

Student Wellbeing

Here with you

We're here to support the health and wellbeing of all students at the University of Newcastle. See the range of support services available at newcastle.edu.au/current-students/support

AccessAbility

AccessAbility Advisors offer practical support and advice to students living with temporary or permanent disability or medical conditions. Support can include lecture and assessment support, exam adjustments, library support, materials and equipment and mobility around campus.

Phone: **(02) 4921 6622**

Email: AccessAbility@newcastle.edu.au

Counselling

Free, confidential counselling is available to discuss personal or study-related issues. If you aren't able to get to campus to see someone, we also offer online counselling options.

Newcastle

Phone: **(02) 4921 6622**

Location: Student Services Centre SC2.12, Callaghan Campus

NUspace

Phone: **(02) 4921 6622**

Newcastle City Campus

Central Coast

Phone: **(02) 4348 4060**

Location: Student Support Unit, adjacent to the Library, Ourimbah Campus

Email: counselling@newcastle.edu.au

Wellbeing Advisors

Wellbeing Advisors are here to help with a range of questions or concerns, such as accessing Counselling or other support services, solving problems or dealing with academic difficulties.

To request an appointment with a Wellbeing Advisor, please complete our online form: newcastle.edu.au/current-students/support/personal/counselling/access-support

University of Newcastle After-Hours Support Line

This service is operated by a team of qualified crisis support specialists who can support you to find relief from distress, explore coping strategies, and find pathways to support.

Phone: **1300 653 007**

Text: **0488 884 165**

Open from 5pm - 9am Monday to Friday, 24/7 Saturday, Sunday. 24/7 Public holidays and at other times when the University is closed.

Financial Wellbeing

If you're doing it tough financially, there are a range of financial supports available. These may include interest-free loans, grants, vouchers and food assistance.

Email: student-loansandwelfare@newcastle.edu.au

newcastle.edu.au/current-students/support/personal/financial-wellbeing



Academic Learning Support

Learning Advisors offer students advice and support on academic reading, writing and study skills, maths and statistics.

Phone: **(02) 4921 5350**

newcastle.edu.au/academic-learning-support

Campus Care

Campus Care provides advice and support to manage concerning, threatening and worrying behaviours.

Phone: **(02) 4921 8600**

Email: **campuscare@newcastle.edu.au**

Please note this is not an emergency service.
Phone Security: **(02) 4921 5888**

Equity and Diversity

The Equity and Diversity Coordinator provides advice and delivers programs on a range of equity issues.

Email: **equity@newcastle.edu.au**

Sexual Assault and Harassment

Sexual assault and harassment are not tolerated at the University of Newcastle. We take a victim/survivor led approach to ensure that those who have experienced sexual assault and/or harassment can find the support they need and/or report the abuse.

Phone Campus Care: **(02) 4921 8600**

newcastle.edu.au/sexualassaultandharassment

Advocacy

Student Advocates can support you to advocate with staff of the University to resolve academic issues and improve processes.

Phone: **(02) 4921 7820**

Email: **studentadvocates@newcastle.edu.au**

Chaplaincy

Chaplains are experienced, credentialled religious-workers who are authorised by their faith tradition to provide support and guidance.

Callaghan Campus: **(02) 4921 5571**

Central Coast Campus: **(02) 4348 4036**

Health Service

There are medical centres on both the Callaghan Campus and Central Coast Campus at Ourimbah, staffed by doctors and nurses. Just like any doctor's surgery, they can help you with all issues related to your health. Patients covered by Medicare can be bulk billed.

Callaghan Campus: **(02) 4921 6000**

Ourimbah Campus: **(02) 4348 4060**

