



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

17000
TRIPLE ZERO

How to: Backup & restore your iPhone

You can backup and restore your iPhone using iTunes from Mac or Windows computers, or via the Cloud.

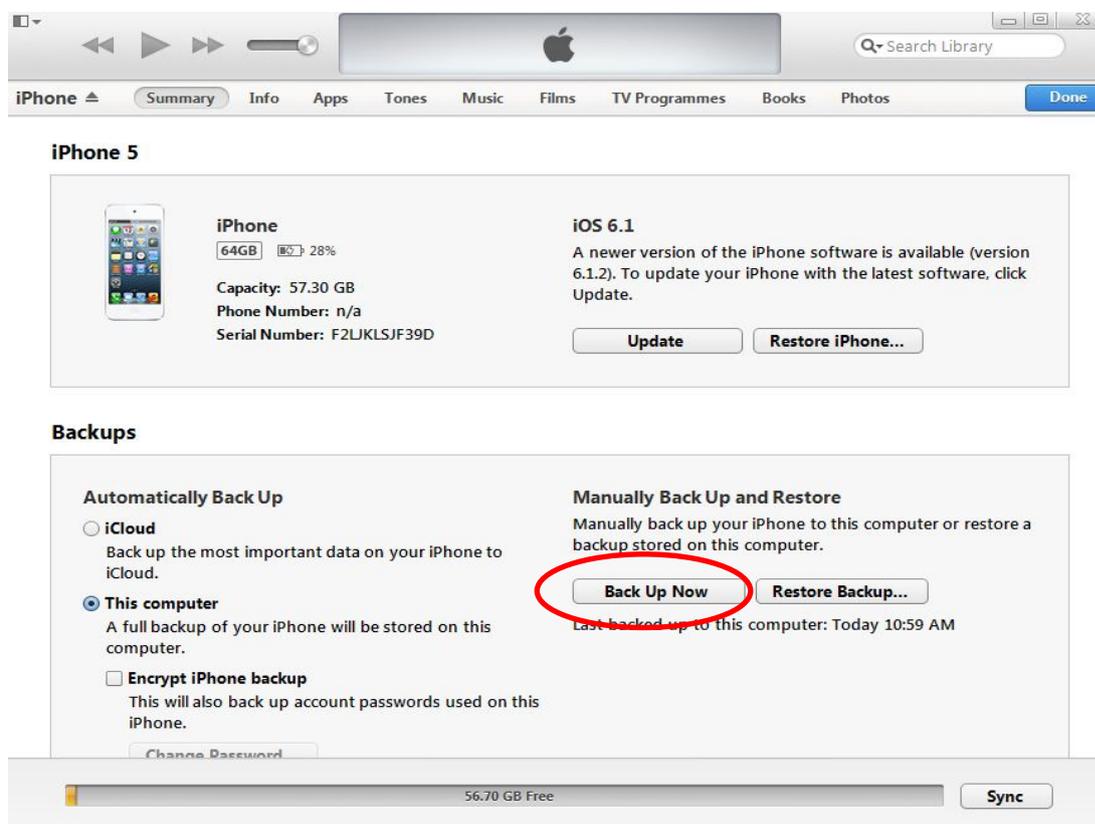
The iPhone synchronises with iTunes software for transferring data.

iTunes is installed on all computers (Windows and Mac) that are managed by IT Services at the University of Newcastle. iTunes can be downloaded from the [Apple website](#).

Generally, backed up information includes purchased music, apps, photos and video in the Camera Roll; device settings (for example, Phone Favourites, Wallpaper, and Mail, Contacts, Calendar accounts); Messages (iMessage, SMS, and MMS), and ringtones.

How to backup your iPhone

1. Turn on your iPhone.
2. Connect it to your computer using the provided USB cable.
3. Wait for iTunes to open and recognise your device (iPhone). If iTunes doesn't open automatically, you will need to open it from the Start menu.
4. Click on Back Up Now



This will create a backup of your iPhone that you can restore from later. The procedure is the same for Mac OS or Windows.

It is a good idea to create a current backup before you download and install the latest iOS version on your iPhone.

The completed backup will be stored in the following folder:

Windows XP:

C:\Documents and Settings**abc123**\Application Data\Apple Computer\MobileSync\Backup

Where abc123 is your UniID

Windows 7:

C:\Users**abc123**\AppData\Roaming\Apple Computer\MobileSync\Backup

Where abc123 is your UniID

How to restore your iPhone from a backup

1. Turn on your iPhone.
2. Connect it to your computer using the provided USB cable.
3. Wait for iTunes to open and recognise your device (iPhone). If iTunes doesn't open automatically, you will need to open it from the Start menu.
4. Click on Restore Backup...

