (1) person from each group will be nominated to submit a group report. Submission requirements: Students must complete this task to be eligible for a pass in this course.
Assessment Criteria	Please refer to the Course Information Book on Canvas for the Assessment Criteria.
Return Method	Online
Feedback Provided	Online - via Grademark; individual appointments / phone calls as required.

Assessment 2 - Participation Points

Assessment Type	Participation
Description	Submission of selected Learning Activities throughout the course. Details of individual tasks and expectations are outlined in relevant tutorial content.
Weighting	15% (each task is worth 3%)
Due Date	By 11:59pm on the due dates below: <ul style="list-style-type: none">• Week 4, Friday, 22 March 2024• Week 8, Friday, 3 May 2024• Week 9, Friday, 10 May 2024• Week 12, Friday, 31 May 2024• Week 13, Friday, 7 June 2024
Submission Method	Online
Assessment Criteria	Please refer to the Course Information Book on Canvas for the Assessment Criteria.
Return Method	Online
Feedback Provided	Online - via Grademark; individual appointments / phone calls as required.

Assessment 3 - Online Quizzes

Assessment Type	Quiz
Description	Five Online Quizzes (worth 10% each)
Weighting	50%
Due Date	By 11:59pm on the due dates below: <ul style="list-style-type: none">• Quiz 1 – Week 4, Sunday, 24 March 2024• Quiz 2 – Week 6, Sunday, 7 April 2024• Quiz 3 – Week 8, Sunday, 5 May 2024• Quiz 4 – Week 10, Sunday, 19 May 2024• Quiz 5 – Week 13, Sunday, 9 June 2024
Submission Method	Online
Assessment Criteria	Please refer to the Course Information Book on Canvas for the Assessment Criteria.
Return Method	Not Returned
Feedback Provided	Online

Assessment 4 - Online Home Examination

Assessment Type	In Term Test
Description	Please refer to the Course Information Book on Canvas for a detailed description of this task and more information regarding this assessment.
Weighting	10%
Due Date	Examination Period Online Exam to be completed before 11.59pm on Thursday, 20 June 2024
Submission Method	Online
Assessment Criteria	Please refer to the Course Information Book on Canvas for the Assessment Criteria.
Return Method	Not Returned
Feedback Provided	Online

ADDITIONAL INFORMATION

Grading Scheme

This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

Attendance

*Skills are those identified for the purposes of assessment task(s).

Attendance/participation will be recorded in the following components:

- Tutorial (Method of recording: Students must record their attendance at each face-to-face tutorial using the myUni app.)

This course has an 80% attendance requirement which applies to all students. The attendance requirement for this course applies to face-to-face tutorial sessions in Weeks 1 to 7. The attendance requirement also applies in cases where a face-to-face tutorial is held online (eg via zoom) due to unforeseen circumstances.

Attendance Recording

Students must record their attendance at each face-to-face tutorial using the myUni app.

A class roll will also be used to record attendance at face-to-face tutorials.

Students who are unable to attend a class should record their absence using the App. Students can also check their attendance history for the current term and the previous 6 months by using the App.

Students who attempt to apply for an attendance exemption in the Adverse Circumstances system will have their application rejected and referred to the myUni app.

Communication Methods

Communication methods used in this course include:

- Face to Face: Communication will be provided via face to face meetings or supervision.
- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.
- Email: Students will receive communications via their student email account.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.

Oral Interviews (Vivas) As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct All work submitted for assessment must be your own original work. Artificial Intelligence (AI) is not to be used to complete assessments in this course. Use of AI is only permitted as outlined here: <https://libguides.newcastle.edu.au/AI-tools/uni>

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Adverse Circumstances

The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s).

Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

<https://policies.newcastle.edu.au/document/view-current.php?id=236>

Important Policy Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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