

The Family Action Centre

The SNUG program is located within the Family Action Centre (FAC), which is based at The University of Newcastle, NSW. The FAC is a multidisciplinary organisation with the vision of "A Truly Civil Society," and a belief that family wellbeing is a cornerstone of healthy communities. The FAC receives support from state and federal government departments, philanthropic organisations, and corporate and private sponsorships.

The Family Action Centre:

- Provides a range of community programs including:
 - A volunteer home visiting service.
 - An outreach program offering support to families in the lower Hunter area.
 - Support for paediatric health through education advocacy.
- Provides education and training in a range of community engagement practices.
- Engages in academic research & evaluation.

The FAC believes that the importance of the family cannot be overstated, and builds on strengths already existing in the community.



The Family Action Centre at the University of Newcastle, with the support of the Steve Waugh Foundation, runs residential holiday retreats for families caring for a child with a rare health condition.

For further information contact Coordinator:

Phone: 4921 6832

Fax: 4921 5724

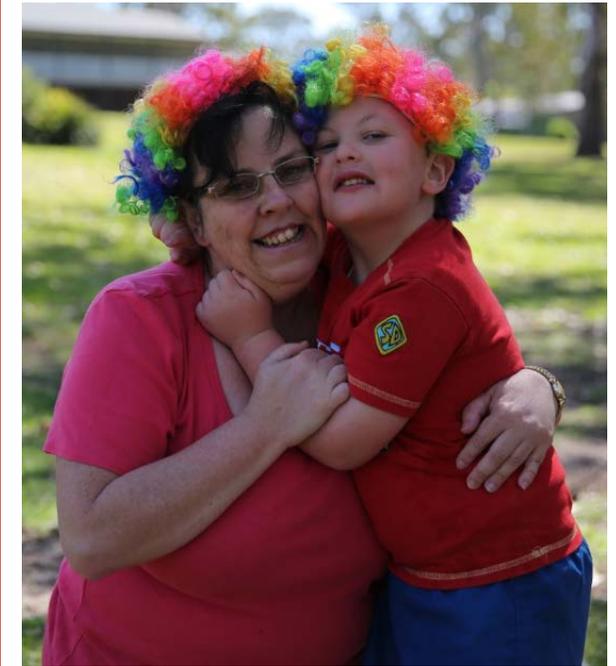
Email: snug@newcastle.edu.au

Mail: SNUG Program, Family Action Centre
University of Newcastle, Callaghan 2308

<http://www.newcastle.edu.au/research-centre/fac/programs/snug/>

SNUG

Retreats Connecting Families



Special Needs Unlimited Group



What's involved?

Lots of fun! Eligible families are invited to attend a free residential retreat at a Sport and Recreation Centre. During the retreat, families enjoy outdoor activities such as canoeing, archery and rock climbing, as well as lots of other craft, music and sensory activities suitable for children with special needs and their siblings too. Families also meet and share time with other families caring for children with special needs.

What does SNUG provide?

The SNUG program provides lodge-style accommodation, meals and activities, as well as access to complementary therapies such as music therapy, art, and sensory play. SNUG has trained volunteers to help make having a family holiday easier.



Families eligible to attend are:

- Caring for a child or children with a rare health condition;
- Having difficulty accessing or coordinating family holidays;
- Experiencing a lack of supportive personal social networks; and/or
- Experiencing difficulty accessing complementary health resources and services.

Where is it held?

The retreats are held at a Sport and Recreation Centre on the shores of Lake Macquarie, a short drive south of Newcastle.



What will it cost?

SNUG provides meals and lodge-style accommodation, with common meal and recreational areas and private bedrooms and bathrooms. SNUG also provides activities and volunteers to assist families. Cost to families includes travel from their home to the relevant Sport and Recreation Centre and return, and any travel that may be required during the retreat.

Who is offering the program?

The Family Action Centre, based at the University of Newcastle, with assistance from the Steve Waugh Foundation. This foundation provides support to families facing the unique challenges of a rare health condition.

