

PROGRAM ENROLMENT CHECKLIST

Bachelor of Exercise and Sport Science (non-Exercise Science sequence)

For students who commenced in this program in 2010 to 2013 (inclusive)

| FIRST YEAR | HUBS1108 Musculoskeletal Anatomy for Podiatry | HUBS1403 Biomedical Science Part I | EXSS1010 Foundations of Exercise and Sports Science | FSHN1020 Foods and Nutrients II <i>Previously known as Foods and Nutrition 2</i> | HUBS1404 Biomedical Science Part II | PHYS1150 Everyday Physics <i>(Not to count with PHYS1200, PHYS1205 and PHYS1210)</i> | 1000 Level Directed Course See list below | Elective at any level (10 units) <i>As a first year student, it is strongly recommended that you choose a 1000 level course as an Elective.</i> |
|-------------|---|---|--|---|---|--|--|---|
| | Semester 1 CORE | Semester 1 CORE | Semester 1 CORE | Semester 2 CORE | Semester 2 CORE | Semester 2 CORE | Semester 1 or 2 DIRECTED | Semester 1 or 2 ELECTIVE |
| SECOND YEAR | EXSS2010 Exercise Physiology <i>Requisite: First Aid and CPR Certificate</i> | EXSS2020 Biomechanics | EXSS2030 Foundations of Exercise and Sport Psychology | EXSS2050 Exercise Testing and Prescription <i>(Not to count with SPOR/EXSS3020)</i> <i>Requisite: Completion of, or concurrent enrolment in, SPOR/EXSS2010</i> | EXSS2080 Growth, Development and Ageing <i>(Not to count with SPOR1020)</i> | 2000 Level Directed Course See list below | 2000 Level Directed Course See list below | Elective at any level (10 units) |
| | Semester 1 CORE | Semester 1 CORE | Semester 1 CORE | Semester 1 CORE | Semester 2 CORE | Semester 2 DIRECTED | Semester 2 DIRECTED | Semester 2 ELECTIVE |
| THIRD YEAR | EXSS3010 Clinical Exercise Testing and Prescription <i>Requisite: Completion of SPOR/EXSS2010 and SPOR/EXSS2050</i> | EXSS3070 Motor Learning and Skill Acquisition <i>(Not to count with SPOR2060 but can count with EXSS2060)</i> | EXSS3060 Advanced Biomechanics | EXSS3050 Advanced Exercise Physiology <i>(Not to count with SPOR2040 but can count with EXSS2040)</i> <i>Requisite: SPOR/EXSS2010, SPOR/EXSS2050 and SPOR/EXSS3010</i> | 3000 Level Directed Course See list below | 3000 Level Directed Course See list below | Elective at any level (10 units) | Elective at 2000 level or higher (10 units) |
| | Semester 1 CORE | Semester 1 CORE | Semester 2 CORE | Semester 2 CORE | Semester 1 or 2 DIRECTED | Semester 1 or 2 DIRECTED | Semester 1 or 2 ELECTIVE | Semester 1 or 2 ELECTIVE |

| 1000 level Directed courses | 2000 level Directed courses | 3000 level Directed courses |
|--|---|--|
| <p>Choose one of the following courses:</p> <p><input type="checkbox"/> MATH1001 Prep Studies in Maths <small>Semester 1</small></p> <p><input type="checkbox"/> PSYC1020 Psychology Introduction 2 <i>Not to count with PSYC1030</i> <small>Semester 2</small></p> <p>OR</p> <p><input type="checkbox"/> PSYC1030 General Psychology <i>Not to count with PSYC1010 or PSYC1020</i> <small>Semester 2 (Distance)</small></p> <p><input type="checkbox"/> PUBH1080 Studies in Population Health and Health Promotion <small>Semester 1 (Ourimbah)/2 (Callaghan)</small></p> <p><input type="checkbox"/> STAT1070 Statistics for the Sciences <i>Not to count with STAT1050, STAT1060 or STEC2020</i> <small>Semester 1 (Callaghan)/2 (Ourimbah and Callaghan)</small></p> | <p>Choose two of the following courses:</p> <p><input type="checkbox"/> BIOL2010 Biochemistry <i>Not to count with BIOL2011</i> <small>Semester 1 at Callaghan</small></p> <p><input type="checkbox"/> EDUC2514 Primary Kinetics 1 <small>Semester 1</small></p> <p><input type="checkbox"/> EDUC2515 Primary Kinetics 2 <small>Trimester 1 and Semester 2</small></p> <p><input type="checkbox"/> EXSS2040 Functional Anatomy <small>Semester 1</small></p> <p><input type="checkbox"/> EXSS2060 Motor Control <small>Semester 2</small></p> <p><input type="checkbox"/> EXSS2070 Professional Skills for Exercise Scientists <i>Requisite: First Aid Certificate, Criminal Record Check, Prohibited Employment Declaration, SPOR/EXSS2010, SPOR/EXSS2030 and SPOR/EXSS2050</i> <small>Semester 2</small></p> <p><input type="checkbox"/> FSHN2020 Macronutrients <small>Semester 1</small></p> <p><input type="checkbox"/> FSHN2030 Micronutrients <small>Semester 2</small></p> <p><input type="checkbox"/> HUBS2203 Introductory Pharmacology <i>Not to count with HUBS3205</i> <small>Semester 1</small></p> <p><input type="checkbox"/> PSYC2400 Biological Psychology <i>Not to count with PSYC2080</i> <small>Semester 2</small></p> | <p>Choose two of the following courses:</p> <p><input type="checkbox"/> BUSN2050 Contemporary Sports Management <i>Counts as a 3000 Level Course</i> <small>Semester 2</small></p> <p><input type="checkbox"/> EDST3220 Health and Physical Education <small>No longer available</small></p> <p><input type="checkbox"/> EXSS3040 Professional Prep and Practice <i>Requisite: Completion of SPOR/EXSS2070</i> <small>Semester 1</small></p> <p><input type="checkbox"/> FSHN3020 Nutrition in Health and Disease <small>Semester 1</small></p> <p><input type="checkbox"/> FSHN3060 The Biology of Nutrients Through the Human Life Cycle <i>Previously known as Nutrition Through the Life Cycle</i> <small>Semester 2</small></p> <p><input type="checkbox"/> FSHN3100 Research Methods <small>Semester 2</small></p> <p><input type="checkbox"/> NUDI4270 Sports Nutrition <i>Counts as a 3000 Level Course</i> <small>Semester 1</small></p> |

| CHECKLIST: I think I am finished! | NOTES |
|---|---|
| 240 units <input type="checkbox"/> | <p>1. In 2013, all SPOR course were re-coded as EXSS courses. If you have already successfully completed a course with a SPOR code, do not complete the same course with an EXSS code. For example, if you have successfully completed SPOR1010, do not complete EXSS1010.</p> <p>2. It is each student's responsibility to check that he/she is correctly enrolled.</p> <p>3. To ensure that you have the most current information, this PEC should be read in conjunction with the Program Handbook: http://www.newcastle.edu.au/program/11705.html</p> <p>4. An Elective course can be any unrestricted course offered at the University. When choosing your Electives, please make sure you do not exceed a total of 100 units of 1000 Level courses.</p> <p>5. A load of 80 units per year for 3 years is the standard full-time load. Students may enrol in less than 80 units per year and completion will take proportionately longer.</p> |
| 150 units of Core Courses <input type="checkbox"/> | |
| 50 units of Directed Courses: <input type="checkbox"/> | |
| <ul style="list-style-type: none"> ▪ 10 units 1000 Level ▪ 20 units at 2000 Level ▪ 20 units at 3000 Level | |
| 40 units of Electives <input type="checkbox"/> | |
| At least 60 units of Core and Directed Courses must be taken at 3000 level <input type="checkbox"/> | |
| No more than 100 units of 1000 level Courses <input type="checkbox"/> | |

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|  |  | <h1>YOUR PROGRAM</h1> | <p>This Program Enrolment Checklist (PEC) is current at 06/02/2013 and is subject to change. To access the most current PEC, please refer to your Program Handbook: http://www.newcastle.edu.au/program/11705.html</p> | <p>Program Code: 11705 CRICOS Code: 062429B CRICOS Provider Number: 00109J</p> |
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