

PSYC2505: Foundations of Psychology and Sociology for Health Professionals

Online

Semester 2 - 2023



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

OVERVIEW

Course Description

Health professionals are faced with the task of dealing with health-related medical issues and also with the psychological and sociological impact of ill health. This course is multidisciplinary comprising elements of psychology and sociology relevant to the practice of allied health professionals. It initially covers core areas of the disciplines of psychology that impact on the physical and mental health of the population. The course then covers the relationship between psychological factors and health with a focus on pain, anxiety, stress, and depression. Students will also develop their understanding of the psychological and sociological factors that impact on health and health care within different cultural groups and Indigenous Australians.

This course is primarily designed for students enrolled in undergraduate College of Health, Medicine, and Wellbeing degree programs. Students who have completed PSYC2505 prior to 2012 cannot count PSYC1030 and PSYC2505 towards their degree. From 2012 onwards students are permitted to take both PSYC1030 and PSYC2505.

Assumed Knowledge

HUBS1401 or HUBS1406 or HUBS1416 or PSYC1010 or PSYC1020

Contact Hours

Online

Self-Directed Learning

Online

10 hour(s) per Week for 12 Weeks

For students studying on-line or via distance mode a minimum of 10 hours per week for 12 weeks of self-directed learning is expected. The number of contact hours is a minimum recommendation.

Unit Weighting

10

Workload

Students are required to spend on average 120-140 hours of effort (contact and non-contact) including assessments per 10-unit course.

COURSE OUTLINE

www.newcastle.edu.au

CRICOS Provider 00109J

CONTACTS

Course Coordinator	Online Dr Tegan Bradley Tegan.Bradley@newcastle.edu.au Consultation:
Teaching Staff	Sociology Coordinator (Weeks 9 & 10) Karen Van Lonkhuyzen email: Karen.VanLonkhuyzen@newcastle.edu.au
School Office	School of Psychological Sciences W210 - Behavioural Sciences Building Callaghan psyc-admin@newcastle.edu.au +61 2 4921 5505

SYLLABUS

Course Content	<ul style="list-style-type: none">• Psychological factors in health behaviour• Models of health behaviour and effective interventions• The relationship between psychological disorders and health• Psychological factors in practitioner/client communication• Sociological approaches to health and wellbeing.• How social determinants impact on health and society, including how health services are delivered.• Indigenous Health Psychology and Sociology
Course Learning Outcomes	<p>On successful completion of this course, students will be able to:</p> <ol style="list-style-type: none">1. Identify core areas of psychology and sociology that have contributed to intervention, treatment strategies, and health policy.2. Critically evaluate factors that affect behaviour in a health setting.3. Recognise and critically evaluate the psychological and sociological factors that impact on diagnosis and treatment in a professional health setting.
Course Materials	<p>Required Reading:</p> <p>There are two versions of the textbook, either of which is suitable for this course.</p> <p>Barkway, P. (2013). <i>Psychology for health professionals</i>. Elsevier Health Sciences. (2nd edition)</p> <p>OR</p> <p>Barkway, P., & O'Kane, D. (2019). <i>Psychology: An Introduction for Health Professionals</i>. Elsevier Health Sciences. (3rd Edition)</p>

SCHEDULE

Week	Week Begins	Topic	Learning Activity	Readings
1	17 Jul	Foundations of Psychology	Dr Tegan Bradley	Chapter 1
2	24 Jul	Development across the lifespan	Dr Sarah Hiles	
3	31 Jul	Psychological factors for health behaviour	Dr Tegan Bradley	Chapters 5,7,13
4	7 Aug	Stress and coping	Dr Sarah Hiles	
5	14 Aug	Differentiating psychological disorders	Dr Ben Britton	
6	21 Aug	Interacting with patients	Dr Tegan Bradley	Chapters 8,12
7	28 Aug	Pain	Dr Sarah Hiles	
8	4 Sep	Applying knowledge to Indigenous communities in Australia	Dr Stacey McMullen	
9	11 Sep	The social origins of illness: Health as a social issue	Dr Kate Davies	Chapter 6 + additional reading
10	18 Sep	The Australian health care system and health professionals	Dr Ann Taylor	Chapter 6 + additional reading
Mid Term Break				
Mid Term Break				
11	9 Oct	No lecture this week		
12	16 Oct	No lecture this week		
13	23 Oct	No lecture this week		
Examination Period				
Examination Period				

ASSESSMENTS

This course has 2 assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Module Quizzes	<p>Quiz 1 (weeks 1, 2) due 11:59pm Sunday 13th August (15%)</p> <p>Quiz 2 (weeks 3, 4 & 5) due 11:59pm Sunday 3rd Sept (15%)</p> <p>Quiz 3 (weeks 6 & 7 & 8) due 11:59pm Sunday 24th Sept (15%)</p> <p>Quiz 4 (Sociology) (weeks 9 & 10) due 11:59pm Sunday 15th Oct (15%)</p>	Individual	60%	1, 3
2	Short answer questions	<p>Psychology Short Answer. Due 11:59pm Sunday 24th Sept (20%)</p> <p>Sociology Short Answer Written Assessment. Due 11:59pm Sunday 22nd Oct (20%)</p>	Individual	40%	2, 3

Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

Assessment 1 - Module Quizzes

Assessment Type	Quiz
Purpose	To provide feedback on students learning during the semester.
Description	Quizzes test your understanding and learning of the content of the course. They ensure you know how well your learning is as you progress through the course. It is important to watch the lectures and do the required readings, and then to review this content in such a way that you can "demonstrate" that you have learned the material. Many students will undertake an assessment like a quiz or exam thinking they have done enough preparation, but the reality is they have only superficially learned the material. Each Quiz is worth 15% of your final grade - 60% in total. 40 questions per quiz, 45 minutes to complete each quiz, 2 attempts permitted quiz (highest score recorded)
Weighting	60%
Length	45mins each
Due Date	Quiz 1 (weeks 1, 2) due 11:59pm Sunday 13th August (15%) Quiz 2 (weeks 3, 4 & 5) due 11:59pm Sunday 3rd Sept (15%) Quiz 3 (weeks 6 & 7 & 8) due 11:59pm Sunday 24th Sept (15%) Quiz 4 (Sociology) (weeks 9 & 10) due 11:59pm Sunday 15th Oct (15%)
Submission Method	Online
Return Method	Online

Assessment 2 - Short answer questions

Assessment Type	Written Assignment
Purpose	Short answer questions are designed to have students demonstrate conceptual understanding with short concise written segments.
Description	You will have 2 short answer assessments (one for Psychology and one for Sociology). Each short answer assessment is worth 20% of your final grade - 40% in total.
Weighting	40%
Length	800 words each (+/- 10%) Word limits include headings, sub-heading, in-text citations, quotes and referencing but does not include the list of references, appendices, and footnotes. The word limit will allow a tolerance of 10% and any work after the maximum word limit will not be included within the allocation of marks. In other words, the marker will STOP reading at 880 words.
Due Date	Psychology Short Answer. Due 11:59pm Sunday 24th Sept (20%) Sociology Short Answer Written Assessment. Due 11:59pm Sunday 22nd Oct (20%)
Submission Method	Online
Assessment Criteria	A general marking guide (rubric) will be available on Canvas for each assessment.
Feedback Provided	Online - Three weeks after the submission due date. You will receive a grade for the assignment and comments on the Turnitin document

ADDITIONAL INFORMATION

Grading Scheme This course is graded as follows:

Range of Marks	Grade	Description
85-100	High Distinction (HD)	Outstanding standard indicating comprehensive knowledge and understanding of the relevant materials; demonstration of an outstanding level of academic achievement; mastery of skills*; and achievement of all assessment objectives.
75-84	Distinction (D)	Excellent standard indicating a very high level of knowledge and understanding of the relevant materials; demonstration of a very high level of academic ability; sound development of skills*; and achievement of all assessment objectives.
65-74	Credit (C)	Good standard indicating a high level of knowledge and understanding of the relevant materials; demonstration of a high level of academic achievement; reasonable development of skills*; and achievement of all learning outcomes.

50-64	Pass (P)	Satisfactory standard indicating an adequate knowledge and understanding of the relevant materials; demonstration of an adequate level of academic achievement; satisfactory development of skills*; and achievement of all learning outcomes.
0-49	Fail (FF)	Failure to satisfactorily achieve learning outcomes. If all compulsory course components are not completed the mark will be zero. A fail grade may also be awarded following disciplinary action.

*Skills are those identified for the purposes of assessment task(s).

Communication Methods

Communication methods used in this course include:

- Canvas Course Site: Students will receive communications via the posting of content or announcements on the Canvas course site.

Course Evaluation

Each year feedback is sought from students and other stakeholders about the courses offered in the University for the purposes of identifying areas of excellence and potential improvement.

Oral Interviews (Vivas)

As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

Academic Misconduct

All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

Adverse Circumstances

The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item, and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:

<https://policies.newcastle.edu.au/document/view-current.php?id=236>

Reasonable Adjustment Plan (RAP)

If you are registered with Accessibility and have been provided with a Reasonable Adjustment Plan (RAP), please ensure that you provide your Course Coordinator with a copy as soon you can or let your Course Coordinator know that you are still waiting for your RAP.

Important Policy Information

The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at

<https://www.newcastle.edu.au/current-students/no-room-for/policies-and-procedures> that support a safe and respectful environment at the University.

This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified, and an amended course outline will be provided in the same manner as the original.

