

affix sticker here

1. Record the date and attach Resident ID sticker to the chart
2. Observe the resident during meal time. Take note of the portion sizes of the meal - this makes it easier to estimate how much is left on the plate when the resident has finished
3. The amount of food **LEFT** on the plate uneaten is recorded:
eg Each circle is broken into four quarters. A full circle denotes a full meal eg 1 bowl of cereal. If one quarter of a bowl of cereal is eaten, three quarters should be shaded in the appropriate column
4. Repeat this process for each meal item consumed
5. If the resident is not given a particular meal item place a cross through the corresponding circle
6. Ideally this process should be carried out for consecutive meals over a three day period (ie breakfast followed by lunch followed by morning tea, lunch etc) but even one day can be useful

[illegible]