

NUDI3310: Community and Public Health Nutrition 2

Callaghan

Semester 1 - 2024



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description This course builds upon the knowledge and skills obtained in Community and Public Health Nutrition 1. The course will provide students with knowledge and skills in adopting an evidence-based approach to planning, implementation, and evaluation of community and public health nutrition interventions. The course will also build the professional and communication skills relevant to community and public health nutrition practice, and further expand students understanding of the roles and functions of the community and public health nutrition workforce.

Academic Progress Requirements This course is a compulsory program requirement and is monitored for academic progress purposes. The course must be completed to progress in the program or meet other program requirements.

Failure or withdrawal from this course will result in students being considered under the Student Academic Progress Procedure.

Requisites To enrol in this course students must have successfully completed NUDI2110, NUDI2200, STAT1070 and be active in the B Nutrition & Dietetics (Honours) (12339) program.

Assumed Knowledge PUBH1080

Contact Hours **Callaghan Workshop**
Face to Face On Campus
4 hour(s) per week(s) for 13 week(s) starting Week 1

Please note in 2024 the 4 hours of workshops will be offered as 2 x 2 hour workshops i.e. Monday 10-12 noon AND Thursday 10-12noon OR Friday 9-11am.

The 1st workshop (Monday) will be lecture style and therefore be recorded. The 2nd workshop (Thursday or Friday) will be tutorial style. There is an expectation that students attend all tutorials in the third-year NUDI coded courses in the Bachelor of Nutrition and Dietetics (Honours). For NUDI3110, this will involve attendance at a minimum of 80% of the 2nd workshops (i.e., 8 of the 11 workshops from Week 1-11, and the workshop in Week 12 or 13 students present at). A class role will be taken and any student not attending will be followed up by the course coordinator.

Unit Weighting 10

Workload Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10 unit course.

COURSE OUTLINE

www.newcastle.edu.au

CRICOS Provider 00109J

CONTACTS

Course Coordinator **Callaghan**
A/Pr Melinda Hutchesson
Melinda.Hutchesson@newcastle.edu.au
(02) 4921 5405
Consultation: Melinda is available for meetings on Thursdays outside class time.

Teaching Staff Other teaching staff will be advised on the course Canvas site.

School Office **School of Health Sciences**
Room 302, ICT Building
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SYLLABUS

Course Content

1. Core roles and functions of the Community/Public Health Nutrition workforce, with a focus on advocacy, capacity building and collaborative action/partnerships.
2. Best practice frameworks for planning, implementing and evaluating community/public health nutrition interventions, with focus on planning post needs assessment, implementation and evaluation.
3. Epidemiological methods for informing the planning and evaluation of community/public health nutrition interventions.
4. Adapting and co-creation of communication messages for specific audiences, including culturally appropriate, safe and sensitive communication.
5. Professional practice skills including safe, ethical and legal practice, leadership, management and cultural safety and responsiveness.

Course Learning Outcomes

On successful completion of this course, students will be able to:

1. Apply best practice frameworks for the planning, implementation and evaluation of community/public health nutrition interventions.
2. Critically appraise nutrition epidemiology and use the best available evidence to inform community and public health nutrition intervention planning and implementation
3. Identify and select appropriate research methods to evaluate community and public health nutrition interventions.
4. Demonstrate an understanding of core functions of the public Health Nutrition workforce, including advocacy, capacity building and collaborative action/partnerships.
5. Demonstrate an ability to adapt and co-create communication messages for specific audiences within community and public health nutrition practice.
6. Demonstrates professional practice skills including safe, ethical and legal practice, leadership, management and cultural safety and responsiveness.

Course Materials

Required Reading:
James F. McKenzie, Brad L. Neiger, Rosemary Thackeray. Planning, Implementing, & Evaluating Health Promotion Programs: A Primer (7th Edition)

Other Resources:
Learning materials relating to some content will be made available on the Canvas site

ASSESSMENTS

This course has 3 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Written Assignment 1	Week 5: Monday 25th March 9am	Individual	35%	1, 2
2	Written Assignment 2	Week 9: Monday 6th May 9am	Individual	35%	2, 3
3	Professional task	Students will present during the workshops in Week 12 and 13.	Group	30%	4, 5, 6

Late Submissions The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

Assessment 1 - Written Assignment 1

Assessment Type	Written Assignment
Purpose	The purpose of this assessment task is to demonstrate knowledge and skills in using evidence and best practice frameworks to plan and implement community and public health nutrition interventions.
Description	Students will complete a three-part case study related to the planning and implementation of a community and public health nutrition intervention.
Weighting	35%
Length	~1000 words
Due Date	Week 5: Monday 25th March 9am
Submission Method	Online Canvas
Assessment Criteria	Students will be assessed on their understanding of the evidence, and intervention planning skills.
Return Method	Online
Feedback Provided	Online - Within 3 weeks of the due date. Feedback will be provided individually for each part of the assessment, as a summary of what was done well, and any areas for improvement. A class feedback document will also be provided to summarise common strengths and areas for improvement.
Opportunity to Reattempt	Students WILL NOT be given the opportunity to reattempt this assessment.

Assessment 2 - Written Assignment 2

Assessment Type	Written Assignment
Purpose	The purpose of this assessment task is to demonstrate knowledge and skills in applying best practice frameworks and appropriate research methods to evaluate community and public health nutrition interventions.
Description	Students will complete a three-part case study to create an evaluation plan.
Weighting	35%
Length	Maximum 2000 words
Due Date	Week 9 Monday 6th May 9am
Submission Method	Online Canvas
Assessment Criteria	Students will be assessed on their use of research methods and evaluation planning skills
Return Method	Online
Feedback Provided	Online - Within 3 weeks of the due date. Feedback will be provided individually for each part of the assessment, as a summary of what was done well, and any areas for improvement. A class feedback document will also be provided to summarise common strengths and areas for improvement.
Opportunity to Reattempt	Students WILL NOT be given the opportunity to reattempt this assessment.

Assessment 3 - Professional task

Assessment Type	Professional Task
Purpose	The purpose of this assessment task is to demonstrate understanding of the core functions of the public health nutrition workforce, as well as key professional practice skills including communication and teamwork.
Description	Working in teams of 3 students will create an advocacy campaign focused on one of the "advocacy asks" decided by the class. The team will present the advocacy campaign to the class in a 10-minute presentation, with an additional 5-minutes for questions.
Weighting	30%
Length	10-minute presentation + 5 minutes for questions
Due Date	Students will present during the workshops in Week 12 and 13. The schedule will be provided on Canvas by Week 5.
Submission Method	In Class
Assessment Criteria	Students will be assessed on the advocacy campaign as well as their professional practice skills.
Return Method	Not Returned
Feedback Provided	Online - Within 3 weeks of the due date. Feedback will be provided to each team using the marking form available on Canvas. A class feedback document will also be provided to summarise common strengths and areas for improvement.
Opportunity to Reattempt	Students WILL NOT be given the opportunity to reattempt this assessment.

ADDITIONAL INFORMATION

Grading Scheme

This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.
50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

*Skills are those identified for the purposes of assessment task(s).

Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement. As a result of student feedback, the following changes have been made to this offering of the course: The course is offered as 2 x 2 hour workshops per week, rather than 1 x 4 hour workshop.

- Oral Interviews (Vivas)** As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).
- Academic Misconduct** All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.
- Adverse Circumstances** The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:
1. the assessment item is a major assessment item; or
 2. the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
 3. you are requesting a change of placement; or
 4. the course has a compulsory attendance requirement.
- Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:
<https://policies.newcastle.edu.au/document/view-current.php?id=236>
- Important Policy Information** The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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