TIPS FOR SUCCESS AT UNI

• At uni, the future matters more than the past. e.g. You can develop new learning strategies.

• It’s important to have realistic expectations about uni life. Ask people who’ve already been studying at uni “What’s it like?”

• Think about your goals for coming to uni. Reminding yourself about your goals will help you to stay motivated.

• Make plans to achieve your goals and be strategic about managing your workload. e.g. Set aside time to study.

• Be aware of your current strengths and skills. e.g. You might have some good organisation skills. What else do you need to learn? e.g. Computer skills.

• It helps to have a quiet study space and access to a computer at home.

• Transition to uni can be like an emotional roller coaster ride. Adjust your emotional highs and lows. Hang in there. Transitions take time.

• Keep friends and family up to date about your uni experience, what you’re learning and what’s most challenging. Let them know how they can support you.

• Take time to find out about how things work e.g. how to use Blackboard, how to submit your assignments.

• Connect with other students in the first few weeks and get involved. Make friends. You can support and learn from one another. Grow your learning community.

• Develop your support network around the uni. e.g. Talk to Hubs and Library staff.

• Attend campus and School events and activities whenever possible. Volunteer to take part.

• You can become an independent, active learner and learn more about how to study. You can also develop your academic self confidence. e.g. Check out the resources at Learning Support Program.

• Time and effort spent studying is related to performing well. Students who spend more than eleven hours a week studying outside class (and sometimes on weekends) are more likely to persist. Experiment with working harder than you think you can.

• Attend tutorials and lectures. Talk to the person next to you. Ask questions, share your ideas and opinions in class discussions.

• Prepare before you go to class. e.g. Look at your main readings.

• Work on projects and take opportunities to make class presentations early on.

• Discuss ideas with your peers and teachers and be interested in diverse views.

• Have conversations with students who are very different to you.

• Form study groups outside class. e.g. Work on assignments together.

• Approach your tutors and lecturers for help.

• Learn how to learn on line e.g. Use Blackboard.

• Use your library resources on campus or online.

• Make plans about how to tackle your assignments and write one or two drafts.

• Ask tutors and lecturers for feedback on assignments and grades. Speak to them or use email to make contact.

• Take up challenges to learn new and exciting things.

• Stop to think about what you’re learning along the way.
TIPS FOR SUCCESS AT UNI

• Proactively develop your communication, teamwork, problem solving, time and stress management skills.
• Consider how your learning at uni fits with your prior experiences and your life now.
• Look ahead and plan because there are periods during the academic year when you’ll need to put more time into your study.
• Take care of your health so you can focus on your learning.
• Try to adjust your uni-work-life balance along the way.
• Working more than 15 hours a week makes it trickier to focus on study and reduces your chances of success.
• Know that it’s ok to withdraw from courses. Talk to staff about your options and decisions.
• Use student support services early and often.
• Talk about your career plans with the Careers Service and your academic staff.
• Reflect on your progress, challenges and strategies for success.

Some tips for success from first year students in their first weeks of uni:
• Orient yourself to university life
• Manage parking
• Participate in orientation week and information sessions
• Become familiar with the campus
• Consider food
• Deal with initial stress
• Get to know Blackboard
• Be organised
• Develop academic skills
• Stay motivated
• Ask questions
• Address finances
• Talk to people
• Buddy up
• Manage stress and take care of yourself
• Allow yourself time to adjust to uni life
• Maintain a positive attitude

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