

PRIORITY RESEARCH CENTRE FOR PHYSICAL ACTIVITY AND NUTRITION



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

www.newcastle.edu.au

PRESENTATION OF THE KEYNOTE PAFFENBARGER MEMORIAL LECTURE **STEPS, STAIRS, SPORTS AND SITTING: IMPACTS OF HEALTH ACROSS THE ADULT LIFESPAN**

Professor Wendy Brown
The University of Queensland, Australia

The Paffenbarger Memorial Lecture was introduced to the American College of Sports Medicine (ACSM) Annual Meeting in 2009 to commemorate the work of Ralph Paffenbarger, who is internationally known and remembered for his studies of relationships between exercise and heart disease / longevity. In 2014, Professor Wendy Brown was invited to be the fifth 'Paffenbarger Memorial Lecturer' at the ACSM meeting on 28th May, 2014. Wendy will again be presenting this free lecture to all of those interested in attending.

Biography:

Wendy is the Director of the Centre for Research on Exercise, Physical Activity & Health as well as a Professor of Physical Activity and Health in the School of Human Movement Studies at the University of Queensland. Wendy's principal research interests are in the links between physical activity, weight and public health, the promotion of physical activity and healthy weight, and the measurement of population levels of physical activity and sedentary behaviours. She has conducted physical activity intervention trials with many different population groups (e.g. women from non-English speaking backgrounds, mothers of young children, GP patients, residents of retirement villages, people with arthritis and early-stage diabetes patients), as well as with entire communities (e.g. '10,000 steps Rockhampton – Australia' and '10,000 steps Ghent - Netherlands'). Over the last 5 years she has published over 100 refereed papers.



Professor Brown is an Associate Investigator of the Priority Research Centre for Physical Activity and Nutrition, UoN, as well as a founding member of the Australian Longitudinal Study on Women's Health (ALSWH) research team. Her major contribution has been to understanding physical activity, sitting time and weight gain, and their relationships with the development of chronic illness. Wendy has co-authored more than 70 publications on the ALSWH data alone. She is a Fellow of the Australian Sports Medicine Federation, and an international fellow of the American College of Sports Science and the American Academy of Kinesiology and Physical Education.

WHERE ATC-210, Advanced Technology Centre, Callaghan

WHEN Monday, 3 November 2014, 1:30pm – 2:30pm

RSVP 30 October to Wayne Durand
(wayne.durand@newcastle.edu.au)