



## A study exploring young people's health & self-image over time

My name is Julia Coffey and I am a researcher in the School of Humanities and Social Sciences at the University of Newcastle. I am looking for participants aged 18-30 to take part in a study of young people's health in relation to study and employment.

The study will look at young people's health and self image, and what influences this over the period of 'transition' from education into employment. Volunteers would be asked about their experiences of health and self image, and what they think about the importance of the body's appearance in society. This would occur over one conversation style interview that could be planned to suit your availability. Because the study is interested in understanding how perspectives and experiences of health can change over time, you are invited to bring a photograph of yourself from the past (3 - 5 years ago). This aspect of the interview is entirely optional. In consenting to take part in the interview, you are not obliged in any way to also bring in a photograph if you do not want to. Individuals can be de-identified to protect anonymity, however if you give the researcher permission to use your photograph you will likely be identifiable.

If you are interested in being involved or want to know more, please email me at [julia.coffey@newcastle.edu.au](mailto:julia.coffey@newcastle.edu.au).

<http://www.newcastle.edu.au/profile/julia-coffey>

<http://drjuliacoffey.wordpress.com/2014/08/08/youth-transitions-and-bodies/>

This project has been approved by the University's Human Research Ethics Committee, Approval No. H-2014-0280. Should you have concerns about your rights as a participant in this research, or you have a complaint about the manner in which the research is conducted, it may be given to the researcher, or, if an independent person is preferred, to the Human Research Ethics Officer, Research Office, The Chancellery, The University of Newcastle, University Drive, Callaghan NSW 2308, Australia, telephone (02) 49216333, email [Human-Ethics@newcastle.edu.au](mailto:Human-Ethics@newcastle.edu.au).



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