



ADD/ADHD

Reasonable Adjustments: ADD and ADHD

Reasonable adjustments refer to a “measure or action taken to assist a student with disability to participate in education and training on the same basis as other students”. They are designed to place students with disability on a more equal footing, and not to give them any kind of advantage.

Reasonable adjustments made for a student with disability must maintain the academic integrity of the qualification and not cause a health or safety risk for another student(s) or negatively impact upon the learning experience of another student(s).

Adjustments are negotiated to meet the needs of the individual student; this is predominantly done through a Student Support Advisor - AccessAbility. Student will register for support with AccessAbility and be provided with a Reasonable Adjustment Plan which will outline the recommended adjustments.

To accommodate individual students:

Students with ADD and ADHD may benefit from a range of inclusive teaching and assessment strategies. Some adjustments that are frequently used for students with ADD and ADHD include:

- Provision of lecture recordings.
- Assignment extensions.
- Provision of note-takers and/or access to lecturer’s notes.
- Assistance in the library.
- Extended exam time, preferred seating or alternative venue where distractions can be minimised.
- Allowance for breaks in exams.
- Alternative formats and use of adaptive technology such as use of text-to-speech and speech recognition software, smartpens and so on.
- Alternative assessment arrangements such as oral presentation of information, individual rather than group presentations, recognition of practical demonstration of skills and knowledge (particularly in VET).



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- Allowance for student to leave the teaching space periodically.

(ADCET, 2017)

References

Adapted from ADCET (2017, June 15). Mental Health. Retrieved from Reasonable Adjustments Disability Specific: <http://www.adcet.edu.au/students-with-disability/reasonable-adjustments-disability-specific/mental-health/>