

STUDY AREA

# NURSING AND MIDWIFERY



THE UNIVERSITY OF  
**NEWCASTLE**  
AUSTRALIA



## **ELYSSE** **CHANGES LIVES**

For Bachelor of Midwifery alumnus Elysse, making a lasting impact means providing the best care possible to mothers as they welcome new lives into the world. Now, as part of her PhD studies, Elysse is seeking to improve standards of midwifery care by addressing the gap that often exists between research and the experiences mothers have. Through her research, Elysse has uncovered evidence that a significant number of women have limited healthcare options during pregnancy and birthing. This is something she is striving to change. Combining her research with her experience working as a midwife, Elysse hopes to implement evidence-based practice to elevate standards of care across all midwifery units.

### **Elysse**

PhD in Midwifery

Bachelor of Midwifery (Honours Class 1)  
and University Medal, 2016



# NURSING AND MIDWIFERY

Promoting optimal health outcomes from pre-conception through to end of life care, nurses and midwives support people and their families to achieve and maintain the best health outcomes at any stage of life. Nurses and midwives provide preventative health care in community and home settings through to life-saving treatments in hospitals all over Australia. If you are ready to make a real difference to the health and wellbeing of our communities, this is the career for you.

 [newcastle.edu.au/study/health-and-medical-services](http://newcastle.edu.au/study/health-and-medical-services)

## ERA 5

Well above world standard for Nursing research<sup>1</sup>

### DEGREE OPTIONS

Bachelor of Midwifery  
Bachelor of Nursing

## 98%

employment rate for Midwifery students after four months of graduation<sup>2</sup>

## 93.6%

employment rate for Nursing students after four months of graduation<sup>2</sup>

## RANKED 38TH

in the world for Nursing<sup>3</sup>

### OUR ACCREDITING BODIES



<sup>1</sup> Excellence in Research 2018  
<sup>2</sup> Quality Indicators for Learning and Teaching 2018  
<sup>3</sup> QS World University Rankings by Subject 2020

# YOUR JOURNEY STARTS HERE

## LIFESTYLE

Our coastline is world famous. Enjoying downtime at one of Newcastle's pristine beaches and three coastal baths is made easy with long stretches of uncrowded sand, accessible public transport, and plenty of free parking. A creative hub, Newcastle is home to the bright ideas of countless innovators and entrepreneurs. Enjoy all that Newcastle has to offer – a dynamic art and music scene, chilled-out cafes, eclectic markets, microbreweries and small bars. The people are friendly, the beaches are picture perfect and the coffee culture is taken seriously.

## CAMPUS LIFE

On campus, you have access to a wide range of cafes, food outlets and bars. The University is also home to over 150 clubs, societies and social groups – giving you the chance to regularly participate in fun activities.

Great health and fitness facilities await you at The Forum University (Callaghan) and Harbourside (Newcastle City). You'll find a 50m indoor heated swimming pool, fitness classes, state-of-the-art equipment, indoor courts and casual or structured social sport competitions all year. No matter which campus you study at, there's always something happening during the semester. There are plenty of events from Orientation Party to festivals and local gigs. You could attend study workshops, guest lectures or kick back and enjoy watching a movie by moonlight.

[newcastle.edu.au/uonstudentliving](http://newcastle.edu.au/uonstudentliving)

## ACCOMMODATION

While the thought of moving away from your home town to study might seem daunting, we're here to make this transition as easy as possible. We offer students secure, affordable and comfortable accommodation while studying.

[newcastle.edu.au/accommodation](http://newcastle.edu.au/accommodation)



## FREE PATHWAYS

We're proud to be the largest provider of enabling programs in Australia.

If you don't have the qualifications required for direct entry, you still have the opportunity to access university studies through our pathway programs, regardless of your background or level of previous education. The programs are offered free of charge and upon successful completion, you're guaranteed entry to over 40 undergraduate degrees at the University of Newcastle.

- **Newstep**  
If you didn't complete Year 12, or missed the chance to get the marks needed for university entry, our Newstep program offers the perfect pathway between secondary schooling and university. Study on campus at Newcastle or the Central Coast.
- **Open Foundation**  
If you've never studied at university before and you're considering a degree qualification after time in the workforce or caring for family, or just looking to further your interests, our Open Foundation program can help make this happen.
- **Yapug - Aboriginal and Torres Strait Islander Students**  
Yapug is a pathway program providing Aboriginal and Torres Strait Islander people with skills for entry into undergraduate degrees, including a pathway into Medicine. Start your university experience in a culturally appropriate learning environment, supported by Indigenous peers and staff.

[newcastle.edu.au/enabling](http://newcastle.edu.au/enabling)

## STUDY ABROAD

Are you keen to take your studies around the world?

When you study here, you'll have the chance to travel and get credit for your degree at the same time. There are opportunities for international experiences across every area of study, whether it's an overseas exchange program, study tour or work placement. Discover new cultures, try new food and make friends from all over the world. With more than 100 partner universities across all major continents, it really is the chance of a lifetime.

[newcastle.edu.au/studyoverseas](http://newcastle.edu.au/studyoverseas)

## CAREER-READY GRADUATES

Sometimes it's best to dive straight in. That's why exciting industry experience and Work Integrated Learning is at the core of all our degrees. Our strong partnerships with local and global organisations ensure everything you study is shaped by the real world and you graduate ready for a career in your field. Our Career Services Team are also on hand to help you out with everything from resumes and employment workshops to advice on your career goals.

## SHAPING FUTURES SCHOLARSHIPS

The Shaping Futures Scholarship Fund provides support for students who are most in need – helping them to overcome disadvantage to pursue and maintain their achievements.

Scholarships are offered to academically gifted students facing educational disadvantage such as financial hardship, relocation from a regional or remote area, a long term or recurrent medical condition or illness, carer or sole parenting responsibilities, an asylum seeker recently completing a University of Newcastle enabling program, or a combination of these factors.

## THE MA & MORLEY SCHOLARSHIP PROGRAM

The Ma & Morley Scholarship Program aims to inspire, educate and cultivate the next generation of globally aware and socially conscious Australian leaders – and help them change the world.

The Program was established through a generous \$26 million commitment by Chinese entrepreneur Jack Ma, in honour of his lifelong friendship with respected Newcastle local Ken Morley.

## SCHOLARSHIPS

You might be bursting with new ideas, passion and potential. But without support, attending university can sometimes seem impossible.

The University of Newcastle's scholarship programs have been designed to provide this support and give you the opportunity to develop your talent and explore your potential.

We have over 1,000 individual scholarships on offer including:

- scholarships for academic achievement
- support for individuals facing financial hardship and educational disadvantage
- support for Indigenous students
- opportunities to travel, perform, play sport, relocate, or gain global experience.

Visit the website to find a scholarship that fits for you

[newcastle.edu.au/scholarships](http://newcastle.edu.au/scholarships)

## ABORIGINAL AND TORRES STRAIT ISLANDER SCHOLARSHIPS

The Aboriginal and Torres Strait Islander Scholarships were established through contributions from the University, industry donors, community organisations and the annual Reconciliation Scholarship Dinner Dance. These scholarships provide Australian Aboriginal and Torres Strait Islander students financial support to assist with completing their studies.

[newcastle.edu.au/scholarships](http://newcastle.edu.au/scholarships)

## BETTY JOSEPHINE FYFFE RURAL HEALTH SCHOLARSHIPS

We are committed to delivering quality health and medical education to those in rural and remote communities.

Through the generous bequest of Betty Fyffe, a range of scholarships are available for health students from rural and remote areas.

Visit the website to learn more and to apply.

[newcastle.edu.au/fyffe](http://newcastle.edu.au/fyffe)

# BACHELOR OF MIDWIFERY



[newcastle.edu.au/degrees/bachelor-of-midwifery](https://newcastle.edu.au/degrees/bachelor-of-midwifery)

As a midwife, you will be focused on caring for women, babies and their families during pregnancy, labour, birth and the early infancy period.

You will work with women and families to achieve the best health outcomes for mothers and their babies. Our Bachelor of Midwifery has been developed in partnership with, and supported by, Local Health Districts so that our midwifery students are exposed to real patient cases and mentored by working clinicians.

## 2020 SELECTION RANK

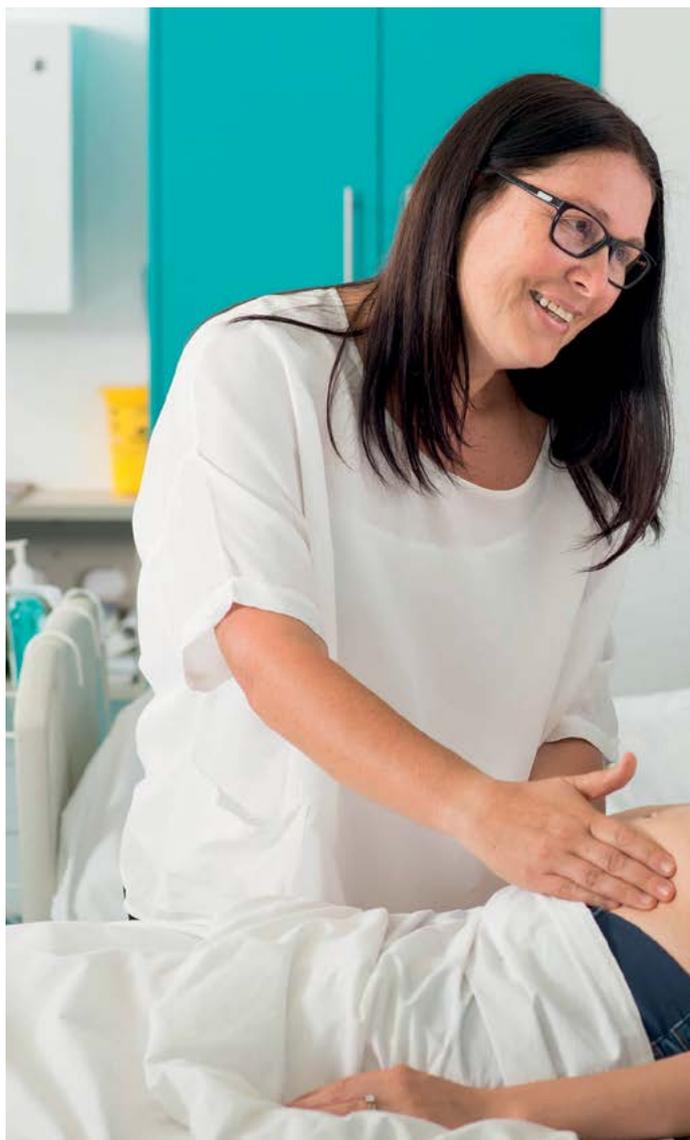
A+C\* | Median N/A

## CAREER EXAMPLES

- Clinical Midwife Educator
- Registered Midwife
- Clinical Midwife Specialist

## PROFESSIONAL RECOGNITION

Graduates are eligible to apply for registration to practice as a midwife with the Nursing and Midwifery Board of Australia under the Australian Health Practitioner Regulation Agency (AHPRA).



## WORK INTEGRATED LEARNING

You have the opportunity to complete a minimum of 1,400 hours of clinical experience in two formats:

- **Clinical placement in a hospital**  
A minimum of 880 hours in an allocated hospital and hands-on experience during the antenatal period, labour and birthing, and the postnatal period.
- **Continuity of care relationships with childbearing women**  
A minimum of 10 relationship-based experiences as the on-call student midwife for expectant mothers.

The remaining 320 hours will be spent in further continuity of care relationships or additional hospital experiences.



## MADDISON'S STORY

For Maddison, midwifery is about more than just facilitating supportive and safe birth experiences. It also means acting as an advocate for women as they navigate this life-changing period of transition.

With a focus on clinical placements, Maddison's degree incorporated valuable hands-on experience and the chance to put theory into practice. Through exposure to women in continuity of care experiences, she was able to increase her confidence and tackle challenges in a genuine clinical setting.

As a young Indigenous woman, Maddison understands the importance of working together with different cultures and communities to deliver the best care possible. She is passionate about collaborating with other Indigenous women to improve antenatal access and birthing outcomes for Indigenous women and babies across Australia. Since graduating from the program, Maddison has been enjoying work as a new graduate registered midwife at the John Hunter Hospital.

### **Maddison**

Bachelor of Midwifery, 2019

A portrait of Professor Amanda Johnson, a woman with short, wavy blonde hair, wearing black-rimmed glasses and a black and white vertically striped button-down shirt. She is smiling and looking slightly to the right of the camera. The background is a soft-focus outdoor setting with green trees.

## INSPIRING THE NEXT GENERATION OF GRADUATES

Professor Amanda Johnson has her sights set on elevating the Nursing and Midwifery School to be the best in Australia.

An experienced academic and researcher, she has contributed to 34 journal articles, edited 10 books and received almost \$1 million in grant funding throughout her career.

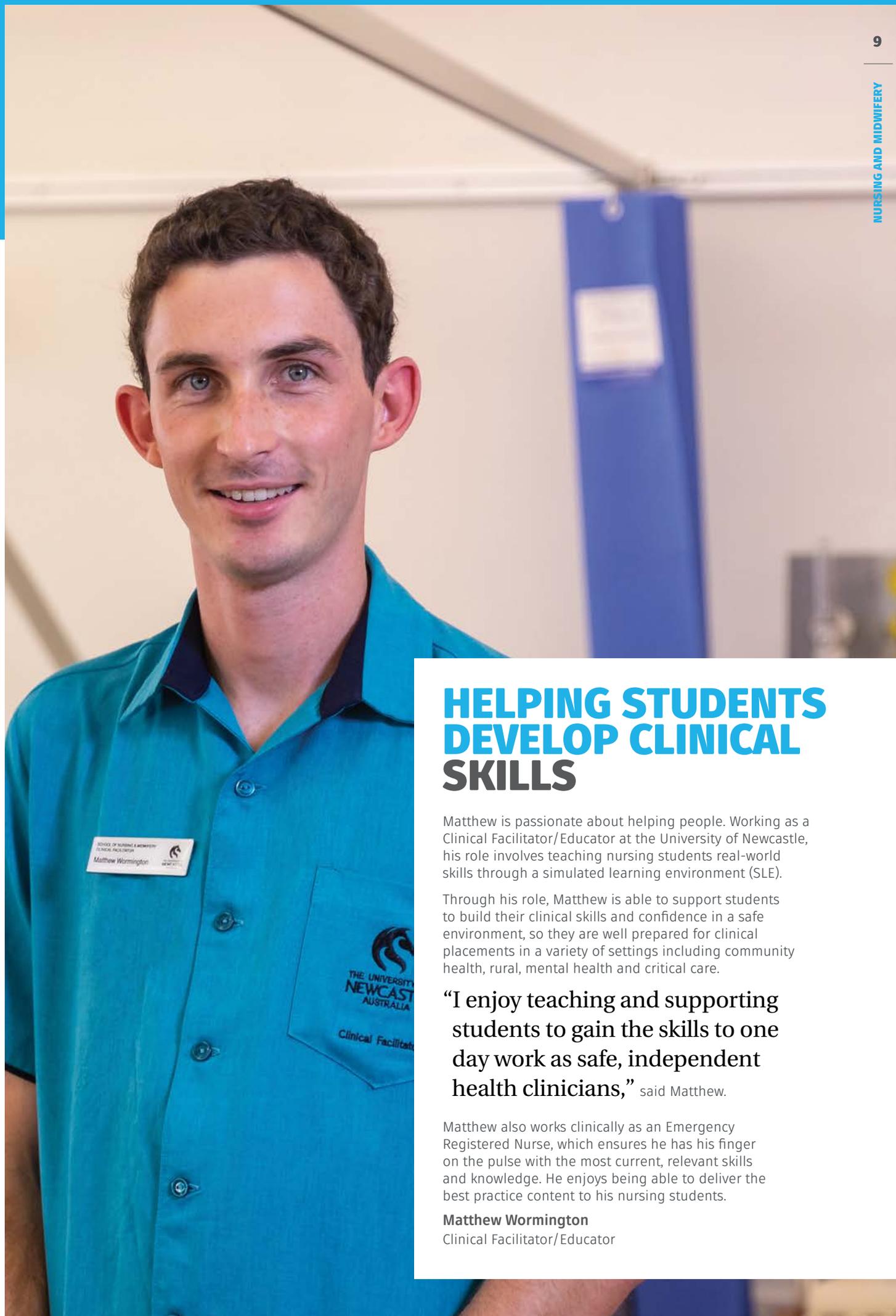
**“I want to see students fulfil their potential as leaders, who in turn, motivate and inspire the next generation,”** Professor Johnson said.

She hopes to create a contemporary learning environment informed by research, in which graduates care for people with empathy, compassion and competence, enabling them to enter their graduate year with confidence.

“We want our graduates to be job-ready, committed to caring for people who are at their most vulnerable, and who aspire to be lifelong learners,” Professor Johnson said.

She is creating strong industry partnerships and ensuring students are engaged every step of the way in their contact with the School.

**Professor Amanda Johnson**  
Head of School  
School of Nursing and Midwifery  
Faculty of Health and Medicine



## HELPING STUDENTS DEVELOP CLINICAL SKILLS

Matthew is passionate about helping people. Working as a Clinical Facilitator/Educator at the University of Newcastle, his role involves teaching nursing students real-world skills through a simulated learning environment (SLE).

Through his role, Matthew is able to support students to build their clinical skills and confidence in a safe environment, so they are well prepared for clinical placements in a variety of settings including community health, rural, mental health and critical care.

**“I enjoy teaching and supporting students to gain the skills to one day work as safe, independent health clinicians,”** said Matthew.

Matthew also works clinically as an Emergency Registered Nurse, which ensures he has his finger on the pulse with the most current, relevant skills and knowledge. He enjoys being able to deliver the best practice content to his nursing students.

**Matthew Wormington**  
Clinical Facilitator/Educator

# BACHELOR OF NURSING



[newcastle.edu.au/degrees/bachelor-of-nursing](https://newcastle.edu.au/degrees/bachelor-of-nursing)

As one of the most trusted professions, nurses make a real difference to the health and wellbeing of the community and are essential within any healthcare system or facility.

Nurses work in fast-paced environments, providing quality health care to individuals, families and communities and are highly employable across Australia and around the world. Whichever direction you choose for your career as a registered nurse, when you study a Bachelor of Nursing, you can be sure that you will be making an important and meaningful contribution to society.

## 2020 SELECTION RANK

### Location

- Newcastle - Callaghan 76.00 | Median 83.30
- Central Coast - Ourimbah 71.40 | Median 75.40

## CAREER EXAMPLES

- Clinical Nurse Specialist
- Clinical Nurse Consultant
- Nurse Educator
- Nurse Manager
- Nurse Practitioner

## PROFESSIONAL RECOGNITION

Nursing graduates are eligible to apply for registration with the Nursing and Midwifery Board of Australia, under the Australian Health Practitioner Regulation Agency (AHPRA).



## WAYS OF TEACHING AND LEARNING

The Bachelor of Nursing mixes face-to-face and online learning with plenty of hands-on experience in simulation laboratories and 800 hours of clinical placements. Be inspired by our enthusiastic and experienced clinical educators and internationally ranked researchers who bring their courses to life and share their love of learning.



## DAVID'S STORY

Understanding the importance of healthcare in a global context is something that David enjoyed exploring during his Bachelor of Nursing studies.

Whilst completing his degree, David had the opportunity to experience a range of professional learning placements, both nationally and internationally. From Tamworth to Tweed Heads, Newcastle to Broken Hill and even a study tour to China, David says his industry experience has given him the opportunity to work with passionate nurses who consistently encouraged him to further his learning and development.

David knows the important role nurses play and how they can have a genuine and lasting effect on the lives of patients. For him, being able to work within different healthcare environments has taught him how to tailor the care he provides based on the patient's needs.

Since graduating, David has accepted a position at Tamworth Hospital in the Transition to Professional Practice program, where he will be working within the Perioperative Unit. This is an exciting step forward in David's career, and an opportunity to return to a regional area where he once completed placement to share his skills and knowledge with the local community.

### David

Bachelor of Nursing, 2019

# RELATED DEGREES

You may also be interested in a degree from the Health and Medical Services study area. With Australia's ageing population and increasing rates of chronic disease, combined with a growing awareness of the benefits of a healthy lifestyle, there is strong demand for a range of health and medical graduates.



For further information on degrees within the **Health and Medical Services** study area visit [newcastle.edu.au/study/health-and-medical-services](https://newcastle.edu.au/study/health-and-medical-services)



## CONNECT WITH OUR GLOBAL ALUMNI NETWORK

#UONalumni

Spanning 144 countries, the University of Newcastle's global alumni network is making a positive difference to the world.

This diverse group of global professionals provides invaluable support for our students by sharing their time and expertise. Whether it's through a mentoring program, industry experience or attending a networking event, you'll be inspired and empowered by those who have blazed the trail before you. And, when you graduate, you'll be in good company. You will join this outstanding group of over 148,000 alumni around the world. Because wherever you are, whatever you're doing, you are always part of our global alumni community.

[newcastle.edu.au/alumni](https://newcastle.edu.au/alumni)

**IF YOU'RE READY TO CHASE YOUR DREAMS AND THRIVE, NOW IS THE TIME.**

For full information and to find out how to apply, visit [newcastle.edu.au/study](https://newcastle.edu.au/study)

