



# Assistance in a life-threatening emergency



## WHAT TO DO:

- Firstly call emergency services (Police, Ambulance, Fire) on **000**. Then call the Safety and Security Services team.
- Security will liaise with emergency services and ensure that the relevant services reach you wherever you are on campus.
- If the emergency is not life-threatening, call Security first and they will advise you on what to do.

### PHONE NUMBER FOR SECURITY ON MY CAMPUS (ADD THE RELEVANT NUMBERS TO YOUR MOBILE)

**CALLAGHAN:** (02) 4921 5888

**OURIMBAH:** (02) 4348 4222

**NEWCASTLE CITY:** (02) 4921 7962

**SYDNEY:** (02) 8262 6488

# When you want advice

(but nobody is in immediate danger)

## **WITHIN WORKING HOURS**

Between 9am – 5pm Monday to Friday

### **Counselling and Psychological Services**

**call:** 4921 6622 or

**email:** [counselling@newcastle.edu.au](mailto:counselling@newcastle.edu.au)

### **Campus Care**

If behaviour is threatening, concerning or inappropriate.

**call:** 4921 8600 or

**email:** [campuscare@newcastle.edu.au](mailto:campuscare@newcastle.edu.au)



You can also complete an online reporting form:  
[newcastle.edu.au/campuscare](http://newcastle.edu.au/campuscare)  
or scan this QR code

## **OUTSIDE WORKING HOURS**

Between 5pm – 9am Monday to Friday,

24 hours Saturday and Sunday

24 hours on public holidays (and at other times when the University is closed).

### **UON After Hours Crisis Support Line**

**call:** 1300 653 007 or

**text:** 0488 884 165

## **OTHER ADVICE: MENTAL HEALTH SUPPORT LINES**

24 hours, Free advice

**Mental Health Access Line:** 1800 011 511

**Lifeline:** 13 11 14

**Kids Helpline:** (under 25 year olds) 1800 55 1800