

E-MENTAL HEALTH CONFERENCE NEWCASTLE, 2016



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

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E-Mental Health International Conference 2016 Final Program

17 Nov 2016

Time	Program	Speakers	Moderator
	Caves Lecture Theatre		
9:00	Opening	Welcome to Country Welcoming Professor John Aitken Professor Professor Brian Kelly Professor Michael Nilsson Opening address Ms Sharon Claydon MP Federal Member of Newcastle	Sally Chan Frances Kay- Lambkin
9:30	Keynote address/HMRI SEMINAR Biomedical Innovations for Global Health Research and Technology (BIGHEART)	Professor Luke Lee (National University of Singapore)	Michael Nilsson
10:30	Morning Tea	Haggerty Space	
	Caves Lecture Theatre		
11:00	Panel 1 A multi-pronged e-health approach to the prevention of mental health and substance use	Louise Mewton, Brad Shaw, Siobhan Lawler, Mary-Ellen Brierley	Frances Kay- Lambkin
12:30	Lunch	Haggerty Space	
13:00	Lunch seminar The clinical and research application of optical topography - discovery of diagnostic signatures in psychiatric patients in Singapore	Roger Ho	Alan Brichta
14:00	Round Table Discussion 1 Trans-Pacific e-Mental Wellness Synergy: the Vancouver- Guangzhou	Kendall Ho, J Li, G Robertson.	Kendall Ho
15:00	Break	<u>Haggerty Space</u>	

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	Caves Lecture Theatre	Cameron Room	
15:30-16:45	<p>Concurrent session 1: Integration of e-health in contemporary healthcare Moderator: Roger Ho</p> <p>The integration of is/it tools into treatments of ADHD adults <u>Bader Binhadyan</u>, Bill Davey, Nilmini Wickramasinghe</p> <p>Wearable and smart phone technology for predicting relapse in bipolar disorder <u>Tanya L Hanstock</u>, Frances Kay-Lambkin, Simon Dennis, Rachel Heath, Madeleine Drew, Nicole Carter, Catherine King</p> <p>The feasibility and effects of using eHealth and mHealth interventions on improving physical activity and mental well-being among people with mental illness: A systematic review <u>Ho Yu Cheng</u>, Sek Ying Chair, Eliza Mi Ling Wong</p> <p>EEG-based feature index of selective visual attention: An opportunity to develop neurofeedback system <u>Sweeti</u>, Sneh Anand, B.K. Panigrahi</p> <p>Development, validation and evaluation of a web-based system to optimize outcomes for mood and anxiety disorders: Psynary. <u>Richard Tranter</u>^{1 2 3}, <u>Andrew Kissane</u>^{4 5}, <u>James Hughes</u>⁶</p> <p>The impact of e-mental health services on Saudi women well-being <u>Yamam Abuzinadah</u>, (Presented by Bader Binhadyan)</p>	<p>Concurrent session 2: E-health development and evaluation Moderator: Melvyn Zhang</p> <p>Developing a “Postnatal Psychoeducational” smartphone application for first time mothers <u>Shanna Fealy</u>, <u>Donovan Jones</u>, Lyn Ebert, Eileen Dowse, Olivia Wynne, Melvyn Zhang, Roger Ho, Sally Chan</p> <p>Effectiveness of breast cancer e-Support for women with breast cancer undergoing chemotherapy: A randomized controlled trial Jiemin Zhu, Lyn Ebert, <u>Sally Chan</u></p> <p>The unexpected strengths and challenges of online social networks for mental health and substance use problems: Lessons from iTreAD <u>Sally Hunt</u>, Frances Kay-Lambkin, Jenny Geddes</p> <p>A psycho-educational intervention for family caregivers of patients with dementia using a mobile application: A pilot randomized controlled trial Chunxiang Xiao; Yeow Leng Chow, <u>Sally Chan</u></p> <p>Development and preliminary evaluation of MindHealthBC: an online hub promoting access to information and services for mental health and substance use Jan Kozicky, Jennifer Cordeiro, Christopher Yao, Helen Novak-Lauscher, Kendall Ho, Lakshmi Yatham</p>	
18:30	Conference dinner	Newcastle Museum Performance: Under-construction Choir	Sally Chan Frances Kay-Lambkin

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Time	Program	Speakers	Moderator
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9:00	Panel 2 Global development in e-mental health HNE Telehealth benefiting patients and clinicians Sensors and Wearables for Chronic Disease Management: Opportunities and Considerations The App Generation and e-Brief Integrative Personal Therapy E-mental health: rural and integrated Digital mental health: A revolution in service models and practice	Ashley Young, Jenny Rutherford (HNELHD, Newcastle, Australia) Kendall Ho (University of British Columbia, Canada) EH Kua (National University of Singapore) David Perkins (CRRMH, University of Newcastle, Australia) David Kavanagh (eMHPrac, Australia)	Brian Kelly
10:30	Break	Haggerty Space	
	Caves Lecture Theatre		
11:00	Panel 3 e-health interventions in the workplace	Frances Kay-Lambkin, Trent Watson, John Shepherd, Myles Young	Kichu Nair
12:30	Lunch	Haggerty Space	
	Caves Lecture Theatre		
13:30	Panel 4 Treatment and translation: Using e-Health to overcome barriers, deliver, and facilitate access to treatment for co-occurring mental health and substance use disorders	Louise Thornton, Sally Hunt, Frances Kay-Lambkin, Christina Marel	David Perkins
14:30	Break	Haggerty Space	
15:00	Round Table Discussion 2 Hope, resilience and mental health of people with chronic illnesses - International consortia in mental and physical health	Kerry Inder, Sally Chan, Kendall Ho, Roger Ho, Melvyn Zhang	Sally Chan
16:00	Closing remarks	Alan Brichta /Brian Kelly	Sally Chan Frances Kay-Lambkin

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