

## NUDI4233 Professional Practice in Nutrition and Dietetics 1

Callaghan  
2023



THE UNIVERSITY OF  
NEWCASTLE  
AUSTRALIA

## OVERVIEW

**Course Description** NUDI4233 comprises professional practice in the community and food service settings across the year. Students attend professional practice placement in groups of 2 - 4 to develop competence in the Community and Public Health and Food Service settings. This course consists of 5 weeks of Community and Public Health Nutrition Placement and 4 weeks of Food Service Placement. Additionally, there is a transition to practice workshop, reflections and future directions workshop, as well as online sessions throughout the year. Student attendance at the workshops is compulsory.

**Review of Progress Requirements** This course is a compulsory program requirement for students in the following program(s):

- Bachelor of Nutrition and Dietetics (Honours)

In addition to meeting the University's overall requirements for academic progression, students enrolled in these program(s) must satisfactorily complete this course in order to progress in their program.

**Requisites** This course is only available to students enrolled in the B Nutrition & Dietetics (Honours) program who have successfully completed all first, second and third year courses in this program.

**Contact Hours** **Callaghan Professional Practice\***  
*Community/Public Health Nutrition Placement\**  
Face to Face, Off Campus  
40 hours per Week for 5 Weeks  
Placement could occur anytime across the year

*Food Service Placement\**  
Face to Face, Off Campus  
40 hours per Week for 4 Weeks  
Placement could occur anytime across the year

**Workshop\***  
Face to Face, On Campus  
2 Days for 1 Week (July) & 1 Day for 1 Week (November)  
Reflections and Future Directions held in July & November  
*\*The Transitioning to Practice Workshop is listed in the NUDI4245 course outline*

**Online Activity**  
Online  
1 hour per Day for 1 Week  
Online session

\* This contact type has a compulsory requirement.

# COURSE OUTLINE

[www.newcastle.edu.au](http://www.newcastle.edu.au)

CRICOS Provider 00109J

<b>Unit Weighting</b>	10
<b>Workload</b>	Students are required to spend, on average, 120-140 hours of effort (contact and non-contact), including assessments per 10-unit course.
<b>Multi-Term Sequence Advice</b>	This course is part of a multi-term sequence. Both Part A and Part B must be completed to meet the requirements of the sequence. Part A and Part B must be completed in consecutive terms. Students must complete Part A before completing Part B. Students must complete the sequence within a twelve-month period. If students complete Part A but are unable to complete Part B within the timeframe, they must re-enrol in Part A. Part A cannot be completed as a standalone course. It will only count towards your program once you have successfully completed Part B.

## CONTACTS

<b>Course Coordinator</b>	Mrs Kelly Squires Placement Coordinator <a href="mailto:Kelly.Squires@newcastle.edu.au">Kelly.Squires@newcastle.edu.au</a> 02 49854012
<b>Teaching Staff</b>	Dr Rebecca Collins Telehealth Clinic Academic <a href="mailto:NDclinic@newcastle.edu.au">NDclinic@newcastle.edu.au</a>  Lyn Mastello Placement Experience Officer <a href="mailto:CHMW-AlliedHealthPlacements@newcastle.edu.au">CHMW-AlliedHealthPlacements@newcastle.edu.au</a>
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## SYLLABUS

<b>Course Content</b>	<ol style="list-style-type: none"><li>1. Application of nutrition and dietetic knowledge in community and public health nutrition and food service management practice.</li><li>2. Setting personal goals for learning experiences.</li><li>3. Reflecting on learning experiences.</li><li>4. Written communication and documentation in the form of project reports.</li><li>5. Teamwork and multidisciplinary collaboration.</li><li>6. Application of group education principles.</li></ol>
<b>Course Learning Outcomes</b>	<p><b>On successful completion of this course, students will have:</b></p> <ol style="list-style-type: none"><li>1. Knowledge sufficient to support safe practice per the DA National Competency Standards for Dietitians as they apply to the community and public health nutrition setting.</li><li>2. Knowledge sufficient to support safe practice per the DA National Competency Standards for Dietitians as they apply to the food service setting.</li><li>3. Competence in the collection, organisation and assessment of data relating to the health and nutritional status of groups or populations per the DA National Competency Standards for Dietitians.</li><li>4. Competence in the management of projects and programs for groups or populations per the DA National Competency Standards for Dietitians.</li><li>5. An organised, planned, professional and ethical approach to work per the DA National Competency Standards for Dietitians.</li></ol>

# COMPULSORY REQUIREMENTS

In order to pass this course, each student must complete ALL of the following compulsory requirements:

## Course Assessment Requirements:

- Assessment 1 – Professional Practice Portfolio: Pass Requirement - Students must pass this assessment item to pass the course.
- Assessment 2 – Reflective Tasks: Pass Requirement - Students must pass this assessment item to pass the course.
- Assessment 3 – Selection Criteria Task: Pass Requirement - Students must pass this assessment item to pass the course.

## Pre-Placement Requirements:

- NSW Health Verification Requirements - Mandatory NSW Health Verification Requirements must be met.

# ASSESSMENTS

This course has three (3) assessments. Each assessment is described in more detail in the sections below.

	Assessment Name	Due Date	Involvement	Weighting	Learning Outcomes
1	Professional Practice Portfolio*	As per the due dates outlined below	Individual	20%	1, 2, 3, 4
2	Reflective Practice Tasks* MNT Midway Final CPHN FS	One week after completing the first five weeks of MNT placement  One week after completing MNT placement  One week after completing CPHN placement  One week after completing FS placement	Individual	40%	1, 2, 3, 4
3	Selection Criteria Task*	October 20 <sup>th</sup> (or two weeks after completion of <b>final professional practice placement</b> if placement ends after this date)	Individual	40%	1, 2, 3, 4

\* This assessment has a compulsory requirement.

## Late Submissions

The mark for an assessment item submitted after the designated time on the due date, without an approved extension of time, will be reduced by 10% of the possible maximum mark for that assessment item for each day or part day that the assessment item is late. Note: this applies equally to week and weekend days.

## Assessment 1 - Professional Practice Portfolio

### Assessment Type Description

#### Portfolio

Students are to develop a Professional Practice Portfolio across the year of placement. It is the responsibility of the student to collate this document and to ensure that each of the components is submitted as outlined. The Portfolio must be deemed a pass to pass the placement courses. To complete the portfolio, the following documents are to be submitted. These items have been carefully selected to demonstrate that they meet the National Competency Standards for Dietitians.

Item	Due Date
Evidence of professional practice against National Competency Standards <ul style="list-style-type: none"> <li>CPHN</li> <li>FS</li> <li>MNT</li> </ul>	Within one week of completion of the relevant placement
CPHN Written Task	5 pm on the final day of CPHN placement
FS Written Task	5 pm on the final day of FS placement
2 x MNT Case Studies (Simple & Complex)	5 pm on the final day of MNT placement
Evidence of completion of SBS Inclusion Modules	October 20 <sup>th</sup> (or two weeks after completion of final professional practice placement if placement ends after this date)
CPD Log (maximum 20 hours)	October 20 <sup>th</sup> (or two weeks after completion of final professional practice placement if placement ends after this date)
Volunteering Log (maximum 20 hours)	October 20 <sup>th</sup> (or two weeks after completion of final professional practice placement if placement ends after this date)
Mentoring Agreement	October 20 <sup>th</sup> (or two weeks after completion of final professional practice placement if placement ends after this date)
Assessment of Professional Practice & Assessment of CPHN/FS/MNT Practice forms are also included in the portfolio but are to be submitted to the Placement Coordinator by the Placement Supervisor.	

### Weighting

20% of the final grade.

### Compulsory Requirements

Pass Requirement - Students must pass this assessment item to pass the course.

### Due Date

Varied due dates as outlined above

### Submission Method

Via the links in Canvas

### Assessment Criteria

This task will be assessed as evidence to support competence in line with the National Competency Standards for Dietitians in Australia. Marks will be allocated for:

1. Quality of tasks as indicated by supervisors
2. Completeness of Portfolio
3. Timeliness of submission

### Return Method

Online

### Feedback Provided

Online

### Opportunity to

Students WILL be given the opportunity to reattempt this assessment.

### Reattempt

This assessment item is related to meeting the DA National Competency Standards for Dietitians, and these are assessed on-site during the placement.

## Assessment 2 - Reflective Practice Tasks

### Assessment Type Description

#### Written Assignment

Students will complete two (2) goal-setting and guided reflective tasks for their MNT placement, one (1) for CPHN placement and one (1) for FS placement. The purpose of the task is for students to demonstrate their reflective practice skills. At the conclusion of each placement, the student will review the National Competency Standards for Dietitians in Australia and for this placement and reflect on the following points:

1. A main **Strength** of this placement (giving at least three examples of evidence to support this)
2. A personal **Challenge** experienced during placement (ensure this relates to this

	placement and aligns with at least one of the DA competency standards)
	3. A <b>SMART Goal</b> related to this Challenge that will assist in your future dietetics career (linking to aspects that can be improved on moving into the next placement or goals for entry to the APD program).
	4. Three <b>Strategies</b> that can be employed to assist in meeting this goal (these need to be practical and relevant to the personal challenge and subsequent goal and could link to future CPD activities).
<b>Weighting</b>	40% of the final grade.
<b>Compulsory Requirements</b>	Pass Requirement - Students must pass this assessment item to pass the course.
<b>Due Date</b>	MNT - Within one week of completing the first 5 weeks of MNT placement and within one week of completing MNT placement CPHN & FS – Within one week of completing the relevant placement
<b>Submission Method</b>	Via the links in Canvas
<b>Assessment Criteria</b>	Students will be assessed on their ability to reflect on their Strengths and Challenges on placement and develop these into goals and strategies to help develop their future careers. A marking rubric will be made available on the Canvas site.
<b>Return Method</b>	Online
<b>Feedback Provided</b>	Online
<b>Opportunity to Reattempt</b>	Students WILL be given the opportunity to reattempt this assessment.

## Assessment 3 – Selection Criteria Task

<b>Assessment Type</b>	Professional Task
<b>Description</b>	The Selection Criteria task has been developed to help students to demonstrate their evidence of competency and develop a useful document to assist them in future job applications. The student is expected to respond to a series of Selection Criteria relating to a Dietitian role. In responding to each of the selection criteria, students are to draw on knowledge from their studies, in addition to personal skills and attributes, their professional placements and volunteering experiences. The Careers Service and Placement Coordinator will deliver sessions throughout the year to assist students in completing this assessment.
<b>Weighting</b>	40% of the final grade.
<b>Compulsory Requirements</b>	Pass Requirement - Students must pass this assessment item to pass the course.
<b>Due Date</b>	<b>October 20<sup>th</sup></b> (or two weeks after completion of <b>final professional practice placement</b> if placement ends after this date)
<b>Submission Method</b>	Via the links in Canvas
<b>Assessment Criteria</b>	This task will be assessed as if it were a real job application. A high-quality submission will be clear and concise with good spelling, grammar, and sentence structure. It will show a sound understanding of the role of a dietitian, include relevant examples of how the selection criteria are met from placement/university studies and demonstrated overall suitability for the role. A marking rubric will be made available on the Canvas site.
<b>Return Method</b>	Online
<b>Feedback Provided</b>	Online
<b>Opportunity to Reattempt</b>	Students WILL be given the opportunity to reattempt this assessment.

## ADDITIONAL INFORMATION

<b>Grading Scheme</b>	This is a multi-term sequence course. At the conclusion of Semester 1, a N/A grade will be allocated. A grade will be awarded at the completion of the course at the end of Semester 2.
<b>Communication Methods</b>	Canvas will be the main communication method used in this course. Students can also discuss issues with the Placement Coordinator via email or phone as needed.
<b>Course Evaluation</b>	Each year feedback is sought from students and other stakeholders about the courses offered at the University for the purposes of identifying areas of excellence and potential improvement. As a result of feedback, marking rubrics have been developed for assessments two and three.
<b>Oral Interviews (Vivas)</b>	As part of the evaluation process of any assessment item in this course an oral examination (viva) may be conducted. The purpose of the oral examination is to verify the authorship of the

material submitted in response to the assessment task. The oral examination will be conducted in accordance with the principles set out in the [Oral Examination \(viva\) Procedure](#). In cases where the oral examination reveals the assessment item may not be the student's own work the case will be dealt with under the [Student Conduct Rule](#).

**Academic Misconduct** All students are required to meet the academic integrity standards of the University. These standards reinforce the importance of integrity and honesty in an academic environment. Academic Integrity policies apply to all students of the University in all modes of study and in all locations. For the Student Academic Integrity Policy, refer to <https://policies.newcastle.edu.au/document/view-current.php?id=35>.

**Adverse Circumstances** The University acknowledges the right of students to seek consideration for the impact of allowable adverse circumstances that may affect their performance in assessment item(s). Applications for special consideration due to adverse circumstances will be made using the online Adverse Circumstances system where:

1. the assessment item is a major assessment item; or
2. the assessment item is a minor assessment item and the Course Co-ordinator has specified in the Course Outline that students may apply the online Adverse Circumstances system;
3. you are requesting a change of placement; or
4. the course has a compulsory attendance requirement.

Before applying you must refer to the Adverse Circumstance Affecting Assessment Items Procedure available at:  
<https://policies.newcastle.edu.au/document/view-current.php?id=236>

**Important Policy Information** The Help button in the Canvas Navigation menu contains helpful information for using the Learning Management System. Students should familiarise themselves with the policies and procedures at <https://www.newcastle.edu.au/current-students/no-room-for/policies-and-procedures> that support a safe and respectful environment at the University.

*This course outline was approved by the Head of School. No alteration of this course outline is permitted without Head of School approval. If a change is approved, students will be notified and an amended course outline will be provided in the same manner as the original.*

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