S.A.F.E.R. Helping

S.A.F.E.R

S = Safety (Emotional)
A = Alliance
F = Facilitate Understanding
E = Explore solutions
R = Referral pathway

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Referral Pathways

University Crisis Line

- Call 1300 653 007
- Text 0488 884 165 for SMS chat option

Campus Care: 49 216000

Advice and support in managing inappropriate, concerning or threatening behaviours in a safe and confidential environment. An online reporting form is also available online for anyone to make a report in regards to inappropriate, concerning or worrying behaviours.

Student Care and Equity

All students, including Enabling and Language Centre students, can be referred to Counselling and AccessAbility by contacting the following;

- Callaghan: 4921 6622
- Central Coast: 4348 4060
- Sydney: 8262 6400 (Mon-Wed) 4921 6622 (Thu-Fri)

Enabling students will be referred to our Enabling Counsellors by contacting these numbers, however students can also contact the Enabling Office 49 21 5558 (Callaghan students) or email the counsellor.

UON Skype Drop-In Counselling

Skype Drop-In ID: UoNonlinecounsellor

Skype Drop-In hrs
Monday 1:00-2:00pm
Tuesday 8-9pm
Wednesday 2:30-3:30pm
Thursday 2:30-3:30 & 8-9pm
Friday 9-10am

University Health Service (GP’s & Psychologist / Psychiatrist)

- Callaghan: 49216000
- Central Coast: 4348 4060

EAP (Employee Assistance Service)

AusPsych: 4926 1688