

STUDENT LIVING



National Dean of Students, Ombudsman, Complaints Managers and Student Advocates Conference 2017

newcastle.edu.au/accommodation

Acknowledgement of Country

“We acknowledge and respect the Awabakal people, traditional custodians of the land on which this campus of The University of Newcastle is situated.”

AN AWARD WINNING EXPERIENCE



BEST IN AUSTRALASIA

2017 Housing Operator of the Year

2016 Excellence in Student Experience

MORE THAN JUST A ROOM...



Range of accommodation styles and living environments



Make friendships with people from more than 56 countries



A sense of community



Diverse social, cultural and life skills program



Dedicated student support network

STUDENT LIVING

A COMMUNITY

- **Structural makeup of UoN Student Living**
- **An individual's Health is influenced by social, economic and psychological factors at an individual, family and community level.**
- **Social Determinants of Health**
- **A well-functioning Community provides protective factors for the individual**
- **Sense of Belonging and Connectedness**
- **Opportunity and encouragement of active citizenship**
- **Be welcomed in the physical space of their community (space utilisation and personal interaction elements)**

Conceptual model off of how social networks impact on health

Upstream Factors



Downstream Factors



Social
Structural
Conditions
(macro)

Condition the extent,
shape and nature of..



Social
Networks
(mezzo)

which provide
opportunities for ...



Psychological
mechanisms
(micro)

which impact
health
through...



Pathways

Culture

- norms and values
- social cohesion

Socioeconomic Factors

- inequality
- discrimination

Politics

- Laws
- Policy
- Political disenfranchisement

Social Change

Social Network Structures

- size
- range
- diversity

Characteristics of network ties

- frequency of face-to-face contact
- frequency of organisational participation
- reciprocity of ties

Social Support

- Informational
- appraisal
- emotional

Social Influence

- constraining / enabling influences on health behaviours
- norms towards help-seeking / adherence
- peer pressure
- social comparison processes

Social Engagement

- physical/cognitive exercise
- reinforcement of meaningful social roles
- bonding

Person to person contact

- close personal contact
- intimate contact

Access to resources

- access to health care
- human capital
- referrals / institutional capacity

Health behaviour patterns

- alcohol
- exercise
- help-seeking behaviour

Psychological pathways

- self-efficacy
- self-esteem
- coping effectiveness
- depression/distress
- sense of wellbeing

Physiological pathways

YOUNG PEOPLE

IMPORTANCE OF CONNECTION

- **Place Attachment**
- **Adult attitudes**
- **Youth as a valued Constituent**
- **Entertainment options**
- **‘Place’ in public spaces**
- **Police relations (In our context, Incident response and Security)**
- **Knowledge of what is available**

THE RESLIFE PROGRAM



RESCHALLENGE

Intercollegiate
Competition



RESFEST

Orientation
Program



RESGREEN

Sustainability
Initiatives



RESLEARN

Academic
Support



RESLEAD

Leadership
Program



RESHEALTH

Mind, Body,
Spirit



RESTALKS

Speaker
Series

RESIDENTIAL MENTORS

- Model of effective student
- Peer Helper
- Information and referral agent
- Socialiser
- Leader and organiser
- Clerical worker
- Limit Setter and conflict mediator
- UON - Ratio of 1:30 - 1:40





Adolescent Development

STUDENT LIVING: INCIDENTS

- **Resident Disharmony**
- **Risk Taking behaviour**
- **Substance Use**
- **Mental Health**
- **Sexual Misconduct**

ADDRESSING RESIDENT CONCERNS

- Recording incidents
- Responding to Incidents
- Escalation and Referral
- Restorative Communities

CASE STUDY



THE WORLD NEEDS **NEW**



Michelle Nunn
Manager, Student Living Support

Rachael McDermott
Student Living Health and Wellbeing Coordinator

Hamzah Bin Masagos Zulkifli,
Residential Mentor

Michelle Lampis,
UON Drug and Alcohol Counsellor