

PIONEERING MENTAL HEALTH RESEARCH

UNDERSTANDING THE NEEDS OF YOUTH AND INDIGENOUS COMMUNITIES



DR BREANNE HOBDEN

Addressing mental health needs in health services and the broader community.

Dr Hobden is an Australian Rotary Health Post-Doctoral Research Fellow whose research has focused primarily on mental health. Dr Hobden is currently leading innovative research which will examine the social determinants impacting young people's mental health across their lifetime. She also leads research that seeks to understand the co-occurrence of mental health and substance use among Aboriginal and Torres Strait Islander people to inform support strategies in this area. She has accumulated >\$4.6M in competitive research grants and published 44 peer-reviewed journal articles.

COMPETITIVE ADVANTAGE

- Working with multi-disciplinary research teams
- Experience working across primary care and hospital settings
- Demonstrated success in obtaining large nationally funded research grants.

PARTNERS

- Hunter Medical Research Institute
- Hunter New England Health
- Pen CS
- Department of Communities and Justice.

SUCCESSFUL RESEARCH APPLICATION

- Exploring the social determinants of mental health among young people
- Improving the mental health of people with heart failure
- Examining co-occurring mental health and substance use among Aboriginal and Torres Strait Islander people
- Using wearable devices to improve outcomes for people with type 2 diabetes.

MORE INFORMATION

Dr Breanne Hobden

T: +61 2 4042 0474

E: bree.hobden@newcastle.edu.au

