

PSYC1010: Psychology Introduction 1

Callaghan, Ourimbah and Online
Semester 1 - 2023



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description

Why do people do the things they do? Welcome to the fascinating world of psychology: the scientific study of mind and behaviour. This course introduces some of the key factors that influence people's perceptions, thoughts, feelings, and behaviour. Areas covered include an overview of the history of psychology, lifespan development, social, cross-cultural, and Indigenous studies, individual differences in personality and intelligence, health, and clinical psychology as well as an introduction to forensic psychology. The lab program focuses on introducing students to fundamental research skills in psychology, building coping and resilience skills, and equipping students for success in the course assessments.

The course forms part of a sequence of courses that have been approved by the Australian Psychology Accreditation Council.

Requisites

This course has similarities to PSYC1030. If you have successfully completed PSYC1030, you cannot enrol in this course.

Contact Hours

Callaghan

Laboratory *

Online

1 hour(s) per Week for 10 Weeks

See course outline for lab schedule.

Lecture

Face to Face on Campus

2 hour(s) per Week for 12 Weeks starting Week 1

Ourimbah

Laboratory *

Online

1 hour(s) per Week for 10 Weeks

See course outline for lab schedule.

Lecture

Face to Face on Campus

2 hour(s) per Week for 12 Weeks starting Week 1

Online

Laboratory *

Online

1 hour(s) per Week for 10 Weeks

See course outline for schedule

For students studying online, a minimum of 10 hours of self-directed learning per week is expected in addition to the lectures and laboratories.

COURSE OUTLINE

www.newcastle.edu.au

CRICOS Provider 00109J

Lecture

Online

2 hour(s) per Week for 12 Weeks starting Week 1

For students studying online, a minimum of 10 hours of self-directed learning per week is expected in addition to the lectures and laboratories.

* This contact type has a compulsory requirement.

**Unit Weighting
Workload**

10

Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10-unit course.

CONTACTS

**Course
Coordinator**

Callaghan, Ourimbah and Online

Dr Emily Freeman

Emily.Freeman@newcastle.edu.au

4921 6115

Consultation: Please email for an appointment

Teaching Staff

Other teaching staff will be advised on the course Canvas site.

School Office

School of Psychological Sciences

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Ourimbah

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SYLLABUS

Course Content

Psychology is the science of mind and behaviour. PSYC1010 introduces some of the classic and contemporary concepts, theories, and evidence in psychology. PSYC1010 focuses on the normal behaviour of individuals and groups and abnormal behaviour.

PSYC1010 includes the following five modules:

- Lifespan development
- Individual differences
- Social Psychology
- Cross-cultural and Indigenous psychology
- Health and clinical psychology

**Course Learning
Outcomes**

On successful completion of this course, students will be able to:

1. Recognise the core concepts in lifespan development, social, cross-cultural, and Indigenous studies, personality and individual differences, and health and clinical psychology.
2. Identify the relationship between the research/scientific approach and the content of the course related to the influences on behaviour.
3. Construct clear, logical written arguments on a psychological issue using evidence.
4. Demonstrate an understanding of the ethical and practical aspects of research using human participants in psychology.

Course materials Recommended Text:

- Lorelle Burton, Drew Western, Robin Kowalski
Psychology, 6th Australian and New Zealand Edition ISBN: 9780730363262 Also Please consider the package that includes the Writing Guide (ISBN: 9780730396642) <https://www.wileydirect.com.au/buy/psychology-australian-and-new-zealand-edition/> Some copies available in Library (free)
Note: used copies of 5th Edition can also be used (chapters may vary)
- See Canvas site for further information on purchasing your textbook.
Instructions for purchasing the text are on the Canvas site.

COMPULSORY REQUIREMENTS

In order to pass this course, each student must complete ALL of the following compulsory requirements:

Contact Hour Requirements:

- Laboratory: There is a compulsory attendance requirement in this course. Students must complete 80% of Laboratories, as evidenced by completed of the lab quiz, to meet course requirements.

SCHEDULE

Week	Week Begins	Topic	Lecturer	Assessment Task(s)	Recommended Study Tasks
1	26 Feb	Introduction to Course Overview of Psychology	Dr Emily Freeman		Complete Academic Integrity Module Read Textbook Chapter Revise Lecture Material
2	4 Mar	Lifespan Development	Dr Emily Freeman	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities
3	11 Mar	Lifespan Development	Dr Emily Freeman	Lab Quiz Research Awareness Assignment (Part 1)	Read Textbook Chapter Revise Lecture Material Complete Lab activities Final study for the first module quiz
4	18 Mar	Lifespan Development	Dr Emily Freeman	Lab Quiz Module 1 Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities
5	25 Mar	Individual Differences	Dr Heather Douglas	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities
6	1 Apr	Individual Differences <i>Note Public Holiday – Lectures Available Online</i>	Dr Heather Douglas	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities Final study for the second module quiz
7	8 Apr	Social, Cross-Cultural and Indigenous Psychology	Dr Faye Nitschke	Lab Quiz Module 2 Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities
Mid Semester Break					
8	29 Apr	Social, Cross-Cultural and Indigenous Psychology	Dr Melissa Freire	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities Sourcing and reading articles related to the essay question. Look at starting to complete SONA studies
9	6 May	Social, Cross-Cultural and Indigenous Psychology	Dr Stacey McMullin	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities Final study for the third module quiz Work on essay structure and continue reading related articles

10	13 May	Health, Clinical and Forensic Psychology	Dr Oren Griffiths	Lab Quiz Module 3 Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities First solid draft of essay should be completed this week
11	20 May	Health, Clinical and Forensic Psychology	Prof. Jenny Bowman	Lab Quiz	Read Textbook Chapter Revise Lecture Material Complete Lab activities Continue editing essay
12	27 May	Health, Clinical and Forensic Psychology	Dr Faye Nitschke	Written Assignment - Essay	Read Textbook Chapter Revise Lecture Material Complete Lab activities Final study for the fourth module quiz
13	3 June	No Lecture		Module 4 Quiz Research Awareness Assignment (Part 2)	Ensure SONA points have been completed and/or article summaries for research awareness exercise part 2
Examination Period					

ASSESSMENTS

This course has 4 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Report	Sunday 2 nd June by 11:59 PM	Individual	20%	2, 3
2	Online Quiz	Module Quiz 1: Sunday 24 th March by 11:59 PM Module Quiz 2: Sunday 14 th April by 11:59 PM Module Quiz 3: Sunday 19 th May by 11:59 PM Module Quiz 4: Sunday 9 th June by 11:59 PM	Individual	60%	1, 2
3	Research Awareness Exercises	Part 1: Sunday 17 th March by 11:59 PM Part 2: Sunday 9 th June by 11:59 PM	Individual	10%	4
4	Tutorial Exercises	Lab quizzes are due at the end of each week (ie Sunday by 11:59PM) for that scheduled lab.	Individual	10%	1, 2, 3, 4

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

All extensions are through Adverse Circumstances. The maximum extension that can be approved is based on the return time for assessments. Quizzes are returned within 2 weeks. Written assessments within 3 weeks. Once feedback is provided to students, we can no longer accept submissions.

Assessment 1 - Report

Assessment Type Purpose

Written Assignment

The written assignment is an essay that is designed to build core academic skills in writing and critical thinking by applying knowledge gained in the course to a specific essay question. There is 1 major written assessment to complete.

Description

A short 800-word essay that is designed to introduce students to the importance of presenting clear logical arguments based on evidence (worth 20%).
SEE ESSAY GUIDE ON CANVAS (available in week 5)

Weighting	20%
Length	800 words
Due Date	Sunday 2 nd June by 11:59 PM
Submission Method	Online Submission is through Canvas
Assessment Criteria	Word limits include headings, sub-heading, in-text citations, quotes and referencing but does not include the list of references, appendices, and footnotes. The word limit will allow a tolerance of 10% and any work after the maximum word limit will not be included within the allocation of marks. In other words, the marker will STOP reading at 880 words.
Return Method	Online
Feedback Provided	Online - Feedback will be available AFTER the university releases final course grades on July 1. Marks on key metrics as well as constructive comments will be available

Assessment 2 - Online Quiz

Assessment Type	Quiz
Purpose	To assess students' knowledge of the course content. Each quiz covers 1/4 of the course (ie 1 module). There are 4 Module Quizzes.
Description	Each Module quiz will open once the module delivery has been completed. Each quiz will contain 25 Multiple choice questions and will cover the LECTURE content and any assigned readings for that module. Each Module quiz is worth 15% of the final grade for the course. Students can attempt each quiz up to 2 times with their best mark counting. Module Quiz 1: 15% Module Quiz 2: 15% Module Quiz 3: 15% Module Quiz 4: 15%
Weighting	60%
Length	25 MC questions each and 30 min each
Due Date	Module Quiz 1: Sunday 24 th March by 11:59 PM Module Quiz 2: Sunday 14 th April by 11:59 PM Module Quiz 3: Sunday 19 th May by 11:59 PM Module Quiz 4: Sunday 9 th June by 11:59 PM
Submission Method	Online Online - Quizzes delivered online via Canvas
Assessment Criteria	See Quiz Guide on Canvas. Students must complete the quizzes on their own. Quiz questions are primarily conceptual which means a thorough understanding of the course material is essential for completing the quizzes and during each quiz you will not have the time to review the content and it will NOT be possible to determine the answers by searching the internet.
Return Method	Online
Feedback Provided	Online - Online - 2 weeks after due date. Online - 2 weeks after due date. Within 2 weeks of the due date students will get a grade and question by question feedback. Students can review the questions and the possible answers. They will also see their own answer selection.

Assessment 3 - Research Awareness Exercises

Assessment Type	Tutorial / Laboratory Exercises
Purpose	Part 1: Students will first learn the important aspects of research with human participants and how those studies are published in peer reviewed journals. This assignment also covers Academic Integrity. There will be a short competency quiz on this
Description	Part 2: Students can then choose to gain the remaining points for the Research Exercises either as a participant or as a reviewer to allow them to gain an understanding of research and the importance research ethics for psychology. This assessment is divided into 2 parts. Part 1 relates to lab activities early in the course that are designed to introduce students to how research is done, their rights as participants and how research is communicated to the public (and other scientists). Part 1 is a short Canvas quiz that tests basic competency of your knowledge in these fundamental aspects of research and academic integrity. (4 points)

Weighting	Part 2: Students then can gain an additional 6 points either through the option of completing research as a participant (up to 6 points) or reviewing research papers (up to 6 points). Of course, you can combine these 2 methods in any way you wish (up to a maximum of 6 points). SEE RESEARCH GUIDE ON CANVAS.
Length	10%
Due Date	varies by Research method
	Part 1: Sunday 17 th March by 11:59 PM
	Part 2: Sunday 9 th June by 11:59 PM
Submission Method	Online
	Part 1 is online via Canvas. Part 2 will be either through our SONA research Management system or via Canvas
Assessment Criteria	You do not need to PASS this assessment to pass the course. However, you must gain enough points in the assessments to reach 50/100 for the course.
Return Method	Online
Feedback Provided	Online - Specific feedback within 3 weeks of due dates. Criteria based feedback on Competency quiz and written summary. Grades on Research participation (Participant or Reviewer).

Assessment 4 - Tutorial Exercises

Assessment Type	Tutorial / Laboratory Exercises
Purpose	To assess students' knowledge of the lab content during the course.
Description	There is ONE multiple choice online quiz per lab that ensures students have successfully done the lab and associated activities. Each lab quiz is worth 1 point.
Weighting	10%
Length	5 questions for each lab quiz.
Due Date	Lab quizzes are due at the end of each week (ie Sunday by 11:59PM) for that scheduled lab.
Submission Method	Online
	Via Canvas
Assessment Criteria	See assessment Guide. Students must complete the quizzes on their own. Quiz questions are primarily conceptual which means a thorough understanding of the course material is essential for completing the quizzes and during each quiz you will not have the time to review the content and it will NOT be possible to determine the answers by searching the internet. Questions are delivered 1 at a time and once you save your answer and move to the next question you will not be able to go back and change an answer.
Return Method	Online
Feedback Provided	Online - Marks available immediately. After 1 week from the due date students will get a grade and question by question feedback. Students can review the questions and the possible answers. They will also see their own answer selection.

ADDITIONAL INFORMATION

Grading Scheme

This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning

		outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

Attendance

*Skills are those identified for the purposes of assessment task(s).
Attendance/participation will be recorded in the following components:

- Laboratory (Method of recording: Method of recording: Attendance is tracked by Lab test completion)

NOTE: Lab test completion is required to meet the compulsory attendance requirement for this course.

Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.
- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.
- Email: Students will receive communications via their student email account. Please make sure you check your official UNI email address regularly. ALL email communication must be through your UNI email.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.
As a result of student feedback, the following changes have been made to this offering of the course:

- The final exam has been replaced by smaller Module quizzes spread across the semester.
- The labs have been redesigned to be self-directed online learning.

Oral Interviews (Vivas)

As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Use of Artificial Intelligence

Artificial Intelligence detection software may be used to review any written work you submit. If you have used AI in any way other than has been expressly permitted by your course coordinator, you may be engaging in academic misconduct and be subject to penalties. Unlike Turnitin's text-matching functionality, results from AI detection software are not visible to students.

Adverse Circumstances

The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item, and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system.
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at: <https://policies.newcastle.edu.au/document/view-current.php?id=236>

Reasonable Adjustment Plan (RAP) If you are registered with Accessibility and have been provided with a Reasonable Adjustment Plan (RAP), please ensure that you provide your Course Coordinator with a copy as soon you can or let your Course Coordinator know that you are still waiting for your RAP.

Important Policy Information The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at: <https://www.newcastle.edu.au/current-students/no-room-for/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified, and an amended course outline will be provided in the same manner as the original.

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