

Where am I  
now...?

This is where I  
want to be...

This is how I'll  
get there...

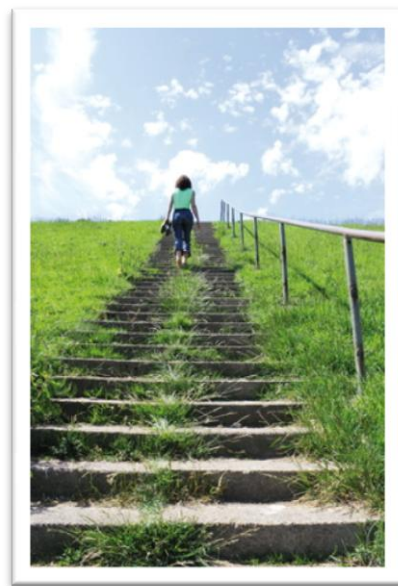
*Be ready when  
opportunity  
comes...luck is the time  
when preparation and  
opportunity meet*

*Roy D. Chapin Jr.*

# There are many pathways

## Everyone has their own path

Some new grads know their career plans and a graduate position awaits them. Those already in careers are sometimes ready to leave part-time study behind as they look forward to re-balancing work and family life. A number of graduates aren't sure what next and they take time to consider their options. Some of you may be thinking about further study. Five years down the track, twenty-five percent of new graduates complete postgraduate qualifications. Others have valued plans that involve more casual work to save for overseas travel or taking up volunteer work in order to explore a long held dream.



## At any stage of your new grad journey you can pause to reflect on your experience.

Sometimes the transition from university can feel like a roller-coaster of emotions, both exciting and overwhelming. You might like to pause now and then to observe and understand your feelings and reactions. A focus on internal well-being helps to maintain a sense of perspective and guides your action. Take time to manage your mood. When you feel good it's easier to concentrate on the next step.

### Reflection: Emotions

What are your current hopes and fears?

### Tip:

Based on your life experience and education thus far, what advice would you give yourself about dealing with change and preparing for what comes next?