### School of Health Sciences

NUDI4233A&B: Professional Practice in Nutrition and Dietetics 1

Callaghan - 2024

# THE UNIVERSITY OF NEWCASTLE AUSTRALIA

# **OVERVIEW**

**Course Description** 

NUDI4233A (Semester 1) and NUDI4233B (Semester 2) together comprise 10 weeks of professional practice in the community and food service settings, and the telehealth clinic. This course consists of 5 weeks of Community and Public Health Nutrition Placement and 4 weeks of Food Service Placement as well as three telehealth clinics. Students complete the Community and Public Nutrition and Food Service Placements in groups of 2 to 4. There is a transitioning to practice workshop, as well as 1 online session. Student attendance at the workshop is compulsory.

Academic Progress Requirements

This course is a compulsory program requirement and is monitored for academic progress purposes. The course must be completed to progress in the program or meet other program requirements.

Failure or withdrawal from this course will result in students being considered under the Student Academic Progress Procedure.

Requisites

This course is only available to students enrolled in the [12339] B Nutrition & Dietetics (Honours) program who have successfully completed all first, second and third year courses in this program.:

CHEM1010 CHEM1020 HLSC1000 HLSC1220 **HUBS1403 HUBS1404 HUBS2206 HUBS2207** HUBS2503 **HUBS2505** INDH2490 **NUDI1000** NUDI2110 **NUDI2200 NUDI2220** NUDI3220 **NUDI3230 NUDI3240 NUDI3250** NUDI3300 NUDI3310 PUBH1080 STAT1070



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### **Contact Hours**

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Practicum \*

Face to Face Off Campus

40 hour(s) per week(s) for 10 week(s)

Practicum could occur any time across the year.

### **Online Activity**

Online

1 hour(s) per week(s) for 1 week(s) starting Week 1

Online session will be held in Semester 1.

### Workshop

Face to Face On Campus 2.5 days per week for 1 week(s)

Transitioning to practice workshop will be held in January.

\* This contact type has a compulsory requirement.

### **Unit Weighting**

10

### Workload

Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

Advice

Multi-Term Sequence This course is part of a multi-term sequence. Both Part A and Part B must be completed to meet the requirements of the sequence. Part A and Part B must be completed in consecutive terms. Students must complete Part A before completing Part B. Students must complete the sequence within a twelve month period. If students complete Part A but are unable to complete Part B within the timeframe, they must re-enrol in Part A. Part A cannot be completed as a standalone course, it will only count towards your program once you have successfully completed Part B.

# CONTACTS

### **Course Coordinator**

Callaghan

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### Teaching Staff

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# **SYLLABUS**

### **Course Content**

- 1. Application of nutrition and dietetic knowledge in community and public health nutrition, food service and telehealth clinical setting.
- 2. Setting personal goals for learning experiences.
- 3. Reflecting on learning experiences.
- 4. Written communication and documentation in the form of project reports.
- 5. Teamwork and multidisciplinary collaboration.
- 6. Application of group education principles.

# Course Learning Outcomes

### On successful completion of this course, students will be able to:

- 1. Knowledge sufficient to support safe practice as per the National Competency Standards for Dietitians in Australia as they apply to the community and public health nutrition setting.
- 2. Knowledge sufficient to support safe practice as per the National Competency Standards for Dietitians in Australia as they apply to the foodservice setting.
- 3. Knowledge sufficient to support safe practice as per the National Competency Standards for Dietitians in Australia as they apply to the telehealth clinical setting.
- 4. Competence in the collection, organisation and assessment of data relating to the health and nutritional status of groups or populations as per the National Competency Standards for Dietitians in Australia
- 5. Competence in the management of projects and programs for groups or populations as per National Competency Standards for Dietitians in Australia
- 6. An organised, planned, professional and ethical approach to work as per National Competency Standards for Dietitians in Australia

# **COMPULSORY REQUIREMENTS**

In order to pass this course, each student must complete ALL of the following compulsory requirements:

### **Course Assessment Requirements:**

- Assessment 1 Professional Practice Portfolio
  Pass Requirement Students must pass this assessment item to pass the course.
- Assessment 2 Reflective Tasks
  Pass Requirement Students must pass this assessment item to pass the course.
- Assessment 3 Selection Criteria Task
  Pass Requirement Students must pass this assessment item to pass the course.

### **Compulsory Placement and WHS Requirements:**

NSW Health Verification Requirements - Mandatory NSW Health Verification Requirements must be met.



# **ASSESSMENTS**

This course has three assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Professional Practice Portfolio*	As per the due dates outlined below	Individual	20%	1, 2, 3, 4, 5
2	Reflective Practice Tasks*		Individual	40%	1, 2, 3, 4, 5
	One for each of the following placements: CPHN FS	Two weeks after completing the designated placement or last telehealth clinic#			
3	Selection Criteria Task*	October 25 <sup>th</sup> (or two weeks# after completion of final professional practice placement if placement ends after this date)	Individual	40%	1, 2, 3, 4, 5
	Mock Interview Task	Students will have the opportunity to self-select a time slot in the week commencing 28 <sup>th</sup> October. For those students still on placement, an appropriate time will be allocated after discussion with the student and placement coordinator.			

<sup>\*</sup> This assessment has a compulsory requirement.

### **Late Submissions**

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

<sup>&</sup>lt;sup>#</sup> Depending on graduation requirements with final grades, this two-week time frame may be less for those students who want to graduate at the end of 2024. The placement coordinator will communicate any requirements related to this to affected students as early as possible.

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### Assessment 1 - Professional Practice Porfolio

### **Assessment Type** Description

Portfolio

Students are to develop a Professional Practice Portfolio across the year of placement. The student is responsible for collating this portfolio and submitting each component as outlined. The Portfolio must be deemed a pass to pass the placement courses. To complete the portfolio, the following documents are to be submitted. These items have been carefully selected to demonstrate that they meet the National Competency Standards for Dietitians.

Item	Due Date		
CPHN written task	5 pm on the last day CPHN placement.		
FS written task	5pm on the last day FS placement.		
Evidence of professional practice against National Competency Standards. This is one document that includes all placements.	October 25 <sup>th</sup> (or two weeks after completion of fina professional practice placement if placement ends after this date)		
Evidence of completion of SBS Inclusion Modules	October 25 <sup>th</sup> (or two weeks after completion of <b>fina</b> professional practice placement if placement ends after this date)		
CPD Log (maximum 20 hours)	October 25 <sup>th</sup> (or two weeks after completion of <b>final professional practice placement</b> if placement ends after this date)		
Volunteering Log (maximum 20 hours)	October 25 <sup>th</sup> (or two weeks after completion of <b>final professional practice placement</b> if placement ends after this date)		
Mentoring Agreement	October 25 <sup>th</sup> (or two weeks after completion of <b>final professional practice placement</b> if placement ends after this date)		

portfolio but will be submitted to the Placement Coordinator by the Placement Supervisor at the end of the placement.

Weighting Compulsory Requirements **Due Date** 

Pass requirement - Must pass this assessment item to pass the course.

Varied due dates as outlined above Via the links in Canvas

Submission Method **Assessment Criteria** 

This task will be assessed as evidence supporting competence in line with the DA National Competency Standards for Dietitians. Marks will be allocated for:

- 1. Quality of the tasks as indicated by supervisors
- 2. Completeness of the portfolio

Return Method **Feedback Provided** Opportunity to Reattempt

Online via Canvas Online via Canvas

Students WILL be given one opportunity to reattempt this assessment. Any reattempted assessment items will only be eligible to receive a maximum of 50% of the total mark.

### Assessment 2 – Reflective Practice Tasks

### **Assessment Type** Description

Written assignment

Students will complete goal-setting and guided reflective tasks for their CPHN and FS placement. The purpose of the task is for students to demonstrate their reflective practice skills. After each placement or their final telehealth clinic, students should review the National Competency Standards for Dietitians and reflect on the following points:

- 1. A main Strength of this placement (giving at least three examples of evidence to support this)
- 2. A personal Challenge experienced during placement (ensure this relates to this placement and aligns with at least one of the DA competency standards)
- 3. A SMART Goal related to this Challenge that will assist in your future dietetics career (linking to aspects that can be improved on moving into the subsequent placement or goals for entry to the APD program).

Three Strategies that can be employed to assist in meeting this goal (these need to be practical and relevant to the personal challenge and subsequent goal and could link to future CPD activities).

Weighting

40%



### Compulsory Requirements Due Date

Pass requirement - Must pass this assessment item to pass the course.

Within two weeks\* of completing the relevant placement.

\*Depending on graduation requirements with final grades, this two-week time frame may be less for those students who want to graduate at the end of 2024. The placement coordinator will communicate any requirements related to this to affected students as early as possible.

### Submission Method Assessment Criteria

Via the links in Canvas

Students will be assessed on their ability to reflect on their Strengths and Challenges on

placement and develop these into goals and strategies to help develop their future careers. A

marking rubric will be made available on the Canvas site.

Return Method Feedback Provided Opportunity to Reattempt

Online via Canvas. Online via Canvas

Students WILL be given one opportunity to reattempt this assessment. Any reattempted

assessment items will only be eligible to receive a maximum of 50% of the total mark.

### Assessment 3 – Selection Criteria and Mock Interview Task

# Assessment Type Description

Professional task

The Selection Criteria task has been developed to help students demonstrate their evidence of competency and develop a helpful document to assist them in future job applications. The student is expected to respond to a series of Selection Criteria relating to a Dietitian role. In responding to each selection criteria, students are to draw on knowledge from their studies, personal skills and attributes, their professional placements and volunteering experiences.

The Mock Interview task has been designed to enable students to showcase their readiness for job interviews and refine their interview skills. In this task, students will engage in a simulated job interview for the role of a Generalist Dietitian. They'll respond to interview questions tailored to the role's requirements, utilising their academic knowledge, personal abilities, professional placements, and volunteering experiences to demonstrate their suitability for the position.

The Careers Service and Placement Coordinator will deliver a workshop in July to assist students in completing this assessment.

Weighting Compulsory Requirements

**Due Date** 

Pass requirement - Must pass this assessment item to pass the course.

Selection Criteria Task - October 25th (or two weeks\* after completion of final professional practice placement if placement ends after this date).

\*Depending on graduation requirements with final grades, this two-week time frame may be less for those students who want to graduate at the end of 2024. The placement coordinator will communicate any requirements related to this to affected students as early as possible.

Mock Interview Task - Students will have the opportunity to self-select a time slot in the week commencing 28th October. For those students still on placement, an appropriate time will be allocated after discussion with the student and placement coordinator.

### **Submission Method**

Selection Criteria Task - online via the links in Canvas

Mock Interview Task - in person, no submission required

### **Assessment Criteria**

This task will be assessed as if it were a real job. A high-quality submission will be clear and concise, with good spelling, grammar, and sentence structure. It will show a sound understanding of the role of a dietitian, include relevant examples of how the student would meet the job requirements and demonstrate overall suitability for the role. A marking rubric will

be made available on the Canvas site. Selection Criteria Task – online via Canvas

Return Method Feedback Provided Opportunity to Reattempt

Online via Canvas

Students WILL be given one opportunity to reattempt this assessment. Any reattempted assessment items will only be eligible to receive a maximum of 50% of the total mark.



# **ADDITIONAL INFORMATION**

**Grading Scheme** 

This course is Part A of a multi-term sequence. A grade will be awarded at the completion of Part B.

Communication Methods

Multiple communication methods will be used in this course. Canvas will be the main communication method for assessment items and general placement-based requirements. The placement coordinator will also use email, phone and the placement Facebook group to communicate with students as well.

**Course Evaluation** 

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement. As a result of feedback in 2022, marking rubrics were developed for assessments two and three. Nil additional changes were made as a result of feedback from 2023.

Oral Interviews (Vivas) As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the Oral Examination (viva) Procedure. In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the Student Conduct Rule.

Academic Misconduct All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in Student Academic locations. For the Integrity Policy, https://policies.newcastle.edu.au/document/view-current.php?id=35.

### Adverse Circumstances

The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

- the assessment item is a major assessment item; or
- the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
- 3. you are requesting a change of placement; or
- 4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

https://policies.newcastle.edu.au/document/view-current.php?id=236

### **Important Policy** Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at https://www.newcastle.edu.au/current-students/respect-at-uni/policies-andprocedures that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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