

ArtsHealth Centre for Research and Practice  
and the University of Newcastle present

**ArtsHealth Symposium #1**  
8-9 October 2008  
Newcastle City Hall



## Speaker Biographies

### **Dr Estelle Barrett**

Deakin University

Title: Memory, Photography and the Politics of Abuse

Estelle Barrett is Senior Lecturer in the School of Communication and Creative Arts at Deakin University. Her research interests include, body/mind relations, tacit knowledge, affect and embodiment in aesthetic experience and creative practice as research. Her co-edited book, Barrett, E. and Bolt B. (Eds.) *Practice as Research: Approaches to Creative Arts Enquiry*, published by IB Tauris London in 2007, combines these interests and her experience in research pedagogy and supervision. Her area of practice is creative writing and she has published reviews and articles in *Real Time*, *Artlink*, *Text*, *Social Semiotics*, *Double Dialogues*, *The International Journal of Critical Arts* and *the Journal of Visual Arts Practice* as well as at national and international conferences. She is a foundation member of the International Board Material Thinking and is on the editorial boards of the journals *Studies in Material Thinking* (AUT NZ) and *Creative Approaches to Research* (RMIT Press). Estelle is currently completing a book that examines the relevance of the work of Julia Kristeva for the creative arts and creative arts research: *Kristeva Reframed for the Arts*, IB Tauris London and New York for release in 2009.

### **Dr Imelda Burgman**

University of Newcastle

Title: Art and Photography in Phenomenological Research with Children with Disabilities

Dr Imelda Burgman is a lecturer in Occupational Therapy at the University of Newcastle. She teaches in the areas of: children, youth and family practice; qualitative research; and rural and remote practice. Imelda supervises Honours and postgraduate students whose research is focused on the issues experienced by marginalised children, youth and families. She is completing a research study with youth with disabilities on their experiences in high school. Imelda also has over 25 years experience as an occupational therapist, working with children and youth with disabilities and their families, in many parts of Australia and in the USA.

### **Vicky Bowrah**

Urban Arts Base

Title: An Artistic Approach to Mental Health Recovery (with Emma Watkins)

Vicky Bowrah (B.Sc) has extensive experience of art group co-facilitation and provides clinical support for young people with mental health issues as a Rehabilitation Clinician. She has been working with Eastern Suburbs Mental Health for the past 8 years in the South Eastern Sydney Illawarra Area Health Service.

### **Dr Rachel Burgess**

University of Newcastle

Title: Micro-chimerism: Mother and Child

Dr Burgess is a Research Fellow at the University of Newcastle's ArtsHealth Centre for Research and Practice and is the current artist in residency at the Mothers and Babies Research Centre, a part of the University's Priority Research Centre for Reproductive Science. She is an established artist whose work has been exhibited within Australia and overseas.

## **Professor Michael Balfour, Associate Professor Penny Bundy, Dr Julie Dunn and Dr Merrelyn Bates**

Griffith University

Title: Aftermaths: Empowerment, Performance and Refugee Communities

## **Haya Cohen**

Griffith University

Title: Becomings: Rhizome Methodologies and the Body- In- Process (with Svenja Kratz)

Haya Cohen is an installation, mixed media, and interdisciplinary artist presently completing a PhD at Griffith University on the Gold Coast. Her work ties notions of embodiment and subjectivity to the processes of making fibres and textile. Haya has exhibited in Brisbane, Bundaberg, Logan, Gold Coast, Melbourne and Israel. In addition, Haya has promoted contemporary art in the Gold Coast community through her curatorial work at the Old Post Office Gallery and her involvement with the Swell. Haya has presented her paper in the USQ (University of Southern Queensland) as well as for the coming WDA Global Summit 2008 in July.

## **Salvatore Di Mauro**

Griffith University

Title: The Image in Context the Image As Healing: A Case Study Informing the Creation Of The Childers Backpacker Memorial

Salvatore Di Mauro is a Senior Lecturer in Design at Griffith University. Since the 1980s' his art and design practice has been informed by the relationship between vernacular culture, object and environment. His recent commissions have included public artwork for Innisfail, Mission Beach, Childers and Brisbane. A major commission, the Childers Backpacker Memorial was completed in 2002. Sam is currently investigating issues around the culture of remembering and memorialising. He has held solo exhibitions in Australia and Japan. His artworks are held by the Queensland Art Gallery, the State Library of Queensland, Global Arts Link (Ipswich), Brisbane City Gallery, Tokogado Gallery (Kyoto, Japan) and Arts Queensland.

## **Patricia Flanagan**

University of Newcastle

Title: Public Art and Alternative Strategies in Post-Acquisitive Society: Activating Critical Consciousness as a Strategy to Develop Healthy Communities.

Tricia has been a practicing artist since 1996. Her work is held in public and private collections internationally and has been exhibited in Australia, Germany, Ireland and Italy. Since completing a Masters degree in Public Art and New Artistic Strategies in 2003 (Bauhaus University, Germany), her practice has focused on work in the public sphere. Her production includes sculpture, site-specific sculpture, social sculpture, sculptural installation and performance installation. Development and production of projects often involve community consultation and or engagement. Artworks are often created on location and or through workshop development, alone or with project participants. Flanagan often works collaboratively with artists and other professionals. She lectures about her practice, working

methodologies and specialist areas of sculpture, relational aesthetics, creative design and community arts practice. Her work has been acknowledged through awards, grants and scholarships including an Australian Postgraduate Research Award for doctoral research in the field of Public Art.

## **Sally Francis**

Arts in Health at Flinders Medical Centre

Title: Arts in Health : A South Australian Experience

Sally Francis is the Arts Coordinator of the Arts in Health Program at Flinders Medical Centre in South Australia, which is a unique program that is integrating arts into the daily life of the hospital and enhancing FMC's role as a leading health promoting hospital. She was awarded a Churchill Fellowship in 2007 in order to travel to the UK and Ireland to visit hospital-based arts and health programs.

## **Jillian Gates**

University of Sydney

Title: The Final Act: Susan Sontag & Annie Liebovitz.

Jillian Gates is a PhD candidate at the Sydney College of the Arts, and is co-supervised by the Medical Humanities Unit, University of Sydney. Jillian is currently conducting a comparative case study between Wyong and Balmain Hospitals in relation to aesthetics and the art preference of elderly patients. She recently published 'Public Art in Hospitals: An Analysis of the Production of Art in Hospitals' for the *International Journal of Interdisciplinary Social Sciences* in 2007, and writes regularly for the monthly edition, Medical Humanities Newsletter. Jillian is a practicing multimedia artist, who produces installations, documentaries, and short films. Her interests include health and wellbeing, Indigenous education, and public art.

## **Natalie Georgeff**

DADAA - Disability in the Arts, Disadvantage in the Arts Australia

Title: The Disseminate Project (with Andrea Lewis)

Natalie Georgeff first joined DADAA while on a student placement in August 2006 and now works as a Research Officer with the Disseminate Project. She started her career in the disability sector after qualifying as a physiotherapist from Curtin University of Technology in 1992. She has worked with children and adults with disabilities in Australia and the US, predominantly in community-based settings. She gained a Graduate Diploma in Public Health from The University of Western Australia in 2007, and is working towards a Masters in Public Health. Natalie also works at The Centre for Cerebral Palsy and in Mission Australia's Research and Social Policy team as a Project Officer.

## **Professor Anne Graham**

The University of Newcastle

Title: Art and the Archive

Anne Graham is an artist and the Professor of Fine Arts at the University of Newcastle. Known principally for her public artworks and sculptural installations, a continuing theme in Graham's work has been performance and interaction with the community. Her tent series, begun as a response to the Artspace project, 'Working in Public with Walla Mulla' (1992), often involves sustained interaction with communities, including displaced and marginal dwellers.

One aspect of Graham's interactions has been collaboration with the subjects of her portraiture. In these works she collects possessions, photographs personal spaces and

interviews the 'sitters' to develop a complex assemblage of material that provides a portrait of their life rather than their appearance.

In addition to this research-based performance and installation, Graham creates objects that function aesthetically and have a life of their own but carry with them the intensity of experience arising from the other activities. On occasion these are residues and by-products of the performance, experienced not as reliquaries but as unique and self-sufficient artworks.

## **Dr Kath Grushka**

University of Newcastle

Title: Artmaking and Becoming: Revealing the Adolescent Inner Self Through the Visual Body Narrative

First trained as a secondary art teacher, Kathryn has continued her professional studies as both practicing artist and visual arts educator. As artist, Kathryn works in the areas of printmaking, mixed media and fibre arts. She has worked as fibre artist, community artist in residence, tapestry artist, and art tutor and mentor. Her works are represented in the National Tamworth Fibre Collection, Newcastle Regional Museum, Goulburn Regional Art Gallery, private and public collections. As arts educator she has had many years teaching visual arts in secondary schools and currently lectures in the areas of visual art and design education.

## **Leah Heiss**

RMIT University/ Nanotechnology Victoria

Title: Therapeutic Collaborations

Leah Heiss' practice is located between art and design - utilising advanced technologies to develop potent human scale projects. Her research, practice and teaching are multidisciplinary in nature and operate at the nexus between jewellery, design, electronics and spatial investigation. She is currently artist in residence (AIR) with Nanotechnology Victoria supported by the Australian Network for Art and Technology (ANAT) and Arts Victoria. Throughout this residency Leah is collaborating with nanotechnologists to develop augmented jewellery and artefacts which address the emotional in therapeutic design. Specifically she is developing wearable devices for the treatment of diabetes and for purifying water of arsenic. Her background meshes communication theory and spatial investigation and she holds a Masters of Design from the Spatial Information Architecture Laboratory at RMIT University (2006, RMIT), and undergraduate degrees in Interior Design (2002, RMIT) and Communications (1993, University of Canberra). Her research is located at the midpoint of these fields and focuses on the potential of communications modalities to transcend physical limitations in a meaningful, embodied way. Leah's work has been exhibited widely and presented at conferences and festivals both locally and globally. She currently lectures in Interior Design at RMIT University, Melbourne and is actively engaged in developing work, exhibiting, writing, researching and teaching.

## **Dr Catherine Hickie**

MBBS FRANZCP

Title: A Fatal Form of Contentment

Catherine Hickie is a Sydney based psychiatrist. She graduated from UNSW in 1982 and gained her Fellowship of the Royal Australian and New Zealand College of Psychiatrists in 1991. She is currently completing a Master in Medical Humanities at Sydney University. She has worked in psychoimmunology research, private office based psychiatry, acute public mental health services in metropolitan and regional NSW and in mental health policy. Most recently she has been the Director of Postgraduate Psychiatry Training in the South East Sydney Illawarra Area Health Service. In 2006 she was awarded a Harper Collins Varuna Award for Manuscript Development for her unpublished novel, The Sea Pool.

## **Dr Pamela James**

University of Western Sydney

Title: Not the Main Game: Art collections in hospital spaces, the Westmead Experience

## **Lindy Joubert**

University of Melbourne

Title: The UNESCO Observatory for Multi-Disciplinary Research in the Arts

Lindy Joubert received her MFA in Visual Design from the University of Oregon in 1989; taught drawing, design and communications for more than 20 years at The University of Melbourne, RMIT and the University of Oregon and has had numerous national and international exhibitions of her paintings, regularly exhibiting in New York City. Research activities focus on issues of cultural diversity and multi-disciplinary teaching and learning involving the arts and medicine/science/sustainable development. This led to work as a consultant at UNESCO Headquarters Paris, France from 2000 - 2003. Continuing projects from this period assist young people in school and out of school situations in vocational training and overcoming disaffection and exclusion using creativity. Her ongoing UNESCO work with colleagues in the Asia and Pacific region contributes to research in cross-cultural links aiming to enhance students ability through arts education to understand, interpret, preserve, enhance, promote and disseminate their national and regional cultures. Lindy collaborates with major hospitals internationally examining the impact of arts-based projects in changing the hospital environment and looking at their effects as a healing therapy. She is the Director of the Asia Pacific Confederation for Arts Education, organiser of the 2003 UNESCO Pacific Regional Arts Education Expert Meeting and contributes regularly to UNESCO meetings. She publishes papers in archival journals and presents papers at international education, arts, science and design conferences.

## **Dr Sheree Kable**

University of Newcastle

Title: The Integrated Nature of Health and Spirituality

Sheree Kable graduated from the University of Newcastle's medical school in 1985, and completed a Graduate Diploma in Health Social Science and later a PhD. For the past ten years she has lectured in Health Behaviour Sciences, teaching communication and interactional skills for medical and allied health students, as well as sexuality, mental health, relationships and communication for education students. She has recently been appointed as a research academic in the Discipline of Clinical Pharmacology. Also holding a Diploma of Christian Studies, she has had a long-standing interest in the interaction of religion and spirituality in medicine, and taught in the Medical Humanities elective of the Newcastle medical course.

## **Svenja Kratz**

Queensland University of Technology

Title: Becomings: Rhizome Methodologies and the Body- In- Process (with Haya Cohen)

Svenja Kratz is an interdisciplinary artist who utilises traditional and new media arts practices to explore the impact of new technologies on concepts of the self, other and the body. Originally trained in interdisciplinary and collaborative arts practice at Griffith University, she has produced numerous works in multiple mediums, from painting to interactive video installation. These works have been exhibited in numerous galleries and events throughout Australia. She is currently completing a PhD in bio-media arts at QUT in a creative partnership between the Creative Industries Faculty and the Institute of Health and Biomedical Innovation (IHBI), working primarily in the area of cell and tissue culture.

## **Andrea Lewis**

Disability in the Arts, Disadvantage in the Arts, Australia

Title: The Disseminate Project (with Natalie Georgeff)

Andrea Lewis is Coordinator of DADAA's Disseminate Project. An experienced editor and published author, Andrea works as a contract writer, editor and publications project manager across the community sector in Western Australia. From 2001 to 2006, she worked in Marketing and Public Relations at Curtin University of Technology, managing the Publications office, and from 2006 until 2007, she was Marketing Manager for the Western Australian Community Foundation. Andrea received a PhD from Pennsylvania State University in 1995, and subsequently taught English literature and critical thinking at the University of Colorado at Boulder. Her research interests include critical thinking and rhetoric studies, feminist and postcolonial theory, and modernist literature.

## **Nic Mason**

AUT University, New Zealand

Title: Inspiring and Creative Public Places

Nic Mason is the Manager of the Local Government Centre at AUT University, Auckland, New Zealand. Nic has a varied professional background that includes working in central and local government, with non-government organisations, and as a consultant. Broadly, this work has had a social development focus that has included youth, health, mental health, suicide prevention, sustainability and wellbeing issues.

Primarily, Nic has utilised advocacy, communication, training and policy development instruments to achieve favourable outcomes in local, regional and national contexts. She completed her Masters of Public Policy thesis about how local councils can develop inspiring and creative public places that enhance local communities' sense of belonging, inclusion and wellbeing.

Nic grew up in provincial New Zealand, and now resides in the west coast of Auckland with her two young (and gorgeous) rascals, a huntaway hound, too many books and heaps of CDs to keep her busy.

## **Margret Meagher**

Arts and Health Foundation

Title: An International Perspective on the Arts in Healthcare

Margret Meagher (BA. Dip.Ed. UNSW) has worked in arts management, marketing and communications for over 35 years and in the past 8 years, has focused on arts in healthcare in Australia and internationally, with particular relevance to the arts and healthy ageing. Margret has participated in the Society for Arts in Healthcare international conferences in Edmonton Canada (2005), Chicago (2006), Nashville (2007) and Philadelphia (2008). From 2004 to 2006, Margret published *arts+medicine magazine* to promote arts and health practice to doctors in Australia and, as a result, in April 2006, Margret co-founded the Arts and Health Foundation to provide a portal for arts and health networks in Australia and promote the value of the arts in healthcare to local, state and national levels of government in Australia, while, at the same time, growing international arts and health alliances. Margret was an invited speaker at the 9th National Rural Health Conference, Albury, NSW in March 2007 (Topic: 'How the arts in healthcare can make a difference in rural and remote regions in Australia') and has worked with the RACGP and other Australasian medical colleges to promote the use of the arts in developing communications skills and maintaining lifestyle balance. As well as being a founding director of the Arts and Health Foundation, Margret is a board member of the Royal Australian General Practitioners' (RACGP) Research Foundation. Margret is currently a member of the management team at the Glasshouse Arts, Conference and Entertainment Centre in Port Macquarie, NSW which is committed to promoting community health and wellbeing through engagement with the arts.

## **Birgitta Nordström**

School of Design and Crafts in Göteborg/Steneby (Sweden)

Title: Funeral Pall: Textile as Comforter.

After growing up in Göteborg (Gothenburg), Sweden I worked and studied in Salamanca, Spain and in New York before studying art at School of Design and Craft at Göteborg University. My final MA degree project in 1995 included making coffin drapes, inspired by traditional and ritual textiles. I have continued to design and produce funeral palls on commission from Swedish churches. In my textile art practice I also work with other commissioned textiles for public spaces, installations and fibre constructions. Since 2003, I have been a lecturer at School of Design and Crafts in Göteborg/Steneby and visiting instructor at University College in Borås. I have received numerous artist's grants from both regional and national Swedish art foundations. Besides exhibiting in Sweden regularly, I have exhibited my work or lectured/organised/participated in workshops in Finland, Poland, Australia, Germany, Holland, Russia and the United States. In 2003-2004, I designed the exhibition *Textile Art for the Soul*, a major exhibition at Museum of National Antiquities in Stockholm. In 2007, thanks to a studio grant given by Western Götaland Regional Studio Stipend I was given the opportunity to work in Berlin, an art project inspired by medieval German textile. I live and have my studio on Hönö Island on the Swedish westcoast.

## **Clive Parkinson**

Manchester Metropolitan University (UK)

Title: Reflections on Arts and Health

Clive Parkinson is the new Director of Arts for Health at Manchester Metropolitan University, (MMU) following the retirement of Peter Senior. Previously he was project lead on the Treasury funded; Invest to Save: Project, which focused on developing the infrastructure of the arts and health movement across the North West Region. Before taking up this post, he lived in St Ives and was the development director of Arts for Health Cornwall, where he established one of the countries leading edge projects, where amongst other successes he secured a percent for art within primary care new builds NHS LIFT Programme. After art-college, he began his career as a visual artist, working with people with learning difficulties and during this time, undertook a degree in Independent Studies at Lancaster University where his research focused on the relationship between creativity, culture the arts and health. He has worked for the NHS leading on Mental Health Promotion and managed day services for people affected by schizophrenia. During his time at MMU he's developed strategic partnerships with Arts Council England and the Department of Health and has had a fruitful relationship with the BBC resulting in the broadcast of a drama exploring self-harm.

## **Dr George Poonkhin Khut**

University of Technology Sydney

Title: The Heart Library Project – working with audeince experience

George Poonkhin Khut lives and works in Sydney. George's current research interests build on his Doctoral research at UTS into development physiologically responsive media interfaces for sensing and re-imagining body-mind connections. Recent works include The Heart Library Project, Drawing Breath and Cardiomorphologies (with Lizzie Muller and Greg Turner). George has exhibited throughout Australia, and internationally, with recent exhibitions in Britain and China and South-East Asia, and has been the recipient of numerous grants from the Australia Council for the Arts, and Arts Tasmania. In addition to his recent work with interactive media, George has worked as a sound designer and video artist on numerous dance, theatre and community arts projects, and an arts administrator and professional development adviser (Salamanca Arts Centre, Hobart, TAS, and Accessible Arts, Sydney, NSW).

## **Dr Christine Putland**

Flinders University

Title: Art And Health - Like Day and Night? Thinking Through the Evidence

Christine Putland (BA (Hons) Dip Ed (Syd) MPolAdmin (Flin) PhD (Flin) is a Senior Lecturer in Public Health at Flinders University, South Australia, and consultant in research and evaluation. Her qualifications include undergraduate training at Flinders University Drama Centre and postgraduate research in Public Policy. She has wide experience teaching and training in the area of Arts and Health and in 2002 was awarded the Deane Southgate Fellowship Award to undertake a study tour examining evaluation of community arts and health in the UK. She has presented extensively on theory and practice of Arts and Health at conferences, including the International Union for Health Promotion and Education (Vancouver, 2007), and coordinated the Arts stream for International Society for Equity in Health Conference (Adelaide, 2006). Arts and Health publications include an article in the Special Issue on the Arts in *Journal of Health Psychology*, 13(2), (2008). Recent consultancies include evaluations of health impacts of Arts SA programs and environmental art projects at Flinders Medical Centre and Queen Elizabeth Hospital. Christine is Chair of the Community Arts Network SA and in 2006 was a member of the Reference Group developing the Australia Council for the Arts 'Arts and Health Strategy'.

## **Xris Reardon**

Third Way Theatre

Title: A Third Way...

Xris Reardon is a Community Theatre Facilitator based in Melbourne. Xris uses theatre games and exercises to engage marginalised community in a theatrical exploration around social issues that are hard to address; youth suicide, racism, gender violence, poverty. This exploration is then developed into a theatre piece that is taken to audiences within the community, in order to generate an inter/active theatre dialogue aimed at opening up space for critical dialogue, in order to focus on strategies for engaging the broader community in generating understanding and social change. Xris's interest, in using theatre as a tool for critical inquiry, comes from a commitment to critical pedagogy. Xris has trained extensively with Augusto Boal, a Brazilian Dramaturgy, who developed the body of work called Theatre of the Oppressed and Legislative theatre. Boal's work has a direct relationship to Paulo Friere critical pedagogy which, in short, argues for the need to un-learn the dominant assumptions and behaviors, through critical inquiry, in order to create spaces for reasserting our selves into the process of making history and 'building healthy communities'.

## **Pippa Robinson**

John Hunter Hospital Arts for Health Program,

Title: Arts Creating a Healing, Hospital Environment

Pippa is Co-ordinator at John Hunter Hospital Arts for Health, Hunter New England Health. She is a sculptor and printmaker with a nursing background who is interested in placemaking, and is vitally concerned with the use of the arts as part of healing processes, both in the community and in a large teaching hospital. She is the former inaugural director of the University of Newcastle student art gallery 'Watt Space'. Pippa is also keenly interested in creating opportunities for art and artists both in the rural community Gloucester NSW and the city of Newcastle; catalyst for the development of various art spaces and organisations including 'Back to Back Galleries' Newcastle and Gloucester Gallery. She is also instigator and coordinator of the on going community project 'Gloucester Mosaics, Stories of Gloucester

## **Dr Paul Sendziuk**

University of Adelaide

Title: Can Art Save Lives in the Age of AIDS?: An Evidence-Based Investigation

Paul Sendziuk is a Senior Lecturer in the School of History and Politics at the University of Adelaide. He specialises in twentieth-century Australian History, with particular interests in post-war immigration, public health and the history of disease. Paul's most recent book is *Learning to Trust: Australian Responses to AIDS*, which was short-listed for the 2004 Human Rights Award (bestowed by Australia's Human Rights and Equal Opportunity Commission). He is currently working on a project titled 'The Art of AIDS Prevention: Cultural Responses to HIV/AIDS in Australia, South Africa and the United States'.

See: <http://www.thebody.com/visualaids/australia/>

## **Justin Steele**

Morriset Hospital

Title: Stop the World I Want to Get Off

## **Elizabeth Tupper**

Music Viva

Title: Sweet Tonic - Music For Life

Musica Viva is the world's largest entrepreneur of chamber music and Australia's oldest independent arts organisation, being founded in 1945. Elizabeth is Director of Strategic Projects at Musica Viva and has been working in the arts for twenty years, as a drawing teacher, developing arts policy for government, implementing change in the arts industry and managing projects. She is currently Project Manager for the Sweet Tonic program and Project Director of Musica Viva's inaugural Music Festival in Sydney in October 2008. She has played a key role in critical policy papers including the Creative Communities Scoping Study (Australia Council for the Arts), The Orchestras Review 2005 (Australian Government), and implementing the recommendations of the ground breaking Major Performing Arts Inquiry.

## **Dr Cathy Treadway**

University of Wales Institute Cardiff/ University of Bath (UK)

Title: Hand and Mind: Shaping Experience

Dr. Cathy Treadaway is an artist, educator and writer. She is a graduate in textiles and fashion (Loughborough University) and has a Master of Arts in ceramics (three-dimensional design) from the University of Wales. She is a Research Fellow at Cardiff School of Art and Design, University of Wales Institute Cardiff and visiting Research Fellow at the University of Bath Department of Computer Science.

Her current research interests focus on the ways in which digital technology impacts on creative processes and include: Creativity and technology: how hand-use informs creative thinking ; Digital imaging tools ; Digital print technologies ; Software development and interface design ; and Distributed creative practice

Dr Treadaway's PhD research investigated the ways in which digital imaging technology affects the creative practice of textile artists and designers. The theme of digital technology and creativity is continued in her current research which focuses on the importance of touch, physicality and experience in perception and creative practice. Her research interests have been stimulated by her considerable experience working as a freelance surface pattern designer, developing artwork and colour concepts for the ceramic tableware and textile industry. She has expertise in large format digital ink-jet printing for textiles, three-dimensional printing (rapid prototyping) and is fluent in an array of design software applications.

## **Emma Watkins**

Urban Arts Base

Title: An Artistic Approach to Mental Health Recovery (with Vicky Bowrah)

Emma Watkins is an experienced art therapist in group work with young people with mental health issues. She holds a Bachelor of Fine Arts from the University of Canterbury, New Zealand, and a Masters in Art Therapy from the University of Western Sydney. Emma has been the Coordinator of Urban Arts Base since August 2006. During this time she has organised 3 public art exhibitions of client's artworks, the launch of Urban Arts Base's first CD of client's music, and established an award winning arts based outreach program called "Art Reach".