### School of Medicine and Public Health

### **HPRO6715: Foundations of Health Promotion**

Online

Semester 1 - 2024

# THE UNIVERSITY OF NEWCASTLE AUSTRALIA

# OVERVIEW

**Course Description** 

This course provides an introduction to the theory and practice of

health promotion.

Academic Progress Requirements

Nil

**Contact Hours** 

**Online** 

**Online Activity** 

Online

10 hour(s) per week(s) for 13 week(s) starting Week 1

Via email to Lecturer and Course Coordinator.

Unit Weighting 10

Workload Students are required to spend on average 120-140 hours of

effort (contact and non-contact) including assessments per

10 unit course.

# COURSE



www.newcastle.edu.au CRICOS Provider 00109J



## **CONTACTS**

Course Coordinator Online

Prof Mitch Duncan

Mitch.Duncan@newcastle.edu.au

(02) 49217805

**Teaching Staff** 

Other teaching staff will be advised on the course Canvas site.

**School Office** 

**School of Medicine and Public Health** 

**Education Office** 

SMPH-edoffice@newcastle.edu.au

(02) 404 20550

### **SYLLABUS**

### **Course Content**

The aim of this course is to provide students with an understanding of the rationale, evidence and strategic framework for health promotion, including consideration of:

- health and the determinants of health;
- strategic frameworks for health promotion;
- achieving health promoting change in individuals and organisations; and
- planning effective health promotion at the strategic level.

### Course Learning Outcomes

### On successful completion of this course, students will be able to:

- 1. describe the concepts of health and determinants of health;
- 2. describe and apply in context key frameworks of health promotion, such as relevant WHO charters and declarations;
- 3. understand the difference between health promotion and health education;
- 4. describe and apply underpinning principles and elements of effective health promotion, such as population reach and evidence-based practice;
- 5. understand and apply behaviour change theories and models to influence change in individuals;
- 6. understand and apply organisational change and capacity building theory to influence change in organisations;
- 7. apply a systematic process for the determination of priorities; and
- 8. critically appraise strategic policies and plans for health promotion.

### **Course Materials**

All course material is accessed via Canvas



### **ASSESSMENTS**

This course has 3 assessments. Each assessment is described in more detail in the sections below.

|   | Assessment Name                           | Due Date                  | Involvement | Weighting | Learning<br>Outcomes      |
|---|---|---------------------------|-------------|-----------|---------------------------|
| 1 | Assignment 1, Parts A and B               | See Canvas for due dates. | Individual  | 50%       | 1, 2, 3, 4, 5             |
| 2 | Assignment 2                              | See Canvas for due dates. | Individual  | 30%       | 1, 2, 3, 4, 5, 6,<br>7, 8 |
| 3 | Weekly Research and Reflection Activities | See Canvas for due dates. | Individual  | 20%       | 1, 2, 3, 4, 5, 6,<br>7, 8 |

**Late Submissions** 

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

### Assessment 1 - Assignment 1, Parts A and B

Assessment Type Written Assignment

**Description** See Canvas for assignment details.

Weighting 50%

**Due Date** See Canvas for due dates.

Submission Method Online

### Assessment 2 - Assignment 2

Assessment Type Written Assignment

**Description** See Canvas for assignment details.

Weighting 30%

**Due Date** See Canvas for due dates.

Submission Method Online

### **Assessment 3 - Research and Reflection Activities**

Assessment Type Online Learning Activity

**Description** See Canvas for assignment details.

Weighting 20%

**Due Date** See Canvas for due dates.



### ADDITIONAL INFORMATION

### **Grading Scheme**

This course is graded as follows:

| Range of Marks | Grade                       | Description  |  |  |
|----------------|-----------------------------|--|--|--|
| 85-100         | High<br>Distinction<br>(HD) | Outstanding standard indicating comprehensive knowledge<br>and understanding of the relevant materials; demonstration of<br>an outstanding level of academic achievement; mastery of<br>skills*; and achievement of all assessment objectives. |  |  |
| 75-84          | Distinction (D)             | Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.  |  |  |
| 65-74          | Credit<br>(C)               | Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.            |  |  |
| 50-64          | Pass<br>(P)                 | Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes. |  |  |
| 0-49           | Fail<br>(FF)                | Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.  |  |  |

<sup>\*</sup>Skills are those identified for the purposes of assessment task(s).

### Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.
- Email: Students will receive communications via their student email account.

### **Course Evaluation**

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.

### **Oral Interviews (Vivas)**

As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the <a href="Oral Examination (viva">Oral Examination (viva) Procedure</a>. In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the <a href="Student Conduct Rule">Student Conduct Rule</a>.

### **Academic Misconduct**

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <a href="https://policies.newcastle.edu.au/document/view-current.php?id=35">https://policies.newcastle.edu.au/document/view-current.php?id=35</a>.

Please note Artificial Intelligence (AI) is not to be used to complete assessments in HPRO6715. Use of AI is permitted as outlined here <a href="https://libguides.newcastle.edu.au/AI-tools/uni">https://libguides.newcastle.edu.au/AI-tools/uni</a>



# Adverse Circumstances

The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s).

Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

- 1. the assessment item is a major assessment item; or
- 2. the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
- 3. you are requesting a change of placement; or
- 4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

https://policies.newcastle.edu.au/document/view-current.php?id=236

# Important Policy Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <a href="https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures">https://www.newcastle.edu.au/current-students/respect-at-uni/policies-and-procedures</a> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.

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