

NURS3103: Healthy Ageing Across Contexts and Communities

Online

Semester 1 - 2024



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description This course will enhance students' understanding of person-centred care, healthy ageing and the management of acute and chronic conditions experienced by older people. Factors that impact on health and the delivery of primary, secondary and tertiary health care for older people in Australia are discussed. An older person interprofessional framework, which promotes wellness across a range of contexts, will be introduced. The neuropathology of mild cognitive impairment, dementia, delirium and depression will also be addressed. Clinical scenarios will be used to explore innovative management related to nursing older people. In these scenarios relevant ethico-legal, socio-political, cultural, and spiritual issues are also covered

Requisites Students must have successfully completed NURS1101, NURS1103, NURS1201 & NURS1202 and be active in the B Nursing (11725) program to enrol in this course.

Assumed Knowledge Successful completion of NURS2101, NURS2102, NURS2103, NURS2201, NURS2202, HUBS1416, HUBS1406

Contact Hours

Lecture

Online
12 hour(s) per Term Full Term

Self-Directed Learning

Self-Directed
6 hour(s) per Week for 12 Weeks

Tutorial

Online 14 hours per Term Full Term

Unit Weighting 10

Workload Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

COURSE OUTLINE

CONTACTS

Course Coordinator Dr Minah Gaviola
minah.gaviola@newcastle.edu.au

Consultation: Contact via email to arrange a suitable time. Consultation will occur via Zoom.

NOTE: Responses to emails can be expected within three (3) working days unless the tutor or Course Coordinator is off campus.

Scheduled drop-in sessions will be available via Canvas.

General Course Questions should be posted to Canvas, where the answer may be of benefit to other students. Students are required to check their UON (University of Newcastle) email account regularly and to use their student-mail accounts for all email correspondence with the University.

Teaching Staff Teaching staff will be advised on the course Canvas site.

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Program & Enrolment Advice For academic and personal support services for students, visit:
<https://www.newcastle.edu.au/current-students/support>

Student Support For academic and personal support services for students, visit
<https://www.newcastle.edu.au/current-students/support>

SYLLABUS

Course Content	Person-centred care; clinical reasoning; reflective practice; chronic and complex health conditions experienced by older people such as dementia, delirium and depression; contemporary older person models of care, healthy ageing; care contexts across the continuum; carer and family health, cultural competence
Course Learning Outcomes	<p>On successful completion of this course, students will be able to:</p> <ol style="list-style-type: none">1. Discuss the concepts of person-centred care, healthy ageing and optimising the health of older people and their family/carers2. Utilise an evidence-based assessment framework to collect information about the physical, socio-cultural, psychological, cultural and spiritual needs of older people3. Discuss the importance of working with older people and their carers to develop a healthy ageing plan of care4. Apply relevant health promotion strategies to older people and their family/carers related to normal ageing processes and chronic and complex health conditions (including self-management)5. Identify strategies to maximise continuity of care and healthy ageing for older people when transitioning across care contexts6. Recognise the predisposing and precipitating factors for and pathophysiology of mild cognitive impairment, dementia, delirium, depression7. Utilise critical thinking and clinical reasoning skills in the management of older people experiencing delirium, dementia, depression and acute illness superimposed on chronic conditions8. Identify ethico-legal, cultural and spiritual issues related to end-of-life care/palliative care, across care contexts
Course Materials	<p>Required Text</p> <p>Miller, C. (2023). <i>Miller's nursing for wellness in older adults</i> (9th ed.) Wolters Kluwer</p> <p>Recommended Text</p> <p>Hunter, S. & Gills, J. (2022). <i>Caring for an older person with altered cognition</i>. In T. Levett-Jones (ED.), <i>Clinical Reasoning: Learning to think like a nurse</i> (3rd ed., pp 908-978). Pearson Australia.</p> <p>Course Reading</p> <p>Course readings will be provided via Canvas.</p>

COMPULSORY REQUIREMENTS

In order to pass this course, each student must complete ALL of the following compulsory requirements:

Course Assessment Requirements:

- Assessment 1 – Quiz (1A & 1B): Attempt / Submission Requirement - Students must attempt/submit this assessment item to pass the course.
- Assessment 2 - Written Assignment: Attempt / Submission Requirement - Students must attempt/submit this assessment item to pass the course.
- Assessment 3 - Written Assignment: Attempt / Submission Requirement - Students must attempt/submit this assessment item to pass the course.

To pass this course students **must attain an overall grade of 50% or higher**. Progressive marks on Canvas do not necessarily indicate final grades.

ASSESSMENTS

This course has three (3) assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Quiz*	Quiz 1A Opens Monday 25/3/24 08:00 hours (AEST) Closes Sunday 31/3/24 23:00 hours (AEST) Quiz 1B Opens Monday 1/4/24 08:00 hours (AEST) Closes Sunday 7/4/24 23:00 hours (AEST).	Individual	Quiz 1A 10% Quiz 1B 15% Total 25%	1, 6, 8
2	Written Assessment 2*	Monday 6/5/24 23:00 hours (AEST)	Individual	30%	1, 2, 4, 7
3	Written Assignment 3*	Monday 27/5/24 23:00 hours (AEST)	Individual	45%	1, 2, 3, 4, 5, 7

* This assessment has a compulsory requirement.

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

NOTE: Word count can be exceeded by 10% without penalty. Words that exceed 10% over the word count will not be marked.

No more than 10% of any assessment item may consist of material directly quoted from another source.

Assistance with academic literacies is available at the following hyperlinks:

1. APA 7th Referencing: <http://libguides.newcastle.edu.au/referencing>
2. Academic Learning Support: <https://www.newcastle.edu.au/current-students/learning/study-skills>

ASSESSMENTS

Assessment 1 – Quiz 1A and Quiz 1B

Assessment Type	Quiz.
Description	This assessment is related to learning outcomes one (1), six (6), eight (8), and involves two (2) online quizzes. Further instructions will be provided on the Canvas site under Assignments.
Weighting	25% (Quiz 1A – 10%; Quiz 1B – 15%).
Compulsory Requirements	Students must attempt/submit this assessment item to pass the course.
Length	Quiz 1A: 15 minutes; Quiz 1B: 30 minutes
Due Date	Quiz 1A Opens Monday 25 th March 0800 hours (AEST) Closes Sunday 31 st March 2300 hours (AEST) Quiz 1B Opens Monday 1 st April 0800 (AEST) Closes Sunday 7 th April 2300 hours (AEST).
Submission Method	Via Canvas.
Assessment Criteria	N/A.
Return Method	Via Canvas.
Feedback Provided	Via Canvas.
Opportunity to Reattempt	Students WILL be given the opportunity to re-attempt this assessment in line with the Adverse Circumstances Policy and following an Adverse Circumstances Approval.

Assessment 2 - Issues related to older people/short answers

Assessment Type	Written Assignment.
Description	Short answer questions. Further instructions will be provided on the Canvas site under Assignments.
Weighting	30%.
Compulsory Requirement	Students must attempt/submit this assessment item to pass the course.
Length	1000 words (+/- 10% allowance).
Due Date	Monday 6/5/24 23:00 hours (AEST).
Submission Method	Via Canvas.
Assessment Criteria	Via Canvas.
Return Method	Via Canvas.
Feedback Provided	Via Canvas, 15 University working days after submission.

Opportunity to Reattempt Students WILL be given the opportunity to re-attempt this assessment in line with the Adverse Circumstances Policy and following an Adverse Circumstances Approval.

Assessment 3 - Written Assignment: Healthy ageing assessment.

Assessment Type Written Assignment.

Description This assignment is a holistic comprehensive assessment. Students will be required to collect and process information from an older person (70 years or above).

There are three (3) components:

1. Interview an older person using the Healthy Ageing Initial Assessment and Ageing Perceptions & Health related change tools and selected person focused assessment tools gained from the initial interview.
2. Present and evaluate your findings for this older person in relation to healthy ageing.
3. Present a plan of care for this older person that supports healthy ageing.

Further instructions will be provided on the Canvas site under Assignments.

Weighting 45%.

Compulsory Requirements Attempt / Submission Requirement - Students must attempt/submit this assessment item to pass the course. Submission of a written assignment and the completed Healthy Ageing Perceptions and Healthy Ageing Initial Assessment tools are required to pass this Assessment item.

Length: 1500 words (+/- 10% allowance).

Due Date Monday 27/5/24 May 23:00 hours (AEST)

Submission Method Via Canvas.

Assessment Criteria Via Canvas.

Return Method Via Canvas.

Feedback Provided Via Canvas, 15 University working days after submission.

Opportunity to Reattempt Students WILL be given the opportunity to reattempt this assignment in line with the Adverse Circumstances Policy and following an Adverse Circumstances Approval.

ADDITIONAL INFORMATION

Grading Scheme

This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

*Skills are those identified for the purposes of assessment task(s).

Withdrawal from Course

You can withdraw from a course without financial penalty on or before the census date **Friday 22nd May 2024**. If you withdraw after this date, it is considered you have been enrolled in the course and will be liable for HECS-HELP payment or degree fee. For further information see University Key dates.

Communication Methods

Communication methods used in this course include.

- Canvas announcement
- Canvas discussion forum
- Fortnightly course coordinator drop in Q & A sessions.
- Consultation time with course coordinator.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement. This course is in teach out and will be replaced in future offerings.

Oral Interviews (Vivas)

As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Adverse

The University acknowledges the right of students to seek consideration for the impact of

Circumstances

allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item, and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

<https://policies.newcastle.edu.au/document/view-current.php?id=236>

Important Policy Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/no-room-for/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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