**Socio-Economic Disadvantage**

The Socio-Economic Indexes for Areas (SEIFA) Index of Relative Disadvantage scores indicate the level of relative disadvantage in an area based on a range of economic and social measures.

The lower the score (lighter blue) the greater the relative disadvantage experienced in that community, higher scores (darker blue) indicate less disadvantage in general.

**Australia 1,000**

**Age Profile of our Region**

Compared with Australia we have LOWER RATES of 15-24 year olds who are earning or learning, a risk factor for youth mental health issues (HNECC: 82.3% Australia: 84.3%)

**HPV**

84.7% of teenage girls and 78.1% of boys are fully immunised against HPV (Australia 80.1% and 74.1%).

**Immunisations**

95.5% of 1 year old children are fully immunised (Australia 93.8%)

93.2% of 2 year old children are fully immunised (Australia 90.9%)

95.7% of 5 year old children are fully immunised (Australia 93.5%)

**HPV**

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**Cancer Screening**

The CERVICAL CANCER SCREENING participation rate in our region (58.5%) is HIGHER THAN THE NSW RATE (56.3%)

The BREAST CANCER SCREENING participation rate in our region (58.5%) is HIGHER THAN THE NSW RATE (53.0%)

The BOWEL CANCER SCREENING participation rate in our region (40.8%) is HIGHER THAN THE NSW RATE (37.8%)

**Demographics**

133,812 km²

WE ARE THE SECOND LARGEST PHN IN NEW SOUTH WALES

Over 1.2 million people live in our region

Our population is predicted to increase by 19.5% by 2031, to well over 1.4 million people

Our region spans across 21 local government areas and has a mix of metropolitan, regional and rural areas. It reaches from just north of Sydney, across the north west of NSW to the QLD border.

5.4% (65,183) of people in our region identify as ABORIGINAL AND TORRES STRAIT ISLANDER compared to 2.8% nationally.

19.1% of our population is aged 65 years and over compared to 15.2% nationally.

Our region has a LOWER PROPORTION OF PEOPLE FROM NON-ENGLISH SPEAKING BACKGROUNDS (5.2%) than the nation (17.9%)

1 in 7 people (14.4%) experience CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS which is HIGHER THAN THE NATIONAL AVERAGE (13.6%)

9,775 per 100,000 people have mental health treatment plans prepared by a GP in our region, compared to the national rate of 8,037

Life expectancy

78.9 years MALES

83.5 years FEMALES

Health Profile 2018

Hunter New England and Central Coast PHN

An Australian Government Initiative

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**Self-Assessed Health**

15.5 per 100 people aged 15 years and over rate their health as fair or poor, which is higher than our national rate (14.8 per 100).

**Ed Presentations**

Our region has over a third more emergency department presentations per 100,000 people than Australia. This is a significant difference.

**Potentially Preventable Hospitalisations**

Potentially Preventable Hospitalisations are those which could have been avoided through preventive care and early disease management.

**Health Risk Factors**

- **34.2 in 100 adults are overweight and 33.7 are obese.** (Australia 35.5 and 27.9)
- **20.1 in 100 people aged 15yr+ consume alcohol at levels considered to be a high risk** to health. (Australia 16.7)
- **20.2 in 100 adults smoke.** (Australia 16.1)

**Rates of Chronic Disease**

- **High Blood Cholesterol** 32.5/100 (Australia 32.8)
- **Circulatory System Disease** 18.5/100 (Australia 17.3)
- **Diabetes** 4.9/100 (Australia 5.4)
- **Chronic Obstructive Pulmonary Disease** 3.0/100 (Australia 2.4)
- **Asthma** 11.5/100 (Australia 10.2)
- **Musculoskeletal System Disease** 30.5/100 (Australia 27.7)

**Factors Which Impact on Health**

- **18.4% of dwellings in our region are without an internet connection.** (Australia 14.1%)
- **6.4% of the dwellings in our region do not have a motor vehicle.** (Australia 7.5%)
- **Many families (25.9%) in our region are single parent families.** (Australia 20.4%)
- **Three-quarters (74.4%) of our population who are aged 65 years and over receive an age pension.** (Australia 71.1%)
- **5.7% of our population aged 18 - 64 years receive an unemployment benefit long term.** (Australia 4.4%)
- **A high number (25.4%) of low income households in our region are under financial stress from mortgage or rent.** (Australia 26.4%)

**Sources**


For more information please visit [www.hneccphpn.com.au](http://www.hneccphpn.com.au)