

JAKE JACKSON

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As a final year Bachelor of Nursing student, and a reputation for academic success as demonstrated in my Distinction average, I anticipate completing my degree in November 2020. In particular, I am interested in specialising in Mental Health Nursing, where I can consolidate my clinical skills, provide high quality care and work with clients to promote psychological, emotional, and physical wellbeing.

EDUCATION

BACHELOR OF NURSING | UNIVERSITY OF NEWCASTLE | 2017 - NOV 2020
Distinction average (GPA 6.2)

ENROLLED / DIVISION 2 NURSING | TAFE NSW | 2013 - 2014
Graduate with Distinction

DIPLOMA OF AUSLAN | DEAF SERVICES | 2012

CLINICAL PLACEMENTS

EMERGENCY DEPARTMENT | TAMWORTH HOSPITAL | 6 JUL - 7 AUG 2020 (5 WEEKS)
Performed ECGs, conducted full patient admissions, administered IM injections, contributed to a busy multidisciplinary team

MENTAL HEALTH UNIT | GOSFORD HOSPITAL | 2 SEP - 13 SEP 2020 (2 WEEKS)
Conducted Mental Health Assessment, therapeutic communication with patients, observed ECT therapy, assisted with facilitation of patient group activities

COMMUNITY ACUTE/POST ACUTE | BATHURST HOSPITAL | 6 JUL - 17 JUL 2019 (2 WEEKS)
Removed cannulas, prepared IV medications, administered IV fluids, assisted with ascites draining, team nursing, supported and empowered patients in the community

PALLIATIVE CARE UNIT | HORNSBY HOSPITAL | 6 MAY - 31 MAY 2019 (4 WEEKS)
Managed time using a shift planner, documented progress notes and implemented improvements following feedback, worked as part of a team, provided empathic and sensitive support for patients and their families, conducted cognitive assessment, ANTT

SURGICAL | BATHURST HOSPITAL | 15 OCT - 2 NOV 2018 (3 WEEKS)
Measured TPR, BP and BGL, self-initiated care, administered oral medications, built rapport with staff through teamwork, therapeutic communication with patients

NURSING EMPLOYMENT

ENROLLED NURSE | CENTRAL COAST LOCAL HEALTH DISTRICT (CASUAL POOL) | APR 2018 - CURRENT

- Demonstrated capacity to work in any department or ward at short notice and quickly adapt to new environments and unfamiliar colleagues

ENROLLED NURSE | HARBOURSIDE HOSPITAL | 2015 - FEB 2018

- Nominated for an Excellence in Mental Health Award (2017)
- Selected to become an Essentials in Care Facilitator
- Initiated a new ISBAR template, which was approved for trial by the Quality Committee
- Co-facilitated our "Patient Engagement" project, which included substantial consumer input

ENROLLED NURSE | BROADWATER AGED CARE CENTRE | 2015 - 2016

- Assessed and monitored health and wellbeing of the residents
- Assisted with daily living activities, including personal cares, mobilising and recreation
- Delivered person-centred care through efficient nursing practices, open communication with residents and families, collaboration with colleagues, and other healthcare professionals

PROFESSIONAL DEVELOPMENT

LIFELINE TELEPHONE CRISIS SUPPORTER WORKPLACE TRAINING | LIFELINE | MAY - JUL 2019

ASIST: APPLIED SUICIDE INTERVENION SKILLS TRAINING | LIFELINE | MAR 2019

ATSI MENTAL HEALTH FIRST AID | MENTAL HEALTH FIRST AID AUSTRALIA | AUG 2018

RESPONDING TO SEXUAL ASSAULT TRAINING | PEOPLE WITH DISABILITY AUSTRALIA | APR 2017

EXTRA-CURRICULAR ACTIVITIES

FIRST AID OFFICER (VOLUNTEER) | UNIVERSITY OF NEWCASTLE | 2018 - 2020

- Provided First Aid services at UON events such as Open days, Orientation and Graduation ceremonies

LANGUAGES

AUSLAN (CERTIFIED INTERPRETER)

ITALIAN & SPANISH (FLUENT)

REFEREES

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