Cultural Safety Definition

“A commonly cited contemporary definition of cultural safety comes from the Nursing Council of New Zealand (2005).

Cultural safety is the effective nursing/midwifery practice of a person or family from another culture, and is determined by that person or family. Culture includes, but is not restricted to, age or generation; gender; sexual orientation; occupation and socioeconomic status; ethnic origin or migrant experience; religious or spiritual belief; and disability. The nurse/midwife delivering the nursing/midwifery service will have undertaken a process of reflection on his/her cultural identity and will recognize the impact that his/her personal culture has on his/her professional practice. Unsafe cultural practice comprises any action which diminishes, demeans or disempowers the cultural identity and wellbeing of an individual (p. 7).”


Cultural safety resources

Cultural safety training: working better in Aboriginal and Torres Strait Islander health http://culturalsafetytraining.com.au/

SARRAH (Services for Australian and Rural and Remote Allied Health): Education and training for rural and remote allied health professionals http://www.sarrahtraining.com.au/site/index.cfm?display=143690 Includes a link to an online training module and further resources

Articles:

