

PROGRAM ENROLMENT CHECKLIST

Bachelor of Exercise and Sport Science (Exercise Science Sequence)

For students who commenced in the Bachelor of Exercise and Sport Science in 2008 or 2009 and have transitioned into the 2010 structure

- Students who commenced in the Bachelor of Exercise and Sport Science in 2009 are expected to follow the 2010 structure.
- Students who commenced in the Bachelor of Exercise and Sport Science in 2008 may choose to follow the 2010 structure. If you commenced in 2008 and wish to follow the 2010 structure, please contact your Program Officer.

First year	Second year	Third year
<p>Complete all of the following 60 units of CORE courses:</p> <p><input type="checkbox"/> HUBS1108 – Musculoskeletal Anatomy for Podiatry SEMESTER ONE</p> <p><input type="checkbox"/> HUBS1403 – Biomedical Science Part 1 SEMESTER ONE</p> <p><input type="checkbox"/> HUBS1404 – Biomedical Science Part 2 SEMESTER TWO</p> <p><input type="checkbox"/> EXSS1010 – Foundations of Exercise and Sport Science SEMESTER ONE</p> <p><input type="checkbox"/> FSHN1020 – Foods and Nutrients II <i>Previously known as Foods and Nutrition 2</i> SEMESTER TWO</p> <p><input type="checkbox"/> PHYS1150 – Everyday Physics <i>(Not to count with PHYS1200, PHYS1205 and/or PHYS1210) Previously known as Physics for Biotechnologists I</i> SEMESTER TWO</p>	<p>Complete all of the following 50 units of CORE courses:</p> <p><input type="checkbox"/> EXSS2010 – Exercise Physiology SEMESTER ONE</p> <p><input type="checkbox"/> EXSS2020 – Biomechanics SEMESTER ONE</p> <p><input type="checkbox"/> EXSS2030 – Foundations of Exercise and Sport Psychology SEMESTER ONE</p> <p><input type="checkbox"/> EXSS2050 – Exercise Testing and Prescription <i>(Not to count with SPOR/EXSS3020) Requisite: Completion of, or concurrent enrolment in, SPOR/EXSS2010</i> SEMESTER ONE</p> <p><input type="checkbox"/> EXSS2080 – Growth, Development and Ageing <i>(Not to count with SPOR1020)</i> SEMESTER TWO → STUDENTS WHO COMPLETED SPOR1020 IN 2009 OR EARLIER WILL BE PERMITTED TO COUNT SPOR1020 IN PLACE OF EXSS2080.</p>	<p>Complete all of the following 40 units of CORE courses:</p> <p><input type="checkbox"/> EXSS3010 – Clinical Exercise Testing and Prescription <i>Requisite: SPOR/EXSS2010 and SPOR/EXSS2050</i> SEMESTER ONE</p> <p><input type="checkbox"/> EXSS3050 – Advanced Exercise Physiology <i>(Not to count with SPOR2040 but can count with EXSS2040) Requisite: SPOR/EXSS2010, SPOR/EXSS2050 and SPOR/EXSS3010</i> SEMESTER TWO</p> <p><input type="checkbox"/> EXSS3060 – Advanced Biomechanics SEMESTER TWO</p> <p><input type="checkbox"/> EXSS3070 – Motor Learning and Skill Acquisition <i>(Not to count with SPOR2060 but can count with EXSS2060)</i> SEMESTER ONE → STUDENTS WHO COMPLETED SPOR2060 IN 2009 OR EARLIER WILL BE PERMITTED TO COUNT SPOR2060 IN PLACE OF SPOR3070. IF YOU ARE COUNTING SPOR2060 IN PLACE OF SPOR3070, YOU WILL NEED TO COMPLETE AN ADDITIONAL 3000 LEVEL DIRECTED COURSE AS AN ELECTIVE IN ORDER TO MEET THE REQUIREMENT OF 60 UNITS OF CORE AND DIRECTED COURSES AT 3000 LEVEL.</p>
AND	AND	AND
<p>Complete the following DIRECTED course:</p> <p><input type="checkbox"/> PSYC1020 – Psychology Introduction II <i>(Not to count with PSYC1030)</i> SEMESTER TWO → STUDENTS WHO COMPLETED PSYC1030 IN 2009 OR EARLIER WILL BE PERMITTED TO COUNT PSYC1030 IN PLACE OF PSYC1020. STUDENTS WHO DID NOT COMPLETE PSYC1030 IN 2009 OR EARLIER WILL BE REQUIRED TO COMPLETE PSYC1020.</p>	<p>Complete all of the following DIRECTED courses:</p> <p><input type="checkbox"/> STAT1070 – Statistics for the Sciences <i>(Not to count with STAT1050, STAT1060 and/or STEC2020)</i> SEMESTER TWO</p> <p><input type="checkbox"/> PSYC2400 – Biological Psychology <i>(Not to count with PSYC2080)</i> SEMESTER TWO</p> <p><input type="checkbox"/> EXSS2070 – Professional Skills for Exercise Scientists <i>Requisite: First Aid Certificate, Criminal Record Check, Prohibited Employment Declaration, SPOR/EXSS2010, SPOR/EXSS2030 and SPOR/EXSS2050.</i> SEMESTER TWO</p>	<p>Complete both of the following DIRECTED courses:</p> <p><input type="checkbox"/> EXSS3040 – Professional Preparation and Practice <i>Requisite: SPOR/EXSS2070</i> SEMESTER TWO</p> <p><input type="checkbox"/> FSHN3100 – Research Methods SEMESTER TWO</p>
AND		AND
<p>Complete one 10 unit ELECTIVE at any level (See Note 4):</p> <p><input type="checkbox"/> _____ (10 units) From 2013, it is highly recommended that students elect to complete PUBH1080 as an Elective.</p>		<p>Complete 10 units of ELECTIVES at any level and 10 units of ELECTIVES at 2000 level or higher (See Note 4)</p> <p><input type="checkbox"/> _____ (10 units)</p> <p><input type="checkbox"/> _____ (10 units)</p> <p>From 2013, it is highly recommended that students elect to complete EXSS2040 and EXSS2060 as Electives.</p>

CHECKLIST: I think I am finished!

240 units <input type="checkbox"/>	All 150 units of Core Courses <input type="checkbox"/>	60 units of Directed Courses <input type="checkbox"/>	30 units of Electives <input type="checkbox"/>	At least 60 units of Core and Directed Courses must be taken at 3000 level <input type="checkbox"/>	A maximum of 100 units in total at 1000 level <input type="checkbox"/>
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- NOTES**
- In 2013, all SPOR course were re-coded as EXSS courses. If you have already successfully completed a course with a SPOR code, do not complete the same course with an EXSS code. For example, if you successfully completed SPOR1010 in 2012 or earlier, do not complete EXSS1010.
 - It is each student's responsibility to check that he/she is correctly enrolled.
 - To ensure that you have the most current information, this PEC should be read in conjunction with the Program Handbook: <http://www.newcastle.edu.au/program/11705.html>
 - An Elective course can be any unrestricted course offered at the University. When choosing your Electives, please make sure you do not exceed a total of 100 units of 1000 Level courses.
 - A load of 80 units per year for 3 years is the standard full-time load. Students may enrol in less than 80 units per year and completion will take proportionately longer.

This Program Enrolment Checklist (PEC) is current at 22/1/2013 and is subject to change. To access the most current PEC, please refer to your Program Handbook: <http://www.newcastle.edu.au/program/11705.html>.



YOUR PROGRAM

Program Code: 11705
 CRICOS Code: 062429B
 CRICOS Provider Number: 00109J