

PSCY14049 Semester 2 2015

Week	Starting	Lecture	Tutorial	Chapter/Readings	Assessment Due
<b>1</b>	13/7/15	Introduction to CBT: Principles and Conceptualisation	Tuesday 14/7/15	1, 2	
<b>2</b>	20/7/15	The therapeutic relationship	Tuesday 21/7/15	4,5	
<b>3</b>	27/7/15	Assessment model for CBT	Tuesday 28/7/15	9,10	
<b>4</b>	3/8/15	The first session and general CBT model	Tuesday 4/8/15	6,8	
<b>5</b>	10/8/15	Beliefs, Emotions and Cognition	Tuesday 11/8/15	13,14 and selected readings	Online Quiz Due Monday (10 Aug 15) 10:00 AM AEST
<b>Break</b>	17/8/15				
<b>6</b>	24/8/15	Behavioural Interventions	Tuesday 25/8/15	15	Practical Assessment - Video of a Psycho-education model. Due Friday (28 Aug 15) 11:00 PM AEST
<b>7</b>	31/8/15	Mindfulness and CBT	Tuesday 1/9/15	Selected readings	
<b>8</b>	7/9/15	Treatment planning: CBT for Anxiety Disorders	Tuesday 8/9/15	19	
<b>9</b>	14/9/15	Homework and Treatment Strategies I	Tuesday 15/9/15	17	Practical Assessment - Written Due Friday (18 Sep 15) 11:00 PM AEST
<b>10</b>	21/9/15	Homework and Treatment Strategies II	Tuesday 22/9/15		
<b>11</b>	28/9/15	Therapist Competency and Relapse Prevention	Tuesday 29/9/15	Selected readings	Online Quiz Due Monday (28 Sep 15) 10:00 AM AEST
<b>12</b>	5/10/15	Course Content and Skill Review			
<b>Exam Weeks</b>	12/10/15				