

STUDY AREA

NURSING AND MIDWIFERY



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA



ELYSSE CHANGES LIVES

For Bachelor of Midwifery alumnus Elysse, making a lasting impact means providing the best care possible to mothers as they welcome new lives into the world. Now, as part of her PhD studies, Elysse is seeking to improve standards of midwifery care by addressing the gap that often exists between research and the experiences mothers have. Through her research, Elysse has uncovered evidence that a significant number of women have limited healthcare options during pregnancy and birthing. This is something she is striving to change. Combining her research with her experience working as a midwife, Elysse hopes to implement evidence-based practice to elevate standards of care across all midwifery units.

Elysse

PhD in Midwifery

Bachelor of Midwifery (Honours Class 1)
and University Medal, 2016



NURSING AND MIDWIFERY

Promoting optimal health outcomes from pre-conception through to end of life care, nurses and midwives support people and their families to achieve and or maintain the best health outcomes at any stage of life. Nurses and midwives provide preventative health care in community and home settings through to life-saving treatments in hospitals all over Australia. If you are ready to make a real difference to the health and wellbeing of our communities, this is the career for you.

 newcastle.edu.au/study/health-and-medical-services

ERA 5

Well above world standard for Nursing research¹

94.3%

employment rate for Nursing students after four months of graduation²

RANKED 47TH

in the world for Nursing³

DEGREE OPTIONS

Bachelor of Midwifery
Bachelor of Nursing

OUR ACCREDITING BODIES



ANMAC Accreditation

¹ Excellence in Research 2018

² Quality Indicators for Learning and Teaching 2018

³ QS World University Rankings by Subject 2019

YOUR JOURNEY STARTS HERE

YOUR PATHWAYS

We're proud to be the largest provider of enabling programs in Australia.

If you don't have the qualifications required for direct entry, you can still have the opportunity to access university studies, regardless of your background or level of previous education, through our pathway programs. The programs are offered free of charge and upon successful completion, you're guaranteed entry to selected undergraduate degrees at the University of Newcastle.

- **Newstep**
If you were unable to complete Year 12 or missed the chance to get the marks needed for university entry, our Newstep program offers another pathway for you.
- **Open Foundation**
If you are seeking a new career direction, considering attending university after time in the workforce or looking to further pursue your interests, our Open Foundation program can help make this happen. Study online, part-time or full-time.
- **Yapug - Aboriginal and/or Torres Strait Islander Students**
Yapug is a pathway program designed to help Aboriginal and/or Torres Strait Islander people gain skills for entry into undergraduate degrees.

newcastle.edu.au/enabling

YEAR 12 SUBJECT SPOTLIGHT EARLY ENTRY PROGRAM

We believe that your ATAR doesn't define who you are – it is your unique passions, abilities and ambitions that matter. Our Year 12 Subject Spotlight program rewards you with an early offer for your hard work and strong results in individual subjects related to your degree. So, you can take some of the stress out of your final school exams, knowing your ATAR isn't all that matters. There is no separate application for the program – simply apply through UAC to qualify.

You can find more information on subjects aligned to specific degrees online.

newcastle.edu.au/subject-spotlight

LIFESTYLE

Our coastline is world famous. Enjoying downtime at one of Newcastle's pristine beaches and three coastal baths is made easy with long stretches of uncrowded sand, accessible public transport, and plenty of free parking. A creative hub, Newcastle is home to the bright ideas of countless innovators and entrepreneurs. Enjoy all that Newcastle has to offer – a dynamic art and music scene, chilled-out cafes, eclectic markets, micro-breweries and small bars. The people are friendly, the beaches are picture perfect and the coffee culture is taken seriously.

CAMPUS LIFE

On campus, you have access to a wide range of cafes, food outlets and bars. The University is also home to over 150 clubs, societies and social groups – giving you the chance to regularly participate in fun activities.

Callaghan has an on-campus gym – The Forum – which also features a secondary location just 500 metres from NeW Space. Facilities across both sites include a 50-metre indoor pool, cardio and strength training zones, rock climbing wall, cycle zone, group fitness classes and multi-purpose courts.

The new covered outdoor recreation area (CORA) at the Central Coast campus provides a great place for students to be active, social and engaged all year round.

newcastle.edu.au/uonstudentliving

ACCOMMODATION

While the thought of moving away from your home town to study might seem daunting, we're here to make this transition as easy as possible. We offer students secure, affordable and comfortable accommodation while studying.

newcastle.edu.au/accommodation

STUDY ABROAD

Are you keen to take your studies around the world?

When you study here, you'll have the chance to travel and get credit for your degree at the same time. There are opportunities for international experiences across every area of study, whether it's an overseas exchange program, study tour or work placement. Discover new cultures, try new food, and make friends from all over the world. With more than 100 partner universities spanning all major continents, it really is the chance of a lifetime.

newcastle.edu.au/studyoverseas

GRADUATE WORK READY

Sometimes it's best to dive straight in. That's why exciting industry experience and work-integrated learning is at the core of all our degrees. Our strong partnerships with local and global organisations ensure everything you study is shaped by the real world and you graduate ready for a career in your field. Our Career Services Team are also on hand to help you out with everything from resumes and employment workshops to advice on your career goals.

SHAPING FUTURES SCHOLARSHIPS

The Shaping Futures Scholarship Fund provides support for students who are most in need – helping them to overcome disadvantage to pursue and maintain their achievements.

Scholarships are offered to academically gifted students facing educational disadvantage such as financial hardship, relocation from a regional or remote area, a long term or recurrent medical condition or illness, carer or sole parenting responsibilities, an asylum seeker recently completing a University of Newcastle enabling program, or a combination of these factors.

SCHOLARSHIPS

Our University is home to many talented, enthusiastic and diverse students – just like you – and providing equity of access to higher education is fundamental to who we are. It doesn't matter what your background is or what your circumstances are, we want to give everyone the chance to go to, and thrive, at university.

Our scholarship programs provide:

- scholarships for academic achievement
- support for individuals with financial hardship and educational disadvantage
- support for Indigenous students
- opportunities to travel, perform, play sport, relocate, or gain global experience.

newcastle.edu.au/scholarships

ABORIGINAL AND/OR TORRES STRAIT ISLANDER SCHOLARSHIPS

The Aboriginal and/or Torres Strait Islander Scholarships were established through contributions from the University, industry donors, community organisations and the annual Reconciliation Scholarship Dinner Dance.

These scholarships provide Australian Aboriginal and/or Torres Strait Islander students financial support to assist with completing their studies.

newcastle.edu.au/scholarships

THE MA & MORLEY SCHOLARSHIP PROGRAM

The Ma & Morley Scholarship Program aims to inspire, educate and cultivate the next generation of globally aware and socially conscious Australian leaders - and help them change the world.

The Program was established through a generous \$26 million commitment by Chinese entrepreneur Jack Ma, in honour of his lifelong friendship with respected Novocastrian Ken Morley.



BACHELOR OF MIDWIFERY

 newcastle.edu.au/degrees/bachelor-of-midwifery

As a midwife, you will be focused on caring for women, babies and their families during pregnancy, labour, birth and the early infancy period.

You will work with women and families to achieve the best health outcomes for mothers and their babies. Our Bachelor of Midwifery has been developed in partnership with, and supported by, Local Health Districts so that our midwifery students learn in maternity services supported by midwives and other health care professionals.

2019 SELECTION RANK

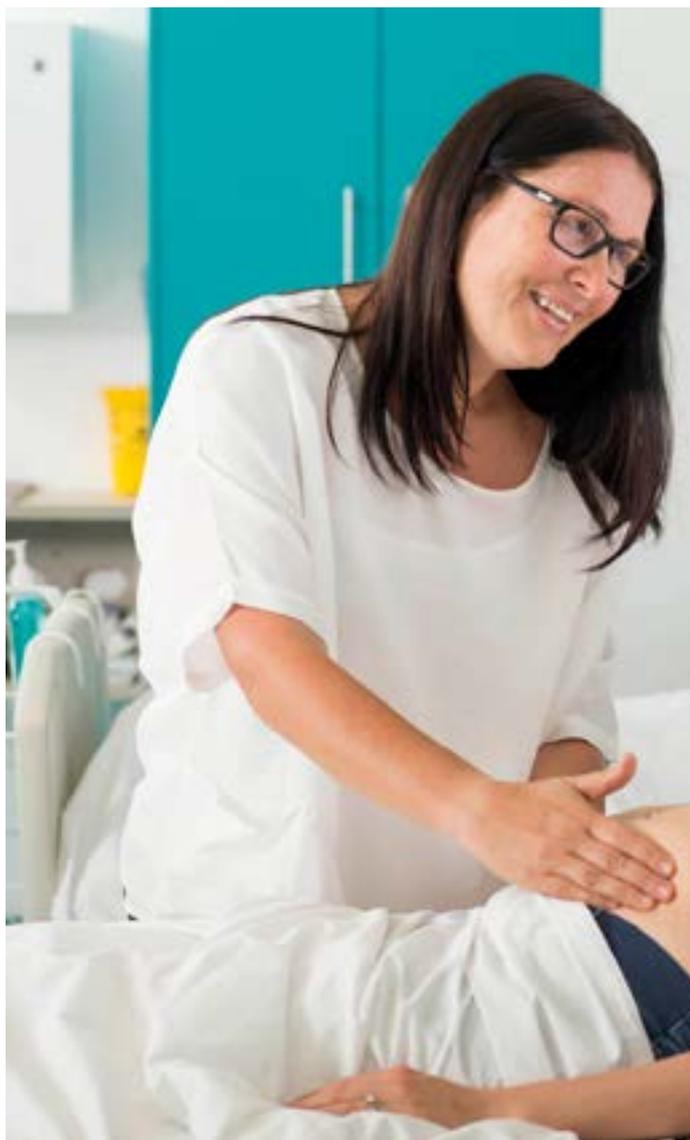
A+C | Median N/A

CAREER EXAMPLES

- Clinical Midwife Educator
- Registered Midwife
- Clinical Midwife Specialist

PROFESSIONAL RECOGNITION

Graduates are eligible to apply for registration to practice as a midwife with the Nursing and Midwifery Board of Australia under the Australian Health Practitioner Regulation Agency (AHPRA).



WORK-INTEGRATED LEARNING

You have the opportunity to complete a minimum of 1,400 hours of clinical experience in two formats:

- **Clinical placement in a hospital**
A minimum of 880 hours in an allocated hospital and hands-on experience during the antenatal period, labour and birthing, and the postnatal period.
- **Continuity of care relationships with childbearing women**
A minimum of 10 relationship-based experiences as the on-call student midwife for expectant mothers.

The remaining 320 hours will be spent in further continuity of care relationships or additional hospital experiences.



MADDISON'S STORY

For Maddison, midwifery is about more than just facilitating supportive and safe birth experiences. It also means acting as an advocate for women as they navigate this life-changing period of transition.

With a focus on clinical placements, Maddison's degree incorporates valuable hands-on experience and the chance to put theory into practice. Through exposure to women in continuity of care experiences, she's able to increase her confidence, and tackle challenges in a genuine clinical setting.

As a young Indigenous woman, Maddison understands the importance of working together with different cultures and communities to deliver the best care possible. She is passionate about collaborating with other Indigenous women to improve antenatal access and birthing outcomes for Indigenous women and babies across Australia.

Maddison
Bachelor of Midwifery



VIRTUAL REALITY SAFER LEARNING FOR SAVING LIVES

Simulation is now established as a valuable method of teaching clinical-based skills to students in a safe environment – improving confidence and competence in practice. Virtual reality technology provides an innovative, new method of simulation and the University of Newcastle is at the forefront of these advances.

The School of Nursing and Midwifery, in collaboration with the Innovation Team, has developed a VR program which simulates a real-world birthing room where students are exposed to the clinical emergency of neonatal resuscitation. Midwifery lecturer, Jessica Williams, who is leading research as part of her PhD in the area of VR and neonatal resuscitation, believes a virtual representation of a common but critical practice is key to ensuring graduates are prepared for the workplace.

“Midwifery students need the experience of confronting challenging scenarios they will undoubtedly experience in the real clinical setting. With nearly 20% of babies in Australia and New Zealand requiring some form of resuscitation at birth*, it is imperative our students feel comfortable and confident applying their experience in a real-world, time-critical, emergency environment. Training with VR simulation can help assist with this,” Jessica said.

*Australian Institute of Health and Welfare (2018)



“Midwifery students may find transitioning from performing neonatal resuscitation in an educational setting to a real-world clinical environment an overwhelming shift, which is exactly why we designed the VR program to bridge that gap.”

The VR application has been designed to maximise the student’s learning experience, in conjunction with more traditional methods such as lectures and hands-on simulation practice. The VR simulation is easily accessible and portable, allowing students to practice the simulation away from the classroom setting and at their own pace.

Students are required to undertake a series of steps to pass the neonatal resuscitation scenario, which can be undertaken with a virtual ‘helper’ in a practice mode, or individually in a formal test.

“This research is important as it will allow us to evaluate the effectiveness of using VR in improving student confidence, competence and access to neonatal resuscitation simulation training. Improvements in confidence may also result in a reduction in stress markers when confronted with the emergency, and this has the potential to make our midwifery students safer in their clinical practice,” Jessica said.

BACHELOR OF NURSING



newcastle.edu.au/degrees/bachelor-of-nursing

As one of the most trusted professions, nurses make a real difference to the health and wellbeing of the community and are essential within any healthcare system or facility.

Nurses work in fast-paced environments, providing quality health care to individuals, families and communities and are highly employable across Australia and around the world. Whichever direction you choose for your career as a registered nurse, when you study a Bachelor of Nursing, you can be sure that you will be making an important and meaningful contribution to society.

2019 SELECTION RANK

74.50 | Median 82.65

CAREER EXAMPLES

- Clinical Nurse Specialist
- Clinical Nurse Educator
- Nurse Educator
- Nurse Manager
- Nurse Practitioner

PROFESSIONAL RECOGNITION

Nursing graduates are eligible to apply for registration with the Nursing and Midwifery Board of Australia, under the Australian Health Practitioner Regulation Agency (AHPRA).



WAYS OF TEACHING AND LEARNING

The Bachelor of Nursing mixes face-to-face and online learning with plenty of hands-on experience in simulation laboratories and 800 hours of clinical placements. Be inspired by our enthusiastic and experienced clinical educators and internationally ranked researchers who bring their courses to life and share their love of learning.



DAVID'S STORY

Understanding the importance of healthcare in a global context is something that David is enjoying exploring during his Bachelor of Nursing studies. Currently in his third year, David has had the opportunity to experience a range of professional learning placements, both nationally and internationally. From Tamworth to Tweed Heads, Newcastle to Broken Hill and even a study tour to China, David says his industry experience has given him the opportunity to work with passionate nurses who consistently encouraged him to further his learning and development.

David knows the important role nurses play and how they can have a genuine and lasting effect on the lives of patients. For him, being able to work within different healthcare environments has taught him how to tailor the care he provides based on the patient's needs. Looking to the future, David is focused on discovering how culture can be utilised to provide a more holistic, patient-centred approach to health.

David

Bachelor of Nursing

RELATED DEGREES

You may also be interested in a degree from the Health and Medical Services study area. With Australia's ageing population and increasing rates of chronic disease, combined with a growing awareness of the benefits of a healthy lifestyle, there is strong demand for a range of health and medical graduates.



For further information on degrees within the Health and Medical Services study area visit newcastle.edu.au/study/health-and-medical-services



CONNECT WITH OUR GLOBAL ALUMNI NETWORK

#UONalumni

Spanning 134 countries, the University of Newcastle's global alumni network is making a positive difference to the world.

This diverse group of global professionals provide invaluable support for our students by sharing their time and expertise. Whether it's through a mentoring program, industry experience or attending a networking event, you'll be inspired and empowered by those who have blazed the trail before you. And, when you graduate, you too will join this outstanding group of over 143,000 alumni around the world. Because wherever you are, whatever you're doing, you are always part of our global alumni community.

newcastle.edu.au/alumni

IF YOU'RE READY TO CHASE YOUR DREAMS AND THRIVE, NOW IS THE TIME. FIND YOUR NEW.

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