

★ **TOASTIES \$10** ★

Ham, Cheese and Tomato

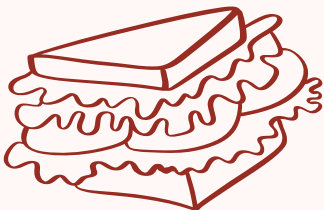
Ham & Cheese

Chicken, Avocado, BBQ Sauce & Cheese

Tomato, Pesto & Cheese

VG

Bacon, Egg, Cheese & BBQ sauce



— **FRESH ROLLS \$10** —

Chicken Salad

Lettuce, carrot, tomato, cucumber, beetroot, onion & cheese

Salad

Lettuce, carrot, tomato, cucumber, beetroot, onion, hummus & cheese (VG)

Ham Salad

Ham, Lettuce, carrot, tomato, cucumber, beetroot, onion, hummus & cheese

— **SWEETS** —

Muffins 5

Mixed berry or chocolate chip (VG)

Danishes 5

Mixed berry, apricot or apple (VG)

Cherry Ripe Slice 5

GF, V

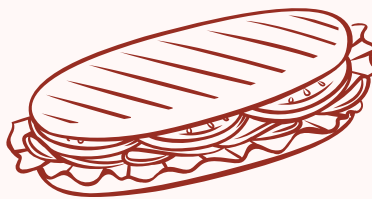
Donuts 4

Plain with cinnamon sugar (VG)

Coconut Yoghurt Cup 8

With berry compote and granola (DF, V)

— **SALADS & EXTRAS** —



Moroccan Cous Cous Salad 10

Roast pumpkin, capsicum, cucumber, herbs, chickpeas, lemon dressing (VG)

Mixed Vegetable Salad 10

Lettuce, carrot, tomato, cucumber, beetroot, onion, hummus & cheese (VG)

Sushi Roll Twin Pack 8

Rice Paper Rolls 8

Chicken or vegetarian (VGO)

Poke Bowls 14

Chicken or vegetarian (VGO)

Pies 7

Brisket

Brisket & cheese

Brisket, cheese & jalapeño

Cheeseburger

— **READY MADE MEALS** —

My Muscle Chef Protein Meals 11.95

Butter chicken with saffron pilaf

Spinach ricotta ravioli in pumpkin sauce

Beef stroganoff with spinach fettucini

Satay chicken curry with basmati rice & green peas

Pesto chicken with penne pasta & green vegetable

Chipotle chicken burrito bowl

Spaghetti bolognese

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