

Student Wellbeing

Here with you

We're here to support the health and wellbeing of all students at the University of Newcastle.
See the range of support services available at newcastle.edu.au/personal-support

AccessAbility



AccessAbility Advisors offer practical support and advice to students living with temporary or permanent disability including medical and mental health conditions. Support can include classroom support, exam adjustments, coursework and assessment support, accessible learning materials, equipment and mobility support around campus.

Phone: **(02) 4921 6622**

Email: AccessAbility@newcastle.edu.au

Counselling and Psychological Service



Free confidential support is available to discuss personal or study related issues. If you can't get to campus to see someone, we also offer online options.

Email: counselling@newcastle.edu.au

Newcastle/NUspace

Phone: **(02) 4921 6622**

Ourimbah/Gosford

Phone: **(02) 4348 4060**

COUNSELLING

**Click to request
an appointment**

The Wollotuka Institute



Provides academic, cultural and emotional wellbeing support for Aboriginal and Torres Strait Islander students.

TalkCampus



TalkCampus is an app based peer support platform where students can give and get support within a safe, supportive environment any time of the day or night. It is available in multiple languages. Receive free access to the platform through signing up with your Uni Newcastle student email address. TalkCampus can be downloaded on the App Store or Google Play.

University of Newcastle After-Hours Support Line



This service is operated by a team of qualified crisis support specialists who can support you to find relief from distress, explore coping strategies, and find pathways to support.

Phone: **1300 653 007**

Text: **0488 884 165**

Open from 5pm - 9am Monday to Friday.
24/7 Saturday, Sunday.
24/7 Public holidays and at other times
when the University is closed.

Financial Wellbeing



If you're doing it tough financially, there are a range of financial supports available. These may include interest-free loans, grants, vouchers and food assistance.

Email: financialwellbeing@newcastle.edu.au

Campus Care, Sexual Assault and Harassment



Campus Care provides advice and support to manage concerning, threatening and worrying behaviours.

An experience of sexual assault and sexual harassment is a serious issue that can impact anyone, regardless of their age, race, gender identity, sexual preferences, religious or cultural background. We take a victim/survivor-led approach to ensure that those who have been impacted by sexual assault and/or harassment may find the support they need, whenever they need it.

Phone: **(02) 4921 8600**

Email: campuscare@newcastle.edu.au

Please note this is not an emergency service.
Phone Security: **(02) 4921 5888**

Chaplaincy



Chaplains are experienced, credentialled religious-workers who are authorised by their faith tradition to provide support and guidance.

Callaghan Campus: **(02) 4921 5571**

Central Coast Campus: **(02) 4348 4036**

Equity Diversity & Inclusion



The Equity and Diversity Coordinator provides advice, education, advocacy and support on a range of equity related issues.

Email: equity@newcastle.edu.au

Health Service



There are medical centres on both the Callaghan Campus and Central Coast Campus at Ourimbah. Patients covered by Medicare can be bulk billed and Overseas Student Health Cover is accepted.

Callaghan Campus: **(02) 4921 6000**

Ourimbah Campus: **(02) 4348 4060**

International Student Support



Central point of contact for International students who may need advice relating to changes in study plan and student visa implications.

Email: InternationalSupport@newcastle.edu.au

Academic Learning Support



Learning Advisors offer students advice and support on academic reading, writing and study skills, maths and statistics.

Phone: **(02) 4921 5350**

Email: learningsupport@newcastle.edu.au

The Office of Student Advocacy



The Office of Student Advocacy provides free and confidential assistance in navigating the rules and regulations of the University. Student Advocates are understanding of student concerns and provide information and advice about policies and procedures.

Phone: **(02) 4921 7820**

Email: studentadvocates@newcastle.edu.au