



UNIVERSITY OF
NEWCASTLE

BREAKING CYCLES OF YOUTH VIOLENCE

Preventive Intervention for Violence Through Storytelling and Connection

The Name.Narrate.Navigate (NNN) program works with young people aged 10-18 who use and experience violence. Through a hands-on interactive program delivered in different styles across different settings, we help break cycles of justice involvement by building skills in self-awareness, self-regulation, and healthy connections with others. Our approach creates safe spaces where young people feel heard, valued, and empowered to change their narratives.

WHAT WE OFFER

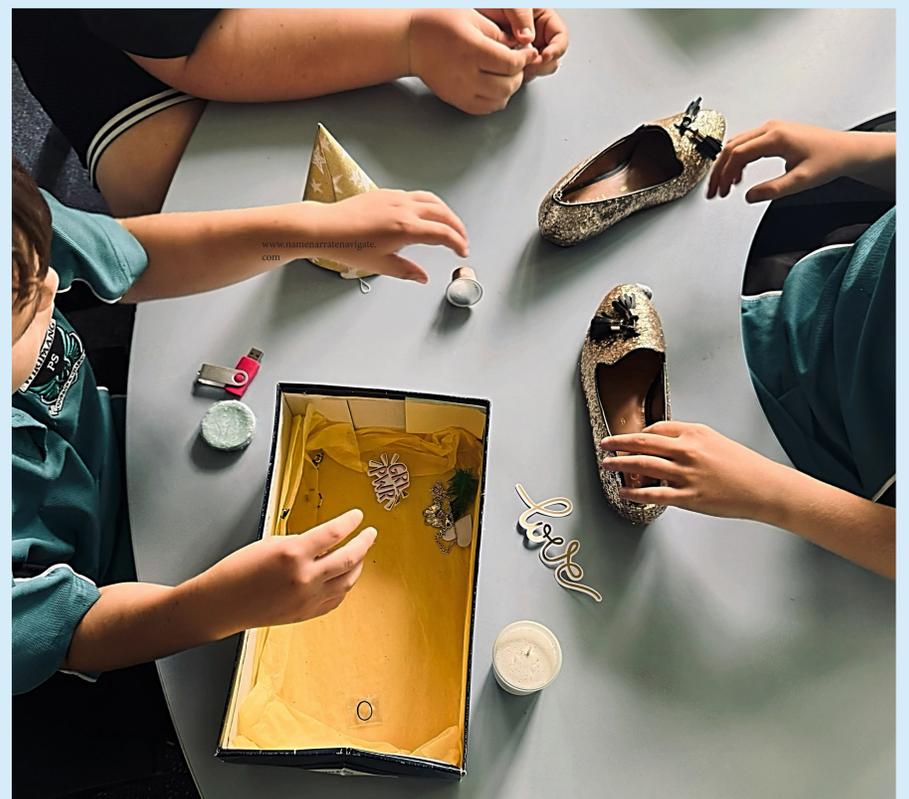
- **Program for young people:** Delivered in group work, individual and drop-in models, in counselling, health, education, community and custodial settings
- **Practitioner Training:** Comprehensive hands-on training for cross-sector workers
- **Practice Tools:** Now.See.Hear! visual conversation tool, The Person-Centred Ideas and Experiences Evaluation (The PIE), Postcards to Safety consultation model and textbook: "Working with Youth Violence: The Name.Narrate.Navigate program"
- **Ongoing Support:** Professional development, national community of practice and mentoring for practitioners post-training

PROVEN IMPACT

- **Young People Engaged:** 500+ across community, custodial and school settings
- **Practitioners Trained:** 2,500+ workers across justice, education, child protection, health, and human services
- **Geographic Reach:** Programs delivered across NSW, VIC, WA and NT
- **Program Outcomes:** 90% of young people report feeling seen, heard, and safe
- **Long-term Change:** Graduates re-engage with education, improve relationships, and reduce offending
- **Cultural Responsiveness:** 40%+ Aboriginal and Torres Strait Islander participation with culturally responsive practices

BRIDGING THE GAP

NNN bridges the critical gap in accessible youth violence intervention across regional, rural, and remote Australia. Incorporating the value of Aboriginal knowledges and practices for all young people, the program brings evidence-based, trauma-informed, and culturally responsive approaches directly to communities where these resources are most needed.



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