

OCCT2151: Occupational Therapy and Everyday Living

Callaghan

Semester 1 - 2024



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description

This course develops the student's knowledge of everyday living skills involved in daily occupations in context of professional practice. It develops their knowledge, skills and attitudes related to the person-environment-occupation [PEO]. The student will apply this knowledge in analysing the potential effects of disruption to body structure or function according to the International Classification of Functioning, Disability, and Health (ICF) (World Health Organisation, 2001). They will understand how occupational therapy can maximise the potential for individuals to participate in their chosen occupations. They will apply their knowledge of biomechanical principles to promote participation in everyday living skills.

The student will study the practical skills utilising the evidence base that is involved in the assessment and interventions used to implement a therapeutic program for people with occupational issues involving their everyday living skills. Case based learning [CBL] will be an integral method for achieving learning outcomes.

Academic Progress Requirements

Nil

Requisites

This course is only available to students enrolled in the Bachelor of Occupational Therapy (Honours) program and successful completion of OCCT1201, HUBS1401 and HUBS1105.

Contact Hours

Callaghan Laboratory

Face to Face on Campus
2 hour(s) per week(s) for 12 week(s)

Lecture

Face to Face On Campus
2 hour(s) per week(s) for 12 week(s)

Unit Weighting Workload

10

Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

COURSE OUTLINE

CONTACTS

Course Coordinator **Callaghan**
Christine Davidson
Christine.davidson@newcastle.edu.au
Consultation: Please view discussions section in Canvas for updates and information. I am available on Wednesdays by appointment

Teaching Staff Other teaching staff will be advised on the course Canvas site.

School Office **School of Health Sciences**
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SYLLABUS

Course Content

1. The assessment and prescription of assistive devices applied to everyday living skills using the Person Environment Occupation [PEO] and other occupation-focused models.
2. The definition and exploration of the chronic illness experiences and their influence on everyday living.
3. The application of the occupational therapy process using a case-based learning approach [CBL].
4. The relationship between a client's illness experience and everyday living.

Course Learning Outcomes

On successful completion of this course, students will be able to:

1. Demonstrate their knowledge and understanding of how functional anatomy and medical conditions affect occupational issues and the relevant evidence base practice (EBP) to accompany this knowledge.
2. Comprehend the relationship between conditions and the Occupational Therapy process in the context of professional practice.
3. Distinguish how the individual impact of the medical condition affects a person in their daily occupation.
4. Be competent in collaborating to establish person-centred goals.
5. Demonstrate relevant assessment skills needed for professional practice.
6. Begin developing person-centred intervention strategies which consider all occupational issues in relation to everyday living.
7. Synthesise this knowledge to the application of the occupational therapy process.

Course Materials

Lectures: for this course will be live on campus. You should plan to attend the lectures in person. However, for occasions where this is not possible and for revision, you can access the recordings via Canvas. Please note that you are expected to have reviewed the lecture content before attending labs.
PDFs of the PowerPoint for the lectures will be available in the weekly folders in course materials on the CANVAS site. A Zoom link will be available for those unable to attend in person.

- **Resources:** Links to online resources discussed in class will be provided via CANVAS. Additional recommended readings will be provided via Course Readings.
- **Required Reading:** The Required reading for each lecture will be identified each week in the weekly folder in course materials on the CANVAS site. Most of the readings will be from the

prescribed textbook.

- **Recommended Texts:**

- Boyt Schell, B.A., & Gillen, G. (Eds.). (2018). *Willard and Spackman's occupational therapy (13 ed.)*. Wolters Kluwer
- Curtin, M., Egan, M., & Adams, J. (Eds.). (2017). *Occupational therapy for people experiencing illness, injury or impairment (7th ed.)*. Elsevier.
- Dirette, D., & Gutman, S. (Eds.). (2020). *Occupational therapy for physical dysfunction (8th ed.)*. Wolters Kluwer, Lippincott Williams & Wilkins.

SCHEDULE

Week	Week Begins	Lecture	Laboratory/Workshop	Comments
1	26 Feb	Introduction to course and assessment structure. Introduction to the relationship between OT practice and International Classification of Functioning, Disability and Health (ICF)	Standardised and non-standardised assessment of daily living in occupational therapy practice.	Please wear your OT uniforms and covered shoes to all Lab sessions
2	4 Mar	Overview of National Disability Insurance Scheme and My Aged Care	Evaluation of performance components involved in everyday living. Assessing a person's motor skills – review functional hand anatomy.	Pre-reading review upper limb anatomy
3	11 Mar	Introduction to Hand Therapy Hand Therapist and OT: David Benn	Evaluation of performance components involved in everyday living activities: Sensory assessment of the upper limb.	
4	18 Mar	Working with people who live with progressive and chronic illness.	Goal setting in occupational therapy practice. Revision of COAST goals. Goal Attainment Scale	
5	25 Mar	Pre-recorded lecture: Person-centred OT Practice and the perspective of a consumer about person-centred practice.	No Labs	Because Easter Friday is in Week 5 there are no labs this week. Please note the lecture is also pre-recorded.
6	1 st April	Working with bariatric clients (obesity classification II and III)	Assessment and interventions for Bathing/Showering and Toileting	

		Vanessa Orton		
7	8 Apr	Occupational therapy practice: sexuality Ricki Pomroy - OT lecturer at Port Macquarie UON Rural Health Department.	Assessment and interventions for Dressing	
Mid-Semester Recess				
Mid-Semester Recess				
8	29 Apr	Understanding the impact of arthritis on everyday living	Applying Energy conservation techniques and fatigue management. Rheumatoid Arthritis – joint protection and review of kitchen equipment and kitchen design	
9	6 May	Review of the OSCE process and how to prepare. Posture and comfort for everyday living. Pressure care.	Posture and comfort for everyday living. Pressure Care.	
10	13 May	Risk Assessments, moving and therapeutic handling for clients, carers, and clinicians. Jodie Myers, OT specialist	Safe Moving and Handling Jodie Myers, OT specialist	
11	20 May	The impact of vision and other sensory loss on everyday living. Ben Moxey, Access and Technology Advisor, Guide Dogs NSW/ACT	Vision and Assistive Technology Vision Australia reps	
12	27 May	Q & A about the OSCEs	Time for revision of equipment use for OSCEs	
13	3 Jun	No Student STU VAC	Scheduled OSCEs in lab times.	
Examination Period				OSCE attendance required
Examination Period				Formal Multiple-Choice Question (MCQ) exam date to be confirmed via the exam timetable
Examination Period				Formal MCQ exam date to be confirmed via the exam timetable

ASSESSMENTS

This course has 3 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Equipment Analysis Written Assignment	End of Week 7 - Sunday 14th April at 11.59pm	Individual	35%	1, 2, 3, 5, 6, 7
2	Exam: OSCE	Either Week 13 allocated lab time or Week 1 of the formal examination period. Attendance Schedule will be available in Canvas by Week 10.	Individual	35%	1, 2, 3, 4, 5
3	Formal Exam	During the formal examination period - time will be available following release of the exam schedule for semester 1	Individual	30%	1, 2, 3, 4, 5

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

Assessment 1 - Equipment Analysis Written Assignment

Assessment Type	Written Assignment
Purpose	To evaluate the ability to define an occupational issue, creating a goal, to provide a rationale for the selection of an intervention based on the occupational issue using professional reasoning and evidence-based practice literature.
Description	<p>Case-based assignment - This written assignment requires choosing a possible occupational issue. It includes completing an occupational analysis relating to the chosen issue. It will then include a recommendation for an occupational intervention (e.g. equipment/assistive device) to improve occupational performance of the chosen occupational issue. It requires a rationale for the recommended intervention, using research evidence to support the recommendation. This is a case-based assignment. The details of the scenario will be provided in the assessment section of Canvas and the rubric/marking criteria are in the Assessment section of Canvas.</p> <p>Submission will include:</p> <ul style="list-style-type: none">- essay (1000 words)- reference list in APA 7 referencing style,- appendix 1 - picture of the equipment,- appendix 2 - a copy of the completed occupational analysis form
Weighting	35%
Length	1000 words - plus reference list, and appendices
Due Date	End of Week 7 - Sunday 14th April at 11.59pm
Submission Method	Online Upload a word document or PDF into Canvas containing 1000-word essay Reference List (APA 7 style) Appendix 1: image of equipment/assistive devices Appendix 2: completed occupational analysis form
Assessment Criteria	Marking rubric is in the assessment section of Canvas
Return Method	Online
Feedback Provided	Online - 3 weeks post-submission date. Written feedback will be available in Canvas

Assessment 2 - Exam: Observed Skills Clinical Examination (OSCE)

Assessment Type	Observed Skills Clinical Examination (OSCE)
Purpose	This Observed Skills Clinical Examination (OSCE) assesses the ability to apply the professional reasoning and practical skills learnt during the lecture series and the laboratory sessions. It also assesses verbal communication skills and the ability to describe the OT role.
Description	<p>A student information guide for details regarding the format of this assessment is provided in the Canvas Assessment folder.</p> <p>Each student will attend an OSCE in week 13 or in week 1 of the formal examination period. Dates and times will be confirmed via Canvas by week 10 of semester. Each student will attend an examination station and be required to demonstrate effective verbal communication skills and clinical skills to the examiner about topics covered in the lecture and laboratory sessions. Details will be provided in the Student Information Guide to OSCE.</p>
Weighting	35%
Length	Minimum of 30 minutes
Due Date	Either Week 13 allocated lab time or Week 1 of the formal examination period. Attendance Schedule will be available in Canvas by week 10.
Submission Method	In Class
Assessment Criteria	Each station will be marked on a range of clinical skills demonstrated and verbal communication criteria. Examples will be provided by the course coordinator.
Return Method	Not Returned
Feedback Provided	In Person - Following the OSCE students will be able to seek appointments with the course coordinator regarding their grades for each station. Verbal feedback.

Assessment 3 - Formal Exam

Assessment Type	Formal Examination
Purpose	The 2-hour will examine the contents of the lectures and laboratories
Description	2-hour Multiple Choice Examination
Weighting	30%
Length	2 hours
Due Date	During the formal examination period - time will be available following release of the exam schedule for semester 1
Submission Method	Formal Exam
Assessment Criteria	
Return Method	Online
Feedback Provided	No Feedback - Feedback will be available through individual student meetings on request to the course coordinator. Verbal feedback

ADDITIONAL INFORMATION

Grading Scheme

This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

*Skills are those identified for the purposes of assessment task(s).

Attendance

Attendance/participation will be recorded in the following components:

- Laboratory (Method of recording: 80% attendance required in lab sessions. Attendance will be recorded using in class registers)

Please email the course coordinator if you cannot attend your lab

Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.

As a result of student feedback, the following changes have been made to this offering of the

course:

- OSCE examination will take place in week 13 and week 1 of examinations.

Oral Interviews (Vivas) As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Adverse Circumstances The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item, and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:
<https://policies.newcastle.edu.au/document/view-current.php?id=236>

Important Policy Information The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified, and an amended course outline will be provided in the same manner as the original.

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